

"At times I feel as if I am spread out over the landscape and inside things, and am myself living in every tree, in the splashing of the waves, in the clouds and animals that come and go, in the procession of the seasons. There is nothing...with which I am not linked." - C. G. Jung, Memories, Dreams, Reflections

# 2016 Event Calendar

May 6 <sup>th</sup>	Erica Lorentz, M.Ed.
June 22 <sup>nd</sup>	Summer Reading Group
Sept. 9 <sup>th</sup> -10 <sup>th</sup>	Chantel Thurman
Oct. 23 <sup>rd</sup>	Thomas Moore, Ph.D.
Nov. $18^{th}$ - $19^{th}$	Christina Mulvey, Jungian Analyst
Dec. 9 <sup>th</sup> -10 <sup>th</sup>	TBA

CEUs are available for all regular Society programming. See page 8 for details.

Unless otherwise noted, all regular Society events will be held at: Good Shepherd Center, 4649 Sunnyside Ave N, Seattle

Registration fees for the Society's regular program are as follows\*:

Lectures:	Members - \$15;	Non-members - \$25
Workshops:	Members - \$50;	Non-members - \$70

\*Registration fees may vary for select events. Please visit <u>www.jungseattle.net</u> for complete ticketing information and advance registration.

Beginning June 22, 2016, the Jung Society is offering a Summer Reading Group

# The Earth has a Soul: C. G. Jung on Nature, Technology & Modern Life

See page 4 for more information about this opportunity to learn about Jung's relationship with the natural world and how it influenced his life and his psychology of the unconscious.

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Please submit program suggestions to a		

Program Committee Member, or send email to jungseattleprogramming@gmail.com.

### Erica Lorentz, M.Ed., L.P.C., Jungian Analyst



# Jung, Spirituality, and the Body

"The body is merely the visibility of the soul, the psyche, and the soul is the psychological experience of the body. So it is really one and the same thing." (Zarathustra Seminar)

## Lecture: Friday, May 6th (7-9 PM):

In this lecture, we will investigate the importance of witnessing and containing archetypal energies when they become embodied and emerge in our lives as subtle body experiences. The individuation process asks us to return to our personal unconscious and our archetypal roots. Jung invites us to honor and understand archetypal forces that push up from the somatic unconscious into consciousness. These experiences are often pathologized, though they have been experienced, observed, and discussed since the beginning of human history. We will discuss how we can have a creative and healing relationship with them. Film clips and case material will illustrate Jung's concepts and this process.

### Lecture Learning Objectives:

1- Participants will begin to understand the importance of the somatic unconscious in the individuation process.

2- The audience will be introduced to the role of subtle body experiences in healing and spiritual maturation.

**Presenter Bio:** Erica Lorentz, M.Ed., L.P.C., Jungian Analyst (IAAP), is in private practice in Northampton, MA. She is a training analyst at the Jung Institute of Boston where she is on the Training Board and Curriculum Coordinator, and she is the president of the WMA Jung Association. In the 1980s she was an adjunct faculty member at Antioch New England School of Professional Psychology, and she has lectured and taught workshops throughout the US and Canada.

We are grateful to the Jungian Psychotherapist Association for bringing Dr. Lorentz to Seattle and making this event possible.

### This summer the Jung Society Reading Group will read *The Earth Has A Soul; C.G. Jung on Nature, Technology & Modern Life* ed. by Meredith Sabini. (See page 4 for details.)

Jung wrote that the more we are separated from nature the more neurotic we become. Jung warned us: *The facts of nature cannot on the long run be violated. Penetrating and seeping through everything like water, they will undermine any system that fails to take them into account. It is a general truth that the earth is depreciated and misunderstood.* 

We are now confronted with the truth of our depreciation and misunderstanding. The authors of the United Nations Climate Study of 2014 concluded that if we do not change the way that we are conducting our affairs, civilization as we know it will end within decades or years. There have been similar warnings from NASA, NOAA and James Lovelock.

A few years ago during the Q & A portion of his workshop with our Society, Richard Tarnas was asked if humanity will be able to save itself. Tarnas gave the same answer as Jung. Both said that our salvation depends on our willingness and ability to individuate soon enough.

A critical part of our individuation process is to live in greater communion with nature. Again from Jung: *Natural life is the nourishing soil of the soul* . . . *Do you think that somewhere we are not Nature, that we are different from Nature? No, we are in Nature and think exactly like Nature. Sometimes a tree can tell you more than can be read in a book.* 

Jung described this communion with nature in part through the image of *The Philosophical Tree*. Analyst Terry Gibson has described The Philosophical Tree as a healing cosmology that goes back through Plato to our shamanic paleolithic origins. Gibson writes that for humanity the tree of life has represented the earth spirit, the Anima Mundi, the spirit of the world, the home of all of us and the essential Soul. Our place in nature will continue to be a theme in Jung Society programs.

Join the Reading Group this summer for reading, discussion and a shared transformation of our nature and our place with nature. As Jung has pointed out: *Nature is an incomparable guide if you know how to follow her. Nature is not matter only, she is also spirit. I (Jung) am fully committed to the idea that human existence should be rooted in the earth.* 

### Tom Wilkenson

The difference between most people and myself is that for me the "dividing walls" are transparent. That is my peculiarity. Others find these walls so opaque that they see nothing behind them and therefore think nothing is there.

- C. G. Jung, Memories, Dreams, Reflections

# Summer Reading Group

## The Earth Has a Soul: C.G. Jung on Nature, Technology & Modern Life

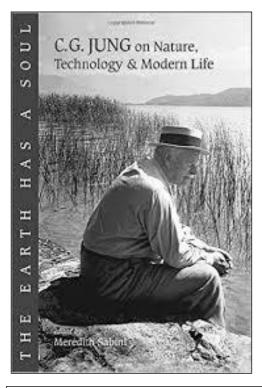
Join us as we discuss selections from Jung's works on modern humans, "archaic man," and the need for connection with Nature that allows us to feel at home on this Earth. "These selections, not just from his published writings, but also from speeches, obscure seminars, interviews, and letters, show a less familiar side of the famous Swiss psychiatrist, whose deep concern over the loss of our emotional and mythic relationship with Nature is expressed in moving, poetic terms." (from the book)

(This book was first printed under the title *The Earth Has a Soul: The Nature Writings of C. G. Jung*)

### Wednesdays: June 22nd, July 6<sup>th</sup>, July 20<sup>th</sup>, August 3<sup>rd</sup>, August 17<sup>th</sup> Good Shepherd Center, Room 222 - Free for Jung Society Members

Please read Chapter 1: "Jung's Own Relationship with Nature," for discussion at the first session on June 22<sup>nd</sup>.

\*\*\* There is a Farmer's Market on Wednesday evenings behind the Good Shepherd Center. We



Jung chopping wood at Bollingen, the home he built for the Unconcious.

encourage you to come early and bring your dinner or buy it at the market vendors. We will meet outside if the weather is willing.



The original Tower at Bollingen.



# Fall Preview: September – December 2016

Fall event details and ticketing will be available at <u>www.jungseattle.net</u> in August 2016.

### September 9<sup>th</sup> and 10<sup>th</sup> Chantel Thurman - 'Splinter Psyches' in a Splintered World: The Ecological Restoration of the Human Soul

Jung's notion of a "splinter psyche" – a fragmented aspect of psyche operating autonomously as if it possessed its own intrinsic wholeness and volition - is a very apt descriptor for humanity at large these days. Modern humans do not seem to know where they belong or fit in the larger natural order and are increasingly finding themselves at odds with the biologically attuned processes supporting life on the planet.

### October 23<sup>rd</sup> (Sunday) Thomas Moore – The RE-Enchantment of Everyday Life

On the 25<sup>th</sup> anniversary of his popular book, *Care of the Soul*, Thomas Moore will join us to reflect on spirituality in the 21<sup>st</sup> Century, and finding meaning, power and beauty in the World. This special event will be held at the Seattle Asian Art Museum in Volunteer Park, beginning at 3:00PM.

### November 18<sup>th</sup> and 19<sup>th</sup> Christina Mulvey – The Power of Story in Our Lives: An Irish Mythological Journey (An Irish Perspective on Jungian Psychology)

There is something in us that loves a story, and the Irish sometimes even sing it or write it into poetry. Stories take us out of ourselves and our day to day lives and possibly more deeply into our hidden or unknown selves. This latter possibility is what C. G. Jung has taught and forms part of the theme of this lecture.

### December 9th and 10th - TBA

## **Continuing Education Units**

Lectures and Workshops presented by the C. G. Jung Society, Seattle (unless otherwise noted) have approved CEUs by the Washington Chapter National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is #1975-157.

Fees for CEUs are as follows:

\$10/Lecture \$10/Workshop \$15/Lecture and Workshop

To purchase CEUs, please visit the registration table at the event.

## President's Message:

Welcome to Spring! We hope the fairies are getting ready for Summer; we should have aroused a few in our Fairy Tale class that we started in March at the direction of analysts from the Seattle Institute. Have you written a short fairy tale of your own? If so, please send us a copy; maybe others would like to read it.

We look forward to welcoming our May speaker, Erica Lorentz She will also be presenting a program for the Jungian Psychotherapists Association. Her topic will be Jung, Spirituality and the Body.

Our free summer book group will be on Jung and Nature. We will be discussing the book, **The Earth Has a Soul**. Bring your memorable experiences with nature to share.

### **Bunny Brown**

# GiveBIG- May 3rd

The Society is participating in The Seattle Foundation's fifth annual GiveBIG community campaign on May 3<sup>rd</sup>. This is the third year of participation by the Society, and an opportunity for us to reach new audiences and expand our base of financial support.

The Seattle Foundation's GiveBIG is a one-day, online charitable giving event to inspire people to give generously to nonprofit organizations who make our region a stronger, more vibrant community for all.

Donations made on GiveBIG day will be stretched by matching funds from The Seattle Foundation proportionate to the total amount of gifts made to all nonprofit organizations on GiveBIG day. **Your gift to the C. G. Jung Society, Seattle, will stretch further** in support of our work because of Seattle's philanthropic community and thousands of individuals and businesses committed to nurturing Seattle's non-profits.

# An email will be sent on April 30<sup>th</sup>, with instructions on how to donate on May 3<sup>rd</sup>.

Gifts made to the C. G. Jung Society, Seattle through The Seattle Foundation are tax deductible as a charitable donation.

#### **BOARD OF DIRECTORS**

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### New additions to the library include:

Ego and Self by Edward Edinger

Facing the Dragon by Robert Moore

**C.G. Jung Polarities of the Psyche** by E. Bennett

**The Question Concerning Technology and Other Essays** by Martin Heidegger

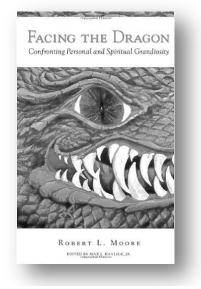
A Religion of One's Own by Thomas Moore

We have several of Thomas Moore's books for borrowing: Care of the Soul; Dark Eros; The Soul's Religion; Meditations; The Reenchantment of Everyday Life; Soul Mates

Thomas Moore will be speaking for us in October so now is the time to become familiar with some of his writings.

We have sold all of our Red Book copies and the soft cover edition of Collected Works. We still have the hard-cover Collected Works now at the reduced price of \$750.00. We thank our recent book donors Selina Sweet, Diane Reardon, and Ladson and Darlene Hinton. We have many copies of familiar periodicals such as Psychological Perspectives and Parabola and some new ones such as Interactive Field in Analysis and BJP, the British Journal of Psychotherapy, so please come and look.

#### **Bunny Brown**





## C. G. Jung Society, Seattle Statement of Purpose

The C.G. Jung Society, a nonprofit education corporation established in 1973, publishes this newsletter three times a year. The purpose of the Society is to promote public interest in, and understanding of, analytical psychology and the current use of Jungian concepts by contemporary thinkers. The Society sponsors lectures, workshops, seminars and study groups and maintains a library of Jungian materials. Programs are, for the most part, intended for the general public.



### C. G. Jung Society, Seattle

4649 Sunnyside Avenue North, Room 222 Seattle, WA 98103 NONPROFIT ORG. U.S. POSTAGE PAID SEATTLE, WA PERMIT NO. 1820

### Preregistration for events is strongly encouraged.

In an effort to increase our membership and attendance, the Society is beginning to promote our events more broadly, seeking collaborations with other educational and cultural organizations. We will try to anticipate higher turnout in our choice of venues, but it may result that some of our events will sell out. We hope not to turn away members at the door.

### Please, visit <u>www.jungseattle.net</u> and click on 'Upcoming Events' to secure your seat.

Member Registration:Lectures - \$15; Workshops - \$50Non-member Registration:Lectures - \$25; Workshops - \$70

Members: when registering at jungseattle.net, remember to log in first and retrieve your promo/discount codes from your member account.

For information on becoming a member, please visit **www.jungseattle.net** or contact the office for details.