

C.G. Jung Society, Seattle

To this day God is the name by which I designate all things which cross my willful path violently and recklessly, all things which upset my subjective views, plans and intentions and change the course of my life for better or worse.

C. G. Jung, quoted in Edward Edinger's **Ego and Archetypes**

2018 Event Calendar

Jan. 5th - May 4th Fairy Tale Fridays

Jan. 12th - 13th Elizabeth Clark-Stern, LMHC

Feb. 9th -10th Thomas Singer, M.D., Jungian Analyst

Mar. 9th - 10th *Christine Downing, Ph.D.*

Apr. 13th - 14th Evans Lansing Smith, Ph.D.

May 18th - 19th John Beebe, M.D., Jungian Analyst

Unless otherwise noted, all regular Society events will be held at: Good Shepherd Center, 4649 Sunyside Ave N, Seattle, Room 202

Registration fees for the Society's regular program are as follows: (Registration fees may vary for select events.)

Lectures: Members - \$15; Non-members - \$25 Workshops: Members - \$50; Non-members - \$70

Please visit <u>www.jungseattle.net</u> for complete ticketing information and advance registration.

May 18th – 19th John Beebe, M.D., Jungian Analyst Lecture: Cultural Attitudes (7-9pm)

From Dr. Beebe's new book
Energies and Patterns in Psychological Type
Good Shepherd Center, Chapel on the 4th Floor

Sat. Workshop: Cultural Attitudes in Depth Good Shepherd Center, Room 202

Fall Preview:

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Fairy Tale Fridays



Why Jungians Read Fairy Tales: Five-Part Discussion Group

P. 3 Elizabeth Clark-Stern, LMHC



Feminine and Masculine Archetypes for the 21st Century

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Thomas Singer, M.D.



The Cultural Complex Theory: Jung's Theory of Complexes Expanded

P. 5 Christine Downing, Ph.D.



Jealousy and Envy: A Depth Psychological Exploration

P. 6 Evans Lansing Smith, Ph.D.



A Modernist Nekyia: Jung's Myth of Analysis and Transformation



The C. G. Jung Society, Seattle is pleased to present

More Fairy Tale Fridays!

Once Upon a Time... Why Jungians Read Fairy Tales

"How do we interpret a fairy tale? —or stalk it, rather, because it is really like stalking a very evasive stag." Marie-Louise von Franz

The Interpretation of Fairy Tales, p. 37

Please join us for a 5-week study and discussion of fairy tales. This educational series will be co-facilitated by Jungian analysts

Suzan Rood Wilson, Stephanie Gierman and James Max Gossett

Sessions will be held Friday evenings, 6:30 pm to 9:00 pm at The Good Shepherd Center,

4649 Sunnyside Avenue N, Room 202 in Seattle

January 5, 2018 February 2, 2018 March 2, 2018 April 6, 2018 May 4, 2018

Members \$20 per class/\$90 for the series Non-members, \$25 per class/\$100 for the series

Register online at www.jungseattle.net for individual classes, or call the Seattle Jung Society office at (206) 547-3956 for more information or to purchase the entire series.

10 CEUs for all 5 sessions for \$25 or 2 CEUs per session for \$10 available at the registration desk

Suggested reading: The Interpretation of Fairy Tales, Marie-Louise von Franz

Bring your favorite fairy tale, your imagination and sense of wonder Begin by counting the number of people at the beginning of the fairy tale and once again at the end...

The C. G. Jung Society thanks Suzan Rood Wilson, Stephanie Gierman and James Max Gossett for their generosity and enthusiasm in continuing this popular series.

Elizabeth Clark-Stern, LMHC

Feminine and Masculine Archetypes in the 21st Century



Lecture: January 12th (7-9pm)

In our roiling modern world, it has never been more important to deepen our understanding of the Archetypes: representations of the energies that motivate what we want, who we are, and whom we love. Our exploration begins with the Feminine, articulated by Jung's long-time collaborator and lover, Toni Wolff. Who was she, this mere "slip of a girl" who landed on Jung's doorstep when she was 22 years of age. She began as his patient, but went on to infuse his life with inquiry, inspiration, and ideas of her own. She presented her model, *Structural Forms of the Feminine Psyche*, in 1934.

What are some implied amplifications of Wolff's model that could allow for identity expansion, and a new evolution in the nature of female power as it is lived in both women and men? We will move on to compare the Feminine Archetypes with the Masculine Archetypes articulated by Jungian analysts Robert Moore and Douglas Gillette. What are the differences? How can we imagine the psyche of the times influenced these choices, and, by that reasoning, what new forms are wanting to emerge today. This leads to postulate a radical approach: a "Unitary" archetypal structure born of the alchemical transformation of the traditional split between women and men.

Workshop: January 13th (10am-4pm) Archetypes for Personal Growth: A Creative Exploration and Mapping of Your Unique Inner Life

In this experiential workshop, we will create a safe place where participants can explore and map their inner archetypes without pressure to share their intimate life with the rest of us. In an individual journey of discovery, we will ask, "What Archetypal energies live in me, and how does my knowledge of them help me build a better, fuller life?" We will explore the tension of the opposites in each Archetype, and how we can work with the shadow to find the gold. We will use a spectrum of creative tools, from guided meditation, journaling, art, some body movement and sculpting, sharing in dyads and larger group sharing, as not everyone will manifest their creative exploration in the same ways.

Elizabeth Clark-Stern, M.A., L.M.H.C, is a Jungian-oriented psychotherapist and a playwright. In 2007, her play, *Out of the Shadows, a Story of Toni Wolff and Emma Jung*, was performed at the International Jungian Congress in Cape Town, and in cities across the U.S. and Canada. In 2012, *On the Doorstep of the Castle, a Play of Avila and Alma de Leon*, was performed at the Congress in Copenhagen. She has published five plays, fiction, essays and poems, through Fisher King Press. For the Seattle Jung Society, she has provided writing workshops, and a lecture/workshop in 2011, *Imagination and the Soul*.



Thomas Singer, M.D., Jungian Analyst

The Cultural Complex Theory: Jung's Theory of Complexes Expanded

Lecture: Friday, February 10th (7-9pm)

Although Jung had a keen interest in the collective psyche early in his career, over time he became increasingly focused on the notion of individuation, and less on collective phenomenon. Today we have become increasingly aware that the understanding of the collective psyche is essential both in the development of the individual as well as the development of group social, political, and cultural life. Dr. Singer has been engaged in expanding Jung's original theory of complexes in individuals into the realms of the group and cultural psyche. In this lecture, Dr. Singer will describe the origins, purpose, and characteristics of the cultural complex theory and will illustrate the theory with examples from the collaborative researches of Jungian colleagues around the world.

Workshop: Saturday, February 11th (10am-4pm) Cultural Complexes in Contemporary Life

The Saturday workshop will focus on contemporary examples of cultural complexes, including the current crisis of American society, government and leadership. Many other conflicts around the world (Brexit, Palestinian/Israeli) can also be viewed through the lens of the cultural complex theory which Dr. Singer has developed over the past decade. Particular emphasis will be given to the cultural complex of Trumpism and participants in the workshop will be encouraged to contribute their own thoughts and experiences about how cultural complexes live in individuals and groups.

Thomas Singer, M.D., is a psychiatrist and Jungian analyst in private practice in San Francisco. He is the editor of a series of books which explore cultural complexes in different parts of the world, including Australia (*Placing Psyche*), Latin America (*Listening to Latin America*), Europe (*Europe's M*), any Souls and worldwide (*The Cultural Complex*). He is currently working on books about cultural complexes in Asia and in the United States. In addition Dr. Singer has edited *Psyche and the City, The Vision Thing, Initiation: The Living Reality of an Archetype*. He had co-edited two volumes in the *Ancient Greece, Modern Psyche Series* and co-authored *A Fan's Guide to Baseball Fever*. Dr. Singer currently serves as the President of National ARAS which explores symbolic imagery from all cultures since the beginning of human history. His most recent articles include, "Trump and the American Selfie" in *A Clear and Present Danger: Narcissism in the Era of Donald Trump* and "Trump and the American Collective Psyche" in *The Dangerous Case of Donald Trump*.

Christine Downing, Ph.D.

Jealousy and Envy: A Depth Psychological Exploration

Lecture: Friday, March 9th (7-9pm)



Although jealousy and envy are often used interchangeably, they are not the same. Envy is wanting something someone else has but you don't; it's a two-person thing. Whereas jealousy is the result or fear of losing something, usually someone, that you have (or think you have) to another; so it's a three-person thing, a triangle. And triangles, as Hillman saw so clearly, bring energy into a relationship, enliven it. I will be looking at both, but with more emphasis on jealousy because I am more in touch with its potentially transformative power.

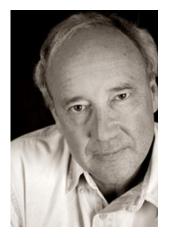
To explore these powerful energies in a genuinely depth psychological way, we need to consider but also move beyond the rather abstract discussions put forward by Freud and Jung and Hillman to a more experiential consideration, to look at them as events not ideas. So there need to be stories: traditional, mythic stories and also the stories put together by great writers who have the gift of turning their experience into stories that illuminate our own, like Marcel Proust. And of course our own stories.

The stories are always in a sense about "pathological," intense, archetypal jealousy or envy. They are about "big" experiences that like "big" dreams continue to reverberate. Jealousy or envy may enter our lives when we ourselves are taken over by them, but they may also enter just as forcefully when we discover ourselves to be the objects of another's jealousy or envy. Neither is ever simply an intrapsychic experience; both pull us into the world of others. So a depth psychological engagement with these energies can not only deepen our understanding of ourselves but also deepen our understanding of the desires and needs of the other, their soul.

Workshop: Saturday, March 10th (10am-1pm)**Please note - short break only**

We will explore further implications and more stories about how jealousy and envy enter into our lives in both destructive and creative ways. Participants will have an opportunity to reflect on and share some of their own engagements with these archetypal forces. We will probably do some writing, so be sure to bring along paper and pen or an electronic tablet.

Christine Downing, Ph.D., has been teaching at Pacifica Graduate Institute since 1987, primarily in its Mythological Studies program. Before that for almost twenty years she taught in the Department of Religious Studies at San Diego State University (a good part of the time as Chair of the Department) and concurrently served as a member of the Core Faculty at the California School of Professional Psychology. Christine has also taught at the Jung Institute in Zurich and lectures frequently to Jungian groups both here and abroad and at American and European universities. Her many books include *The Goddess, Journey through Menopause, Myths and Mysteries of Same-Sex Love, Women's Mysteries, Gods In Our Midst, The Long Journey Home: Revisioning the Myth of Persephone and Demeter for Our Time, and Psyche's Sisters: Re-Imagining the Meaning of Sisterhood.*



Evans Lansing Smith, Ph.D.

A Modernist Nekyia: Jung's Myth of Analysis and Transformation

Lecture: Friday, April 13th (7-9pm)

All of the major writers and painters of the Modernist period, from 1895-1945, evoke the myth of the nekyia — the descent to and return from the underworld. The myth provides that "shape and significance" which T.S. Eliot saw to be the consequence of the "mythical method." C.G. Jung's deep engagement with the underworld parallels its emergence as a central theme in the literature and arts of Modernism. This engagement began with the publication of, and continued throughout the course of his career. This presentation focuses on the nekyia and the night-sea journey in Jung's work, from *Symbols of Transformation* and *The Red Book* to *Memories, Dreams, Reflections* and the iconographies of the Bollingen Tower. The lecture will be richly amplified by parallels drawn from Egyptian, Nordic, Biblical, Alchemical, and Greek mythologies.

Workshop: Saturday, April 14th (10am-4pm) Squaring the Archetypal Triangle: Jung, Mann, Joyce, Hesse, and Modernist Painting

For those interested in the intersection of comparative mythology, literature, and Jungian psychology, Zürich is sacred territory. James Joyce is buried on the mountain above the city at the north end of the lake, Thomas Mann in Kilchberg on the eastern side, and C.G. Jung in Küsnacht on the west. All three men were deeply engaged in the mythology of the *nekyia* (the journey to and from the underworld), and all three were in fruitful communication with each other at critical times during their long and prolific careers. If we include Herman Hesse in the mix, who was in Jungian analysis in Locarno, and who lived and died in Montagnola in the Ticino, we can square the triangle of this powerful quaternity.

What all four have in common is a fascination with the myth of the *nekyia* (the descent to the underworld), which informs all of their major writings. The myth plays a prominent role in Jung's Red Book; in Mann's "Death in Venice," *Magic Mountain*, and *Joseph and His Brothers*; in Joyce's *Ulysses* and *Finnegans Wake*; and in Hesse's *Demian*. The slide-illustrated lectures will explore the mythologies of the underworld in all of these works, with an emphasis on the archetypal dreams that constitute the climactic revelations catalyzed by the *nekyia* in each of these books. The lectures will also include selections from the correspondence and essays in which they respond to and engage each other during the creative explosion of Modernism in the first quarter of the 20th century. (continued on page 8)



John Beebe, M.D., Jungian Analyst

Cultural Attitudes

Lecture: Friday, May 18th (7-9pm)

C. G. Jung's theory of psychological type offers us tremendous insight into ourselves and others, yet people who are identical in type may still approach the world with very different attitudes and assumptions. How we make sense of the world seems to involve emotional investments and intellectual frameworks that tie to, but also go beyond, type.

Joseph Henderson, a co-author, with Jung, of *Man and His Symbols*, worked on this problem in his *Cultural Attitudes in Psychological Perspective*. Henderson observed that different people reference different cultural values as they engage with the world around them. He called these the social attitude, the religious attitude, the philosophical attitude, the aesthetic attitude, and, a relative latecomer that informed much of Jung's work, the psychological attitude.

Using illustrative clips from recent and classic films, Dr.Beebe will lead us in exploring these orientations toward what is offered already by our culture. Participants will take away a new way of observing and understanding themselves and others.

Workshop: Saturday, May 19th (10am-4pm)

In this workshop, we'll look at our cultural attitudes in depth and explore how they impact our lives and relationships. We'll also look at the interplay between psychological type and cultural attitudes. Dr. Beebe will lead us in exploring the implications of the cultural attitudes for therapy. We'll also explore whether it is possible or desirable to try to develop the attitudes that we do not naturally prefer and whether we should be working in parenting or therapy to foster the development of the cultural attitudes.

Using examples of his own as well as examples volunteered by participants, Dr. Beebe will demonstrate what it means to do psychotherapy employing each of the different cultural attitudes. We'll use some additional film clips to learn to identify and respond to the cultural attitudes, appreciating their power and noting their limitations.

Jungian analyst **John Beebe** is a psychiatrist who specializes in psychotherapy. He is the author of *Integrity in Depth* and *Energies and Patterns in Psychological Type*, co-author, with Virginia Apperson, of *The Presence of the Feminine in Film*, and co-editor, with Ernst Falzeder, of *The Question of Psychological Type*. Beebe's eight-function, eight-archetype model of type is widely studied and applied in the field. He has spearheaded a Jungian typological approach to the analysis of film.

(Continued from page 6)

Evans Lansing Smith, Ph.D., is Chair and Core Faculty of the Mythological Studies Program at the Pacifica Graduate Institute, in Santa Barbara, CA. In the 1970s, he traveled with Joseph Campbell on tours of Northern France, Egypt, and Kenya. He has taught at colleges and institutes in Switzerland, Italy, France, Maryland, Texas, and California, and is the recipient of awards for distinguished teaching from Midwestern State University in Texas, and the Pacifica Graduate Institute in California. His Ph.D. is from The Claremont Graduate School, and he has an M.A. in Creative Writing from Antioch International (London and Dublin), and a B.A. from Williams College. He is the author of thirteen books and numerous articles on comparative literature and mythology. His edited volume of Joseph Campbell's writings and lectures on the Grail Romances was published in 2015, and his edition of the *Selected Correspondence of Joseph Campbell* is forthcoming.

Continuing Education Units

Lectures and Workshops presented by the C. G. Jung Society, Seattle (unless otherwise noted) have approved CEUs by the Washington Chapter National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is 1975-157.

Fees for CEUs are:

\$10 Lecture (2 CEUs)

\$10 Workshop (5 CEUs)

\$15 Lecture & Workshop

CEU forms are available at the Registration table.

Learning Objectives are located at www.jungseattle.net under Lecture and Workshop descriptions.

Tribute to Dr. William Willeford by Harold Bishop

William Willeford is a name I imagine few of you know, although in the early 1970s he was one of the founding members of our Jung Society, then called the Friends of Jung. We met at the Museum of Science and Industry at its early location down on Lake Washington. He was a very private person, quiet and inconspicuous, and he would probably have been perfectly happy for his departure to be unnoticed, his grave unmarked.

Dr. Willeford was a lone eagle, our sole local Jungian analyst for many years, practicing in his Ravenna office long before the days when it seemed that analysts were popping up on every Seattle corner. He had a dual career; he was also professor of English and Comparative Literature at the University of Washington during the many years of his analystic practice here in Seattle.

As an analyst, he had gifts that we all hope to find in our counselor – deep, even psychic insight into the matters presented to him, and a judicious balance between guidance and letting those he met find their way. Dr. Willeford passed away at home in Atlanta at the age of 86 (1929-2015).

Editor's Note: Dr. Willeford's books, *The Fool and His Scepter: A Study in Clowns and Jesters and Their Audience* (1969) and *Feeling, Imagination, and the Self: Transformations of the Mother-Infant Relationship* (1987)—can be found in our Library. His writing was known for his skillful interweaving of literature, psychology, mythology, and religion.

Hail to our Volunteers

Next time you attend a Jung Society event, take a look around at the volunteers who put on the lecture or workshop or fairy tale discussion group. We are a completely volunteer organization and everyone involved in making the office, the library and all events function are volunteering their time and energy.

At the registration table, say hello to Anthony McGrath who is our Cashier, operating the Square system, which allows us to have accurate event registration reports. Next to Anthony, you will see Kassie Koledin, signing in participants who wish to receive Continuing Education Units or CEUs, necessary for renewing their counseling licenses. Kassie passes out the review forms for the CEUs, and distributes the signed forms after the event that show that the counselor had attended and reviewed the event.

At the hospitality table, you will see Tori Manzer, who shops for and sets out the refreshments we enjoy at the events. Say hello to Tori and thank her for taking the time to do this. Near the hospitality table you will see Debra Thompson Harvey, selling books that have been donated to the Jung Society. We always have lots of good reading in the Jungian vein at very low prices.

The Jung Society Library is a valuable resource for all members who want to learn about Jungian psychology. Librarian Bunny Brown acquires recent publications on depth psychology as well as our collection of Jung's Collected Works, the Red Book, and reference books on mythologies, fairy tales and symbolism. The Library is open most Saturdays from 12:30 to 3:30pm and by appointment with Bunny. Our current Library Saturday volunteers are Charles Morrison, Valerie Sammons, Tori Manzer, Mitchell Saulsberry, and Tamara Walker. Stop by to say hello and have a one on one conversation with a Library volunteer.

Library column

It is dark, wet and windy so it is time to stay inside and curl up with a good book. We have the following new books in our collection for you to borrow:

Jan Welden, Platonic Jung

Editors Patricia Damery and Naomi Lowinsky Marked by Fire: Stories of the Jungian Way

Thomas Moore, Ageless Soul

Editor Brandy X. Lee, Dangerous Case of Donald Trump: Twenty-seven Psychiatrists and Mental Health Experts Assess a President

Fannie Brewster, African Americans and Jungian Psychology: Leaving the Shadows

E. Limmer, Body as Shadow

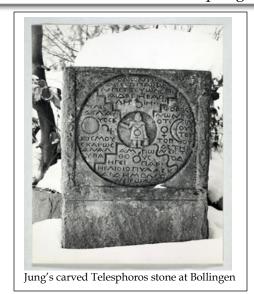
Ed. C. A. Meier, Atom and Archetype: The Pauli-Jung Letters 1932-1958

We also have some recent used Jungian books. Please come and browse our sale shelves. Let me know any time you would like to come during the week by calling (206) 632-4892. Please note we have current and past copies of *Psychological Perspectives, Parabola, The Journal of Analytical Psychology, Quadrant* and *Spring Journal*.

Bunny Brown, Librarian

"Who We Are" Statement

We are a community of lay people, academics, therapists and analysts. We welcome participants from diverse walks of life, interested in growing their knowledge of Jung as a stepping stone to personal transformation. Each lecture and workshop is designed to provide an understanding and experience of the prolific writings of Jung for participants at all levels of previous exposure to analytical psychology. Please note that our program is not a form of therapy nor a substitute for therapy, nor do we provide recommendations for therapists.



Recent Jung Society surveys show that our event participants are interested in community building events and gatherings. We will announce more about new opportunities in early 2018. If you have some ideas, please let us know at office@jungseattle.net.

***Save the Date: Psyche & the Spirit of the Times - February 12, 2018 ***

New topic and speakers to be announced at the January event and on the website.

Remembrance by Bunny Brown

Darlene Hinton died June 6, 2016 in Seattle. In 1997, she organized a committee comprised of herself, Lucretia Devine, Nancy Alvord and Bunny Brown to plan the library disposition of the Kate Millard-Mary Irby inheritance for the C.G. Jung Society, Seattle. Some of the money was spent on the construction of the oak wood book cases, 96 inches wide and 90 inches high, that could house a collection of books bought especially for the Kate Millard collection. Kate was a Zurich trained analyst and former president of the C.G. Jung Society, Seattle.

Darlene requested donations from members and purchased books from bookstores and other Jungian groups. Darlene spent many months, searching to find the books she felt would be best to meet this high standard. She included books from Kate's personal collection. Among them was Where the Two Came to their Father: A Navajo War Ceremonial; a Bollingen Series book, The 24-volume set of Man, Myth and Magic; hard and soft copies of the Collected Works; Extracts of Jung, Jung Seminars; The Discovery of the Unconscious by Henry Ellenberger; and two volumes on William Blake by Kathleen Raines. Other books include ARAS books and The Body, an an encyclopedia of the body and archetypal symbolism.

We met many times at Darlene and Ladson Hinton's home to read the books obtained by Darlene. We would then put them on the shelves of the new wood bookcases. Darlene was a gracious hostess and a book lover. She was the perfect person to manage the Kate Millard inheritance for us. Over the years, she and her husband, Ladson Hinton, Jungian analyst, made several donations to the library. She will be missed.

President's Message

As the new President of the Society, this will be the first time that I have the honor of writing this. I want to thank past president Bunny Brown for taking on this task over the last six years as well as for her past and ongoing commitment to the Society. She has shown up and continues to show up in myriad ways. She attends all of our programming events, helping out where needed. You can find her in the Jung office almost any day of the week that the building is open. I look forward to consulting with and learning from Bunny in the future.

Two months following the Board elections, the newly formed Board is finding its footing. I am deeply thankful for the incredible work they as well as other non-board member volunteers are doing. We are making every effort to create a context of community and engagement, one in which members can feel welcome while evolving their understanding of the work of Carl Jung and his legacy of knowledge.

Laura Gillman



Mission Statement

The purpose of the C. G. Jung Society, Seattle, a nonprofit education corporation, is to support a community centered on the life and work of Carl Gustav Jung. We promote Jung's analytical psychology, which emphasizes the development of the whole person as the path to self-knowledge, creativity and wellbeing. At the Society, we examine the interplay of the conscious and the unconscious through the lens of diverse traditions, including religious, transpersonal and mythological ones. We do this work by organizing lectures, workshops and discussions that provide a forum for people of all walks of life to reflect and grow, individually and collectively.

BOARD OF DIRECTORS

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Preregistration for events is strongly encouraged.

In an effort to increase our membership and attendance, the Society is beginning to promote our events more broadly, seeking collaborations with other educational and cultural organizations. We will try to anticipate higher turnout in our choice of venues, but it may result that some of our events will sell out. We hope not to turn away members at the door.

Please visit <u>www.jungseattle.net</u> and click on 'Upcoming Events' to secure your seat.

Member Registration: Lectures - \$15; Workshops - \$50 Non-member Registration: Lectures - \$25; Workshops - \$70

Members: when registering at jungseattle.net, remember to log in first and retrieve your promo/discount codes from your member account.

For information on becoming a member, please visit **www.jungseattle.net** or contact the office for details.