



# C.G. Jung Society, Seattle

*Your vision will become clear only when you can look into your own heart. Who looks outside, dreams; who looks inside, awakes.*

-C. G. Jung

## 2020 Event Calendar

- Dec. 3<sup>rd</sup>-Feb. 18<sup>th</sup> Book Groups on Fanny Brewster's Books
- Jan. 3<sup>rd</sup>-May 15<sup>th</sup> Fairy Tale Fridays
- Jan. 10<sup>th</sup> Bette R. Joram, Ph.D., L.M.H.C.
- Feb. 14<sup>th</sup>-15<sup>th</sup> Christine Downing, Ph.D.
- March 13<sup>th</sup>-14<sup>th</sup> Ann Blake, Ph.D.
- April 17<sup>th</sup> Randy Morris, Ph.D.
- April 18<sup>th</sup> Ann Ulanov, M.Div., Ph.D., L.H.D.
- May 8<sup>th</sup>-9<sup>th</sup> Tess Castleman, M.A., L.P.C., I.A.A.P.

Unless otherwise noted, all regular Society events will be held at: Good Shepherd Center, 4649 Sunnyside Ave N, Seattle, Room 202

Registration fees for the Society's regular program are as follows: (Registration fees may vary for select events.)  
Lectures: Members - \$15; Non-members - \$25  
Workshops: Members - \$50; Non-members - \$70

Please visit [www.jungseattle.net](http://www.jungseattle.net) for complete ticketing information and advance registration.

The Jungian Psychotherapists Association and  
C.G. Jung Society, Seattle Present:



***Back to the Basics:  
A Seminar with  
Ann Belford  
Ulanov,  
Ph.D., L.H.D.***

More information on p. 7

## Winter-Spring Preview:

**P. 2 Fairy Tale Fridays**



*Why Jungians Read  
Fairy Tales: Five-Part  
Discussion Group*

**P. 3 Bette R. Joram, Ph.D.**



*The Splendor Solis:  
An Alchemy  
Presentation*

**P. 4 Christine Downing, Ph.D.**



*Medusa: The  
Metamorphoses of  
the Myth*

**P. 5 Ann Blake, Ph.D.**



*Jungian Perspectives  
for Metabolizing  
Cultural & Personal  
Trauma*

**P. 6 Randy Morris, Ph.D.**



*Grief and Gratitude  
in The Time of the  
Great Turning*

**P. 8 Tess Castleman, M.A., L.P.C.**



*The Little Dream  
(That Doesn't  
Mean Anything)*



The C. G. Jung Society, Seattle  
is pleased to present

**More Fairy Tale Fridays!**

**Once Upon a Time...  
Why Jungians Read Fairy Tales**

“How do we interpret a fairy tale? — or stalk it, rather, because it is really like stalking a very evasive stag.” Marie-Louise von Franz  
*The Interpretation of Fairy Tales*, p. 37

Please join us for a 5-session study and discussion of fairy tales.  
This educational series will be co-facilitated by Jungian analysts  
Suzan Rood Wilson, Stephanie Gierman and James Max Gossett

Sessions will be held Friday evenings, 6:30 pm to 9:00 pm at The Good Shepherd  
Center, 4649 Sunnyside Avenue N, Room 202 in Seattle

**January 3, 2020**  
**February 7, 2020**  
**March 6, 2020**  
**April 3, 2020**  
**May 15, 2020**

**\$20 per session for members/ \$90 for entire series**  
**\$25 for non-members/ \$100 for entire series**

Register online at [www.jungseattle.net](http://www.jungseattle.net) for individual classes,  
or call the Seattle Jung Society office at (206) 547-3956 for more information  
or to purchase the entire series.

**10 CEUs for all 5 sessions for \$25 or**  
**2 CEUs per session for \$10 available at the registration desk**

**Suggested reading:** *The Interpretation of Fairy Tales*, Marie-Louise von Franz

Bring **your favorite fairy tale**, your **imagination** and **sense of wonder**  
Begin by counting the number of people at the beginning of the fairy tale and  
once again at the end...

The C. G. Jung Society thanks Suzan Rood Wilson, Stephanie Gierman and James Max Gossett  
for their generosity and enthusiasm in continuing this popular series.

## Bette R. Joram, Ph.D.

### *The Splendor Solis: An Alchemy Presentation*



**Friday, January 10, 2019 (7-9pm)**

*The Splendor Solis*, an illuminated manuscript housed in the British Library, M.S. Harley 3469, dated 1582, has been recognized by the British Library Trustees as one of its finest treasures. The alchemical text is credited as being written under the pseudonym "Salomon Trismosin," who claimed to be a "preceptor of Paracelsus." Dr. Nathan Schwartz Salant first brought these slides to the Jung Society on November 17, 1989. The *Rosarium Philosophorum*, on which C. G. Jung based *The Psychology of the Transference* was first printed as a book in 1550. *Les Vaisseaux D'Hermes* an anonymously authored, illumined manuscript that dated circa 1700, housed in the Getty Research Library, became the armature of my dissertation, *Experientia Testi Est*, 2004.

This lecture, open to the public, is the seventh lecture out of ten in the Introduction to Jungian Psychology class. At this juncture we are discussing Jung's perspective on the alchemical nature of transformation and change in general, and the transference in particular. For those familiar with Jung's later writing on alchemy in CW Vol. 12, 13, and 14, as well as *The Red Book*, you will note that Jung wrote extensively about alchemy with copious references to various manuscripts and illustrations. This lecture and slide presentation offer you a way into some of Jung's most rich and yet difficult material. These slides present images that resonate with dreams that sometimes seem quite bizarre and frightening. Alchemy underscores Jung's concept of the Collective Unconscious as a generator of symbols, whose amplification enriches our understanding of ourselves.

This lecture is part of the Intro to Jung course. CEUs are already pre-paid for those currently enrolled in this course. All others are welcome to attend this lecture; 2 CEUs are available for non-course members for \$10 at the door. Please note that there is no Saturday workshop.

**Bette R. Joram, P.Hd., LMHC**, is a psychotherapist in private practice. She obtained her Ph. D. From Pacifica Graduate Institute. She has been an adjunct faculty member at Antioch University Seattle, and Bastyr University where she taught Introduction to Jungian Psychology. She has presented a number of lectures and workshops for the C. G. Jung Society, Seattle and elsewhere. She is a currently Co-President of our Board of Directors.



## Christine Downing, Ph.D.

### *Medusa: The Metamorphoses of the Myth*

**Lecture: February Friday, (7-9pm) in the Chapel Performance Space at the Good Shepherd Center, 4<sup>th</sup> floor**

To trace the evolution of a myth is to discover anew the ambivalence of all archetypes. Though most of us know Medusa as the richly storied figure of Ovid's *Metamorphoses*, it turns out that to begin with she was simply a woman's face painted on the shield of an archaic warrior. To look closely at the rich permutations this myth undergoes during the intervening eight centuries brings us face-to-face (with all that gets stirred up when we engage deeply with the theme of female power). She is mortal and immortal, vulnerable and powerful, ugly and beautiful, protective and destructive, victim and perpetrator. As we gaze at her, we find her gazing at us.

**Workshop: Saturday, (10am-1pm) in Room 202 at the Good Shepherd Center  
Face to Face With Female Power and Vulnerability**

The Workshop will provide an opportunity to explore the relevance of fearful Medusa to our own experience. As self. As other. To speak of her as fearful is, of course, to see her as inspiring fear in others and at the same time as reflecting what it is like to be overwhelmed by fear oneself. So we will want to look at what it might mean to recognize what she represents as part of ourselves? And also as outside ourselves, as embodied in others. Do we respond to female power and vulnerability – in ourselves or in others – with awe, with envy, with pity, or with a longing to annihilate?

**Please note this workshop ends at 1pm with a 15-minute break. 3 CEUs will be provided at this workshop.**

**Christine Downing, PhD**, has been teaching at Pacifica Graduate Institute since 1987, primarily in its Mythological Studies program. Before that for almost twenty years she taught in the Department of Religious Studies at San Diego State University (a good part of the time as Chair of the Department) and concurrently served as a member of the Core Faculty at the California School of Professional Psychology. Christine has also taught at the Jung Institute in Zurich and lectures frequently to Jungian groups both here and abroad and at American and European universities. Her many books include *The Goddess*, *Journey through Menopause*, *Myths and Mysteries of Same-Sex Love*, *Women's Mysteries*, *Gods In Our Midst*, *The Long Journey Home: Revisioning the Myth of Persephone and Demeter for Our Time*, and *Psyche's Sisters: Re-Imagining the Meaning of Sisterhood*.

**Ann Blake, Ph.D.**  
*Jungian Perspectives for Metabolizing  
 Cultural & Personal Trauma in a Time  
 of Outrage, Heartbreak, and Hope*

*(Postponed due to COVID-19)*

**Lecture: Friday, March 13<sup>th</sup> (7-9pm)**

In response to current cultural, political, social, and individual events, this lecture provides theoretical orientation, mythopoetic narratives, and cultural events within which to contextualize collective and personal traumatic phenomenon.



Based on outrage and hope in response to both historical and current courageous unsilencing about traumatic experiences, this presentation includes Ann's description of a personal process of metabolizing a series of trauma experiences; unsilencing and reclaiming shadow projections; making amends; and synthesizing these processes in the service of being increasingly present to her own and to other people's trauma narratives.

**Workshop: Saturday, March 14<sup>th</sup> (10am-2:30pm)**

**A Jungian Approach to Experientially Metabolizing Cultural and Personal Trauma**

Building on the lecture, this workshop provides a context in which participants can explore and metabolize responses to collective and personal trauma. The intended outcome of this workshop is an increased understanding of ways to approach traumatic experiences within a variety of relationships.

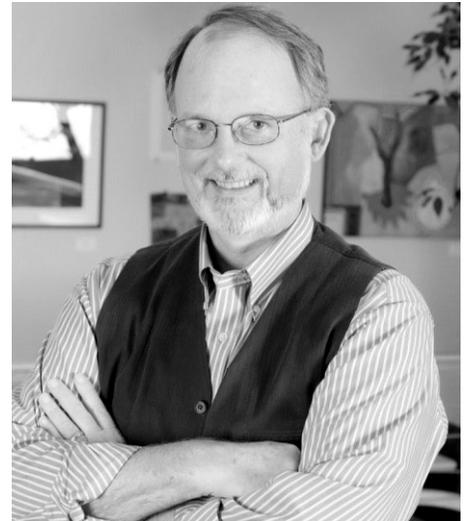
During this workshop, we review, explore, and validate cultural and personal traumatic experiences via the following strategies: build a safe-enough container; form mutually-supportive networks; set an intention of voluntary participation; identify self-care strategies; and participate in check-ins with small groups and with the entire group. During the morning, we create an inventory of collective/societal experiences of trauma; apply centering activities (e.g., journaling, drawing, meditating); and use process check-ins. During the afternoon, we focus on individual experiences: re-set the container; create an inventory of individual trauma experiences; apply centering activities; and validate and provide compassion for our experiences. Next, we explore and reclaim shadow aspects of our projected trauma experiences, followed by applying the process of making amends. These experiential activities provide a 360-degree metabolism of experiences of trauma, both collective and personal; we apply our learning to possible future experiences. To close the container, we check-in with small groups and with the entire group. Because this presentation approaches tender experiences, we will use care and compassion in our time together. This presentation is not intended as a specifically therapeutic context. All participation is voluntary.

**Ann B. Blake, Ph.D.**, Jungian-oriented licensed counseling psychologist, provides individual psychotherapy and clinical supervision in her private practice in Seattle, WA. Formally retired from Antioch University Seattle in 2016, Dr. Blake continues to advise students in their Integrative Studies in Psychology projects and to supervise Psy.D. students at the Antioch Psychology and Community Clinic. In 2019, Dr. Blake was appointed to Professor Emerita status. Dr. Blake is a charter member of the Seattle-based Jungian Psychotherapists Association.

## Randy Morris, Ph.D.

### *Grief and Gratitude in The Time of the Great Turning: A Depth Psychological Approach*

*(Lecture held via Zoom due to COVID-19)*



#### **Lecture: Friday, April 17<sup>th</sup> (7-9pm)**

As the global community moves more deeply into the throes of the Great Turning – our collective initiation into a sustainable world – new emotional skills will be required to survive and thrive during the transition. Navigating the fields of grief and gratitude with flexibility and grace are essential for developing skills of emotional resilience and receptivity, opening the soul to hear the voice of the earth as it guides us into the next stage of our evolution. This lecture will provide a depth psychological framework for approaching grief and gratitude, along with experiential practices for engaging the wisdom being offered by these profound emotional states.

**Randy Morris, Ph.D.**, is Professor Emeritus at Antioch University Seattle where he supervised the Spiritual Studies and Psychology concentrations in the BA Liberal Studies Program for 30 years. Prior to that, he taught kids in Atlanta and Hiroshima, Japan for 10 years. He continues to teach classes in depth psychology, ecospirituality, ritual process and conscious eldering. His life-long interest is in personal and cultural initiation in preparation for the Great Turning. He is also President Emeritus for the non-profit Rite of Passage Journeys, where he served as a vision quest guide for many years. He is an avid kayaker and music-maker and loves to sit by the waters and daydream.



# Ann Belford Ulanov, M.Div., Ph.D., L.H.D. *Back to the Basics: Lecture and Discussion*

*(Canceled due to COVID-19)*

*In our new century we feel upheaval as well as liberation and it helps to go back to basics in our clinical work and understanding, not to reify old concepts, but to enter their fluidity and expansiveness into new forms - both reliable and revolutionary.*

**Seminar: Saturday, April 18<sup>th</sup> (9:30am-5pm) at Bastyr University, 14500 Juanita Drive NE, Kenmore, 98028**

## **I. In Defense of Dissociation and In Defense of Its Undoing**

The defense of dissociation carries what could kill us. This defense interrupts our going on being yet yields to our tender gratitude for it. Drawing on Jung's prospective function even of our madness, we perceive something more in our psyche's inventive capacity to defend us through dissociating against someone else's erasure of us.

Yet our psyche presses us to undo this defense, to bridge the gap dissociation instantiated. We are pressed to discover the meaning of what has nearly annihilated us and secure its link to meaningfulness that environs our aliveness. Clinical experience with transference and countertransference, with dreams and active imagination conjoins with our psyche's witnessing our terror and its transformation.

## **II. Projection: Its Many Forms**

Projection is as basic to our psyche as breathing is to our body. It establishes a network of relationships to our world and to each other. And, "we always see our unavowed mistakes in our opponent" (CW 8, 507). Left undissolved, the two-way traffic of personal projection can cause divisiveness. If dissolved and related to, projection expands bonds to each other, to our deeper psyche, and to greater reality beyond psyche. Projection of collective material, like archetypes, require not dissolution but deposit in cultural forms. With lecture and discussion, we will explore six meanings of projection among psychoanalytic theorists emphasizing Jung's unique contribution to understanding this phenomenon.

**Ann Belford Ulanov, M. Div., Ph.D., L.H.D.**, is the Christine Brooks Johnson Professor Emerita of Psychiatry and Religion at Union Theological Seminary, a psychoanalyst in private practice, a member of the Jungian Psychoanalytic Association, New York City, and the International Association for Analytical Psychology. She co-authored six books with her late husband, Barry Ulanov, including the *Healing Imagination*. Since his death, she has written numerous books, the latest of which is *The Psychoid, Soul and Psyche: Piercing Space-Time Barriers* (2017). Dr. Ulanov is the recipient of multiple awards in the field, including the Gradiva Award for the best book in Psychiatry and Religion 2002 from the National Association for the Advancement of Psychoanalysis, for *Finding Space: Winnicott, God, and Psychic Reality* and the Oscar Pfister award from the American Psychiatric Association for her work in depth psychology and religion. With an analytic practice in New York City, she lectures nationally and internationally.

*This is a Public Professional Event sponsored by JPA for clinicians. Non-clinicians may also attend. Pre-registration is requested because lunch is included in the fee. There will be a pre-registration discount for Jung Society members.*

***Please see [jpaseattle.org](http://jpaseattle.org) for more information.***

**Tess Castleman,  
M.A., L.P.C., I.A.A.P.**



*The Little Dream  
(That Doesn't Mean Anything)*

*(Lecture held via Zoom due to COVID-19)*

**Lecture: Friday, May 8<sup>th</sup> (7-9pm)**

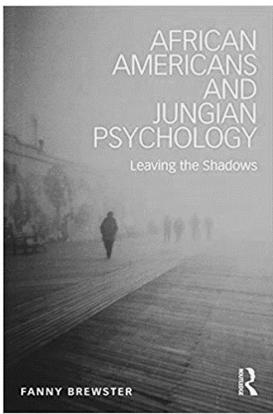
When a dream is forgotten, dismissed, ignored or called names ("worthless, a snippet, stupid, etc."), important information is lost. A discussion with clinical examples will explore what many miss: the quiet beginnings of consciousness evidenced in what is often overlooked. The beginning of a process is sacred ground to stand upon. Alchemical parallels, world dreams, fairy tale imagery and elements of dreaming that are routinely misunderstood will be discussed as well.

**Workshop: Saturday, May 9<sup>th</sup> (10am-2:30pm)**

**The World Dream**

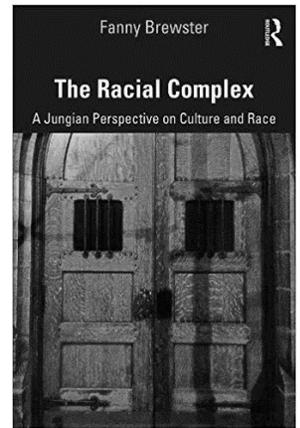
There are a few curious dreams that many people have: loosing teeth, being in public without clothes, taking a college final without having gone to class, among others. This seminar will explore what these dreams mean if we omit the ubiquitous response, "Oh, that's just an anxiety dream." The dreams present information that corrects/compensates/confronts the world or culture rather than the individual; just what are these dreams telling us about our culture, our world? Working in groups participants will be instructed how to decode these curious universal dreams to see if insight and direction might emerge.

**Tess Castleman**, Jungian Training Analyst, is the author of two volumes and several articles. Besides practicing in Colorado and Dallas, she leads groups in dream circles, writing seminars, creative process experience as well as active imagination/dream retreats in locations throughout the world. She was elected to the Curatorium, (the governing body of the Jung Institute of Zurich) as the only non-resident of Switzerland where she served for seven years. There she helped to implement a revamped English training program. She founded Das Tiefengeist Institut, a training institute for helpers and healers to deepen their work with the unconscious. She lives in Manitou Springs, CO.



The C.G. Jung Society, Seattle Presents:

## *Book Groups on Fanny Brewster's Books on Jungian Psychology and Race*



In follow-up to Fanny Brewster's lecture, the C.G. Jung Society will be hosting book groups on her books *African Americans and Jungian Psychology* and *The Racial Complex: A Jungian Perspective on Culture and Race*.

The groups and a wrap-up discussion **will take place in the Jung Society library** on the schedule below. To RSVP, contact facilitator Elizabeth Oder at [office@jungseattle.net](mailto:office@jungseattle.net) and let her know if you want to participate in both book groups or just one. **These groups are free, but space is limited.**

### African Americans and Jungian Psychology

*(Book club participants may want to shop around before purchasing due to price variations. We welcome you to reach out to us if you need support accessing these books)*

- Tuesday, December 3, 7:00-9:00pm: through Chapter 4
  - Tuesday, December 10, 7:00-9:00pm chapters 5-7
  - Tuesday, December 17, 7:00-9:00pm: chapters 8-11

### The Racial Complex: A Jungian Perspective on Culture and Race

- Tuesday, January 28, 7:00-9:00pm (chapters TBD)
- Tuesday, February 4, 7:00-9:00pm (chapters TBD)
- Tuesday, February 11, 7:00-9:00pm (chapters TBD)

### Wrap-Up Discussion

This discussion will be an opportunity to reflect on what we have learned and how we want to move forward with our new understanding.

- Tuesday, February 18, 7:00-9:00pm

**Facilitator Biography:** Elizabeth Oder has been a member of the Jung Society since 2009 and has served as the head of the Seattle Joseph Campbell Roundtable. She is a training professional with an orientation toward social justice and facilitated Race and Social Justice training when she was the Training Manager for the Seattle Public Library. She has also facilitated discussions on racial justice with Phinney Neighborhood Association's Breaking White Silence Project and the Social Equity Study Group Meetup.



# Nana Sofia's Oasis

A Revision for our Time of the Comic Drama by Elizabeth Clark-Stern

*(Play postponed due to COVID-19.  
New dates are October 23, 24, 25 2020)*

A trio of transplanted Southerners are adjusting to their new life in a retirement condo on the Arizona/Mexico border. Madcap preparations for their granddaughter's wedding are thrown off-track by the appearance of an uninvited guest from Guatemala. Amid a whirl of mistaken identity and unexpected revelations, a human connection emerges between the blind Southern 80-year old Auntie and the Guatemalan refugee; the adopted Hispanic granddaughter who only wants to be "a normal American" and the Guatemalan refugee who tells her the lore of the Maya and what is sacred in the soil of their birth country. And Nana Sophia herself, a retired scientist whose heart unwittingly opens to the dignity and humanity of the refugee. Each character must confront their deepest prejudices and fears, and choose a course of action in a multinational/legal climate that conspires to divide them all.

Introducing Julie Baixeras and Helen Bergman Moure  
Featuring Robert Bergman, Ann Blake, Tim Nelson, and the Author  
Sound by Donna Lee | Lighting by John Stern

## A Production of the Shrinkrapt Theater Company

With the blessing of the Seattle Jung Society, the Northwest Alliance for Psychoanalytic Study, and the Jungian Psychotherapists Association. Visit us at [www.shrinkrapttheater.com](http://www.shrinkrapttheater.com)

### WHEN:

ALL THREE PERFORMANCES IN ONE WEEKEND, 2020  
Friday, April 24<sup>th</sup> and Saturday, April 25<sup>th</sup> at 8pm (doors open at 7:30) and  
Sunday, April 26<sup>th</sup> at 2pm (doors open at 1:30)

### LOCATION:

TAPROOT THEATRE COMPANY'S ISAAC STUDIO THEATER  
212 N. 85<sup>th</sup> St. Seattle 98103, in the Greenwood Neighborhood.  
Stadium seating. Handicapped seating on the front row.

Parking in the lots of Bank of America and Chase Bank, the street, or on the lot of 85<sup>th</sup> just East of the theater.

### PRICES:

Tickets at the door, cash or check  
\$15 for Jung Society, Alliance, and JPA members. \$20 general audience.

### *Librarian's Message*

Once again, it's time to visit the library and see what books you can check out to get your Jungian ideas and information.

We have a copy of *Psychological Perspective*, Volume 59, for borrowing, which has the poetry that Fanny Brewster was speaking about at her appearance at Antioch on November 2019.

The library not only has books and periodicals but a history of the Seattle Jung Society in the yearbooks stored on the south wall by year. And we have DVDs of most our speakers for you to know. You must be a member to borrow items from the library.

We welcome donations of used books, but they must be Jungian-oriented. We also welcome suggestions for new Jungian books to buy.

We recommend that all people interested in Jung read his autobiography, *Memories, Dreams, Reflections*, and the Redbook, which we have in the library.

The Library is open most Saturdays from 12:30 - 3:30 pm. Let me know any time you would like to come during the week by calling 206-632-4892. Remember, you may return any borrowed books, tapes or periodicals to our book drop box by our front door, Room 222, any time when the Good Shepherd is open: 8:00am-9:00pm weekdays, 8:00am to 6:00pm on Saturdays, and closed on Sundays.

Bunny Brown, Librarian



**Please note that the Jung Society Library includes DVDs of past speakers such as James Hollis, Lionel Corbett, Richard Tarnas, and many others. Come in and browse on a Saturday afternoon when the library is open.**

### **About the Nancy Alvord Library**

The Nancy Alvord Library, one of the most unique libraries in America, is housed at the Good Shepherd Center in the Wallingford neighborhood of Seattle. It contains more than 2,600 volumes on psychology, religion, philosophy, symbolism, and cultural anthropology. Central to this extensive library of works collected over the 40-year history of the Society is the Kate Millard Memorial Collection of rare and out-of-print works by Carl Jung and Jungian scholars, theorists, historians, and analysts.

The public is welcome to visit our library to view available resources, and members have check-out privileges (for eligible\* volumes) as a benefit of membership.

## Co-President's Message

Welcome to our 2020 Winter and Spring season of presentations. Our goal is to bring you something that speaks to the deeper needs of psyche and soul which strive to become conscious. In a world that is loud and fast we offer a place to listen to that still, small voice within you that speaks through dreams and synchronicities, that searches for meaning beyond the press of everyday demands. Our presenters this spring include Bette Joram, Chris Downing, Ann Blake, Randy Morris, Ann Ulanov, and Tess Castleman.

I want to thank the Jungian Analysts, Suzan Wilson, Stephanie Gierman, and James Gossett, for hosting the Fairy Tale Fridays. We see regular attendees at these events and welcome new people each time. Thank you to our Fall presenters, Cece Briggs, Ph.D., Jorge de la O, Jungian Analyst, L.M.F.T., and Fanny Brewster, Ph.D., M.F.A. for bringing a Jungian perspective to our historical and cultural wounds which are also so very personal and individual. I thank my students in the Introduction to Jungian Psychology for their enthusiastic presence and participation.

This year we have embarked on some joint ventures with the Jungian Psychotherapists Association by co-sponsoring Dr. Fanny Brewster. In the spring, we will be co-sponsoring Ann Belford Ulanov, M.Div., Ph.D., L.H.D. which **all** of our members are welcome to attend. We also met Lahab H. Al-Samarrai, Ph.D., LMHC, founder to the Institute for Conflict, currently at Bastyr University, who brings a Jungian perspective to global issues. Stay tuned for further information about our collaboration on the IFC October 2020 conference on the Shadow.

The C. G. Jung Society, Seattle has something valuable to offer. I thank each and every Board Member who volunteers their time to make these events happen. I thank each member who volunteers to staff the library, set up chairs, and bring refreshments to support our Committee Chairs and serve the membership.

Bette Joram, Co-President

As we enter another year that promises to be tumultuous, many of us are realizing that our most pressing task is to become truly comfortable with a world in constant, rapid, and unsettling change. So many models that have kept us steady – social, economic, political, and even geological – seem to be slipping in ways that compound one another.

Supporting places like the Jung Society where people come together to attend to their holistic well-being and to understand how to continue to flourish is all the more essential.

This is what motivates the volunteer board members of the Society to bring you programs throughout the year. And we know that motivates many of you to attend and participate.

We invite you to join us on December 13<sup>th</sup> for a social evening to get to know others, build community, and talk about your hopes to the Society in the year ahead.

And any community depends in part on financial resources, since our work takes place in the broader society's systems. Non-profit organizations like ours are undergoing significant transitions: membership demographic changes; different attitudes towards in-person versus online "community" from one generation to another; and a less steady stream of revenue as old, dependable models of personal and corporate philanthropy slowly fade away.

I know you receive many year-end appeals from large organizations, and that you are likely generous in many ways. For a small organization like ours, every dollar is proportionally more important to our well-being.

We are working very hard to ensure that the Society touches the next generation, and the one after that. Please consider searching your heart for what the Society's presence means to you, and consider an additional donation – at any level meaningful to you – or the establishment of a legacy to the Society.

I thank you as always for being part of this shared experiment. It depends on each of us for its own flourishing in challenging times.

Ryan Biava, Co-President

Why I stepped forward to join the Board of the Jung Society:  
A collective meditation from the members of the Society board  
October 5, 2019

*Symbols of Transformation.*

At an interesting fulcrum point in my life  
Everything fell apart.  
I was living the life of my father.  
Anxiety. Anger.  
I was lost in the *nigredo*, in inertia,  
wallowing at the bottom in guck, osmosing.  
Nothing made sense any more.  
I was missing something from my life.  
A big dream threw me over the fence.

*Synchronicity.*

My life is marked "Before and after 2016 and moving to Seattle"  
As a psychology major at the University of Denver,  
a professor suggested I go to a Jung Society meeting –  
I never stopped going.  
I attended "The School of Lost Borders."  
I left mainstream psychology.  
I stayed with Jung. I play the cello.  
I read the program and got a little tingly.  
Something animated my psyche.  
The Activist. The Defender. The Warrior.

I experience the world deeply.  
I was always interested in why bad things happen.  
What causes the differences between people?  
I have been hungry for Jungian community.

Take Jung out of the consulting room.  
It is about bringing the soul to things.  
It is a lens to look at the world through.  
There is no pressure to believe any specific thing.  
The library is open to everyone.

I know I needed community.  
Service is important.  
This is a way to perform my civic duty.  
Pick something you believe in and defend it.

I want to make sure this survives.

*As recorded and edited by Bette Joram*

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## Room Set-up and Audio-Visual Volunteer Needed

We need a volunteer to take over the duties that Tom Green has performed for the past several years. Tom has an injury that makes it impossible for him to continue to do lifting and carrying of chairs, tables, and AV equipment.

We need at least one person, two or more would be helpful, who can come an hour before our Friday evening events to set up the room and the PA system, and put everything away afterwards for our regular program on the 2nd Friday evening and Saturday event each month.

Please contact us at [office@jungseattle.net](mailto:office@jungseattle.net) or call (206) 547-3956.

## Seeking Member Volunteers

Are you available 1-2 times a year? We invite all Jung Society members to volunteer at a lecture in return for discounted admission! Becoming a member volunteer is a great opportunity for those who want to help every so often but don't have the time to commit to a volunteer position. We also find value in building relationships with members as you all bring fresh perspectives and meaningful contributions to the Society. Sign up in advance to assist at our scheduled events.

Our events volunteer team assists with room set up, hospitality, registration support, audio-visual tech support, staffing information, and clean-up. Training will be provided as needed.

Please contact us at [office@jungseattle.net](mailto:office@jungseattle.net) or call (206) 547-3956.

## Continuing Education Units

Lectures and Workshops presented by the C. G. Jung Society, Seattle (unless otherwise noted) have approved CEUs by the Washington Chapter National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is 1975-157.

Fees for CEUs are:

\$10 Lecture (2 CEUs)

\$10 Workshop (4 CEUs)

\$15 Lecture & Workshop

CEU forms are available at the Registration table.

**Learning Objectives are located at [www.jungseattle.net](http://www.jungseattle.net) under Lecture and Workshop descriptions.**

*About the C.G. Jung Society, Seattle*

The C.G. Jung Society, Seattle is a non-profit education corporation, founded in 1973. Today, we are a vibrant community of lay people, academics, therapists, and analysts. We welcome participants from diverse walks of life, interested in growing their knowledge of Jung as a steppingstone to personal transformation.

Each lecture and workshop is designed to provide an understanding and experience of the prolific writings of Jung for people with all levels of previous exposure to analytical psychology. Please note that our program is not a form of therapy nor a substitute for therapy.

*Mission Statement*

The purpose of the C. G. Jung Society, Seattle, a nonprofit education corporation, is to support a community centered on the life and work of Carl Gustav Jung. We promote Jung’s analytical psychology, which emphasizes the development of the whole person as the path to self-knowledge, creativity and wellbeing. At the Society, we examine the interplay of the conscious and the unconscious through the lens of diverse traditions, including religious, transpersonal and mythological ones. We do this work by organizing lectures, workshops and discussions that provide a forum for people of all walks of life to reflect and grow, individually and collectively.

**Library Volunteers**

Larry Cole \* Charles Morrison \* Valerie Sammons \* Mitchell  
Saulsberry \* Linda and Michael Sheaffer

**BOARD MEMBERS**

**Co-Presidents**

Bette Joram, Ph.D.

Ryan Biava, Ph.D.

**Librarian & Historian**

Bunny Brown

**Recording Secretary**

Jana Hendricks, M.A., M.A.

**Treasurer**

Parvathi Krishna Sundaram

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Michael Johnson, M.F.S.

**Events Manager**

Tori Manzer

**Newsletter Editor**

Cheol-min Choi

**Event Coordinator**

Thomas Green, MSW

**Publicity Coordinator**

Cheol-min Choi

**Program Planning Committee**

Cece W. Briggs, Ph.D.

Justin Hamacher, M.S.

Jana Hendricks, M.A., M.A.

**VOLUNTERS**

**Event Volunteers**

Debra Thompson Harvey

Daisy Lu

Tori Manzer

**Information Technology Support**

Charles Morrison

**Videographer**

Ed Mays



## C. G. Jung Society, Seattle

4649 Sunnyside Avenue North, Room 222  
Seattle, WA 98103

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### **Preregistration for events is strongly encouraged.**

In an effort to increase our membership and attendance, the Society is beginning to promote our events more broadly, seeking collaborations with other educational and cultural organizations.

We will try to anticipate higher turnout in our choice of venues, but it may result that some of our events will sell out. We hope not to turn away members at the door.

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**Please visit [www.jungseattle.net](http://www.jungseattle.net)  
and click on 'Upcoming Events' to secure your seat.**

Member Registration: Lectures - \$15; Workshops - \$50  
Non-member Registration: Lectures - \$25; Workshops - \$70

*Members: when registering at [jungseattle.net](http://jungseattle.net), remember to log in first  
and retrieve your promo/discount codes from your member account.*

For information on becoming a member, please visit [www.jungseattle.net](http://www.jungseattle.net)  
or contact the office for details.