

C. G. Jung Society, Seattle

Inside Pages

Member-to-Member



Autumn 2001

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An Irish Blessing

Last March I attended a conference in Ireland presented by The New York Center for Jungian Studies. *A Rich Tapestry: Mid-life and Beyond* addressed the challenges of the second half of life. My purpose in attending the conference was to gain insight into my own issues as I felt a lack of vision and direction for my later years. I looked forward to having another opportunity to hear Jim Hollis as a presenter. The theme for his workshops was based on his popular book *The Middle Passage, From Misery to Meaning*. I was introduced to Hollis when he spoke to our Society a few years ago. There were other renowned presenters at the conference whose contributions were helpful, but Hollis especially came through for me because his style is one of clarity, simplicity, and a poignancy of great depth.

I wasn't prepared however for what transpired as the conference unfolded. A major projection surfaced initially when I noted that the conference was to be held in Ireland, the last place on earth that I would have chosen as a travel destination. This reaction was so intense that I considered not attending the conference. During my stay I reluctantly participated in exploring with others various aspects of Irish culture and history centering largely in the county of Kerry. I was especially fortunate in hindsight to have met Cathy Ryan, an American member of the conference staff who had strong family ties to Ireland. She was steeped in Irish lore and was able to inspire us by her love of the country. She had a magical way of presenting information, and her talent of singing Irish ballads and performing traditional dances was so beguiling that little by little my disdain for Irish Catholics was being chipped away. As a result I was able to acknowledge my prejudice, bringing it fully to consciousness. Initially I felt ashamed but then quickly moved into a state of appropriate guilt. I then knew that in order to avoid slipping back into denial I had to go public.

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Did You Know?

- ✓ World-renowned Jungian analyst, **Dr. Ian Baker** is speaking at the University of Victoria, B.C., Canada on **September 7-8** about **Care, Passion and Love?**
- ✓ The Friday lecture is 7:00-9:30PM and the Saturday workshop is 9:30AM-4:00PM.
- ✓ You can register through Create@SOStravels.com or call (250) 656-2775.

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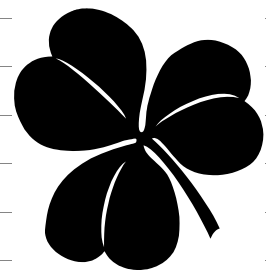
Consequently at one of our 'sharing' sessions I found myself owning up to my prejudice in front of everyone, and no doubt shocking them with an anecdote of my father's youth. He was employed by an Irish Catholic family in their dry goods store located in a working class neighborhood of Philadelphia. As an adult my father used to boast about his outrageous escapade on the eve of a St. Patrick's Day. On that occasion after the owners lavishly and proudly decorated their storefront window with green drapery, my father sneaked back into the store late at night and substitutes other drapery of dreaded orange! This act, fueled by his contempt for Irish Catholics at such a young age, developed into the legacy of my own prejudice.

Upon hearing the shocked responses from my audience of revulsion and disapproval of this act, I decided then and there on Irish soil to make amends for my deceased father and myself. This was my Irish Blessing. I not only learned from Hollis and the others at this conference about the important task at mid-life, involving the willingness to bring shadow material to consciousness, but I also had a first-hand chance to practice this task, and all because of the location of the conference. I had been tricked by my psyche but it worked.

It was a relief to learn from the experts that one is not required to be completely purged of shadow material, because the transformation comes from acknowledging repressed material, thereby curtailing damaging projections onto others. Jung has assured us that it is about becoming whole not perfect. Jung felt that the best thing we can do for the world is to withdraw our shadow projections. He believed in a continuing incarnation as the new God-Image is born in individual men and women:

"If enough individuals have had that transformative experience (*coniunctio*) within themselves, then they become seeds sown in the collective psyche which can promote the unification of the collective as a whole. How many will it take? ... I think each individual ought to live his life out of the hypothesis that maybe one would do."

— Edward Edinger, "The New God-Image, A Study of Jung's Key Letters Concerning the Evolution of the Western God-Image"



Erin go braugh!

And so...if one is able to respond to these tasks at mid-life one can be inspired to a higher purpose in becoming such a seed. Thanks to my 'Irish Blessing' I got a little closer to clarifying a higher purpose for the last leg of my journey, a vision and direction which had been missing for, lo, these seventy years. I look forward to meeting other seeds along the way.

"What I do is me: for that I came." — Hopkins

—Lynn Davis Fox, M.Ed.

September

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October

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November

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December

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Schedule of Events

- ✓ Sep. 3 — Labor Day
- ✓ Sep. 14 — Gary Hartman, Lecture
- ✓ Sep. 15 — G. Hartman, Workshop
- ✓ Sep. 22 — Autumn Equinox
- ✓ Oct. 12 — Puanani Harvy, Lecture
- ✓ Oct. 13 — P. Harvey, Workshop
- ✓ Nov. 9 — Newsletter Deadline
- ✓ Nov. 9 — Peter Elting, Lecture
- ✓ Nov. 10 — P. Elting, Workshop
- ✓ Nov. 22 — Thanksgiving
- ✓ Dec. 7 — Michael Horne, Lecture
- ✓ Dec. 8 — M. Horne, Workshop
- ✓ Dec. 21 — Winter Solstice

The Jungian Psychotherapists Association

presents a seminar with Donald E. Kalsched, Ph.D. on

Daimonic Possession in Cases of Early Trauma

October 27, Saturday, 12:30 PM to 4:30 PM

Frye Museum, 704 Terry Street, Seattle, WA

Patients who have suffered severe early trauma often find themselves in the grip of *daimonic* negative voices from the unconscious (complexes). These voices conspire to keep patients in undifferentiated states of perpetual ‘fantasying’ (Winnicott) and out of object-relating or creative imagining. Such cases illustrate a pathology of the symbolic function which Jung did not discuss. This has become the subject of extensive investigation by object-relations theorists (Ogden, Mitrani, Bick, Tustin, etc.). The seminar will explore the problem with the aid of both Jungian and non-Jungian theory. Closer examination of these cases reveals that the *daimonic* inner objects are both archaic and archetypal. They personify primitive defenses whose ‘goal’ seems to be the dismemberment of experience in order to prevent unbearable anxieties from devastating the “imperishable personal spirit” of the individual. Treatment of these ‘difficult cases’ will be explored and typical impasses discussed. Special attention will be paid to those dreams that occur at moments in psychotherapy when early trauma is being ‘remembered’ in the *transference*.

Donald E. Kalsched, Ph.D., is a clinical psychologist and Jungian analyst with a private practice in Katonah, NY. He is a faculty member and advisor with the C.G. Jung Institute in New York City and with the Inter-regional Society of Jungian Analysts. He is also Dean of Jungian Studies at the Westchester Institute for Training in Psychoanalysis and Psychotherapy in Mt. Kisco, NY. His recent book is *The Inner World of Trauma: Archetypal Defenses of the Personal Spirit*. For information or to register, please contact the JPA (206) 784-9977, or write to P.O. Box 31721, Seattle, WA 98103.



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Annual Meeting

On a pleasant day in June we gathered in a convivial spot (Tully's headquarters—the old Rainier tasting room) to nibble delicious hors d'oeuvres and chat. After awhile we circled together to share readings. We heard from *Keepers of the Flame*, from *Middle Passages*, and Edinger's *The Creation of Consciousness*, a poem "The Wild Geese," a passage on "A Living God" from Lafcadio Hearn's *Gleanings in Buddha-Fields: Studies of Hand and Soul in the Far East*, and readings from the 13th c. Sufi poet Hafiz (Betty Lambert volunteered to calligraph the last line, below). Getting to know each other better face-to-face, and to hear these inspiring readings, made us long for more social occasions like this. Board and Officer elections took place in the interstices. And then the all-too-brief Annual Meeting was over and we dispersed into a sudden afternoon rain shower.

your wounds of love
can only heal when you
forgive this dream...
HAFIZ

The North Pacific Institute for Analytical Psychology
presents an eight-week Seminar for Professionals, Year Two (2001-2002)

First Saturdays, September 2001-June 2002, 11:00 AM to 3:30 PM, in Seattle

NPIAP is now offering the second year in a two-year seminar series for mental health professionals (psychologists, psychoanalysts, psychotherapists, social workers, pastoral counselors) who wish to gain an in-depth understanding of the concepts and contributions of Analytical Psychotherapy. Participants will read selected writing of C.G. Jung plus a few secondary sources. The class format is seminar style and limited to 13-15 participants, as space permits. Some previous studies in analytical psychology as well as a period of analytic therapy are strongly recommended. Analyst members of NPIAP will lead the seminar. The fee is \$450 per semester, or \$900 for the full ten-month seminar. For further information call Geri Grubbs (425) 844-8194.