

# C.G. Jung Society, Seattle

The C. G. Jung Society, Seattle, stands in solidarity with those in the United States and around the world working to restore fully to society's consciousness the humanity of Black, indigenous, and people of color (BIPOC). Black lives not only matter, but their full equality, inclusion, and dignity,

are integral to the wholeness of humanity. In our view, the only-too-recent popular discovery of notions of "unconscious bias" serves to illustrate the continued relevance of Jung's plea that we take seriously the Unconscious and its effects in the world. We also recognize the continued learning process our Society and the broader Jungian community is engaged in, and we are heartened by and have participated in the centering of voices of Jungian analysts who identify as BIPOC, such as Dr. Fanny Brewster, and Jorge de la O, both of whom the Society brought to Seattle in recent months, and whose work we encourage all of our members to return to in this time. We are committed to continuing this work and invite you to be in touch if you would like to join a special workgroup on this issue.

## Fall 2020 Event Calendar

## All Fall events via Zoom teleconference

Sept. 4<sup>th</sup>–Dec. 4<sup>th</sup> Fairy Tale Fridays

Sept. 11<sup>th</sup> Ann B. Blake, PhD

Oct. 9th Linda Carter, MSN, CS, IAAP

Nov. 13<sup>th</sup> Randy Morris, PhD

Dec. 11th A December Community Gathering

Registration fees for the Society's regular programs are Lectures: Members - \$15 Non-members - \$25 (Registration fees may vary for select events):

All tickets and CEUs must be purchased at <u>www.jungseattle.net</u>.

Zoom IDs will only be sent to those who purchase an e-ticket

#### Fall 2020 Preview:

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#### Fairy Tale Fridays



Why Jungians Read Fairy Tales: Monthly Discussion Group

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#### Ann B. Blake, PhD



Jungian Perspectives for Metabolizing Cultural and Personal Trauma in a Time of Outrage, Heartbreak & Hope

#### P. 4 Linda Carter, MSN, CS, IAAP



Art & Psyche: Jung's Method of Artistic Amplification

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#### Randy Morris, PhD



What The Heck Just Happened? A Depth Psychological Approach to the 2020 Election

#### P.6 C.G. Jung Society, Seattle Presents



A December Community Gathering (via Zoom)



## The C. G. Jung Society, Seattle is pleased to present

#### Fairy Tale Fridays!

# Once Upon a Time... Why Jungians Read Fairy Tales

"How do we interpret a fairy tale? —or stalk it, rather, because it is really like stalking a very evasive stag." Marie-Louise von Franz

The Interpretation of Fairy Tales, p. 37

Please join us for a 4-session study and discussion of fairy tales. This educational series will be co-facilitated by Jungian analysts

#### Stephanie Gierman and James Max Gossett

Sessions will be held Friday evenings, 6:30 pm to 8:30 pm via Zoom Video Call

September 4, 2020 October 2, 2020 November 6, 2020 December 4, 2020

Register online at www.jungseattle.net for individual classes and CEUs

Members, \$20 per class
Non-members, \$25 per class
2 CEUs for \$10 per session
No series option will be offered for purchase this fall season

The selected fairy tale link and Zoom meeting instructions will be sent to registered participants no later than 4:00pm on the day of each discussion.

Suggested reading: The Interpretation of Fairy Tales, Marie-Louise von Franz

Bring your **imagination** and **sense of wonder**Begin by counting the number of people at the beginning of the fairy tale and once again at the end...

The C. G. Jung Society thanks Stephanie Gierman and James Max Gossett for their generosity and enthusiasm in continuing this popular series.



## Ann B. Blake, PhD

Jungian Perspectives for Metabolizing Cultural & Personal Trauma in a Time of Outrage, Heartbreak, and Hope

#### Lecture: Friday, September 11th (7-9pm)

In response to current cultural, political, social, and individual events, this lecture provides theoretical orientation, mythopoetic narratives, and cultural events within which to contextualize collective and personal traumatic phenomena.

Based on outrage and hope in response to both historical and current courageous unsilencing about traumatic experiences, this presentation includes Ann's description of a personal process of metabolizing a series of trauma experiences; unsilencing and reclaiming shadow projections; making amends; and synthesizing these processes in the service of being increasingly present to her own and to other people's trauma narratives.

#### **Lecture Learning Objectives:**

- 1. Provide theoretical overview and offer strategies for processing personal and cultural trauma, moving from outrage to heartbreak to hope.
- 2. Provide examples to review and apply the following in order to increase compassion for self and for other people: self-attunement and self-soothing; owning personal shadow; reclaiming inner perpetrator; and making amends.

#### **Presenter Biography:**

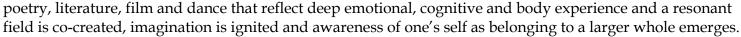
Ann B. Blake, Ph.D., Jungian-oriented licensed counseling psychologist, provides individual psychotherapy and clinical supervision in her private practice in Seattle, WA. Formally retired from Antioch University Seattle in 2016, Dr. Blake continues to advise students in their Integrative Studies in Psychology projects and to supervise Psy.D. students at the Antioch Psychology and Community Clinic. In 2019, Dr. Blake was appointed to Professor Emerita status. Dr. Blake is a charter member of the Seattlebased Jungian Psychotherapists Association.

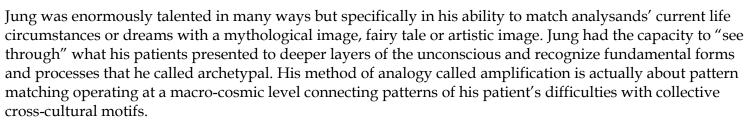
## Linda Carter, MSN, CS, IAAP

## Art and Psyche: Jung's Method of Artistic Amplification for Meeting the Soul

#### Lecture: Friday, October 9th (7-9pm)

The arts open opportunities to locate and recognize ourselves---our life circumstances, joys and suffering. Often, we sense patterns in paintings, music,





Contemporary infant researchers who are also psychoanalysts look at micro-processed videotapes of interaction patterns between babies and a primary caregiver and they have found that their observations of non-verbal communication patterns persist throughout the lifespan and are essential for all adult human relationships. They work with a micro-cosmic level of dyadic interaction, whereas Jung's model is one that tends to be more macro-cosmic using collective cultural motifs: through resonance, both approaches offer portals into understanding human life patterns.

This lecture will consider the profound value of pattern matching at macro and micro levels by viewing a selection of artistic images and commentaries submitted for the Art in a Time of World Crisis: Interconnection and Companionship project, initiated to help decrease isolation and anxiety during the pandemic. These daily offerings have functioned as an "amplification" opportunity that we have hoped would "match" or resonate with the experiences of individual viewers and the collective-as-a-whole. A selection from the project's "virtual gallery" will be discussed in relation to Jung's early ideas and contemporary research findings with an emphasis on art as essential for life and health.

#### **Learning Objectives:**

- 1) Define and give examples of the method of amplification
- 2) Compare and contrast Jung's macro-cosmic pattern matching with the micro-cosmic pattern matching methods of infant researchers who apply their findings across the life-span
- 3) Apply Jung's methods above to engaging with art presented throughout the presentation.
- 4) Consider the uses of models of emergence in relation to Jung's earlier ideas and how these ideas relate to art.

**Presenter Biography: Linda Carter, MSN, CS, IAAP**, a nurse and a Jungian analyst practicing in Carpinteria, CA; teaches at Pacifica Graduate Institute; psychotherapist for 40 years. A graduate of Georgetown, Yale and the C. G. Jung Institute-Boston, Linda was the Journal of Analytical Psychology Book Review Editor, US Editor-in-Chief and now Arts and Culture Editor. Founder and chair of the Art and Psyche Working Group, she initiated and edits the outreach project Art in a Time of World Crisis: Interconnection and Companionship. Linda has published widely, taught internationally, especially in China





## Randy Morris, PhD

# What The Heck Just Happened?: A Depth Psychological Approach to the 2020 Election

Lecture: Friday, November 13th (7-9pm)

The US election of 2020 is fraught with archetypal forces that will come to a head on November 3rd, 2020. Using a depth psychological approach grounded in meaning-making, interiority and reverence, we will engage the results of the election to discern the archetypal forces at work. In the midst of the biggest pandemic since the 1918 flu, the biggest economic crisis since the 1929 depression, and the biggest racial unrest since the riots and marches of the 1960's, will the election of 2020 be a harbinger of the 'changing of the gods' that C. G. Jung so eloquently predicted? Will it mark a seminal moment in the Great Turning towards an environmentally sustainable, spiritually fulfilling and socially just human presence on the planet? Or not?

Looming over everything is the specter of climate change. What resources does depth psychology offer at uncertain transitional times like these, both individually and collectively? How can the cultivation of a resilient and reverential inner life bring hope and transformation to the outer world? Let's engage these issues as a 'beloved learning community' of soul friends dedicated to nurturing a world of Justice and Beauty.

#### **Learning Objectives:**

- 1. Learn how to apply psychological categories to political realities.
- 2. Learn therapeutic techniques for working with both individual and collective suffering.
- 3. Learn about the relationship between inner soul work and outer action.

#### **Presenter Biography:**

Randy Morris, Ph.D. is Faculty Emeritus at Antioch University Seattle where he taught in the BA Liberal Studies Program for 30 years and was the coordinator of the Psychology and Spirituality concentrations. He is also the President Emeritus of the Board at Rite of Passage Journeys, a non-profit dedicated to restoring rites of passage for youth, adults and elders, and where he led adult vision quests for many years. He is a Certified Sage-ing Leader with Sage-ing International where he serves on their ritual committee and continues to teach classes in Dreamwork, Ritual Process, Conscious Aging and Rites of Passage. He is the co-author of the book Nagasaki Spirits, Hiroshima Voices: Making Sense of the Nuclear Age and co-editor of the book *Rites of Passage Into Elderhood*.

## The C.G. Jung Society, Seattle Presents:

## A December Community Gathering



## Celebrating the Darkness and the Return of the Sun

Friday, December 11, 2020 from 7:00 – 8:30pm

We may not be able to gather in person for our third annual Jung Society Community Gathering but we can be together thanks to technology. Psyche moves in mysterious ways.

We are not quite at the solstice (December 21<sup>st</sup>), but it is a good time to recall the history and symbolism of Solstice celebrations. The winter solstice was a time of death and rebirth for ancient cultures. The seeming death of the light and very real threat of starvation over the winter months meant that the return of the Sun brought a sense of relief and hope for new life.

Numerous cultural and religious traditions revolve around this darkness to light turnaround period. Whatever your tradition may be, we could all use a celebration at the turning of this solar cycle. Bring your stories, your candles, have a cup of tea or glass of your favorite celebratory libation handy, and we will enjoy our community.

FREE TO ALL. PLEASE REGISTER ON OUR WEBSITE UNDER UPCOMING EVENTS SO WE MAY SEND OUT THE ZOOM MEETING INFORMATION.







The pictures above were taken from our December 2018 Community Gathering.

#### January 2021 Preview

#### Typology Class Series: Wednesday Jan. 13, 20, 27, Feb. 3, 10, 2021, from 6 - 8 pm.

Jungian typology theory has long been a puzzle to many Jungian readers. We are happy to announce that we will have an in-depth class series on the subject, taught by Zurich trained Jungian analyst, Stuart Potter. Topics covered will be:

- 1. The theory of MBTI, how the indicator is constructed, what is measured, and what is indicated. The approaches of Jung and Myers Briggs. Does Type change?
- 2. The rational and the perceptive in Jung. J versus P orientation in MBTI. The extraverted function. 16 versus 8 types. Whole type. Type and adaptation.
- 3. Extraversion and Introversion. Division into 2, 4, 8, or 16, and using them all. The division of 1 into 4 and the structure of Type in MBTI. The numbers 1, 2, 3, 4, and the Axiom of Maria.
- 4. The rational types. Distinguishing Feeling and Thinking. Description of introverted and extraverted feeling and thinking. "The disposable function." Distinguishing Feeling and Emotion. The historical development of Type.
- 5. The Perceptive functions. Separating sensation from Intuition. The concrete and the abstract of each function. Art, religion, two kinds of thinking, psychology, understanding others.

This class series will be available for registration in September, CEUs will be available for purchase.

#### DEATH SONG OF THE ABORIGINE

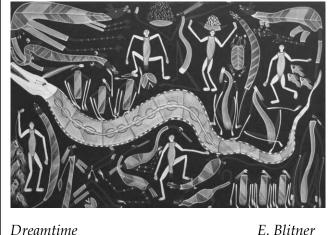
They are singing my death song. As a little fish I return to my waterhole Now that the map of my Dreamtime Has been drawn upon my chest.

May I find the way to my pool While they are singing my death song. May the spirit of my grandfather come, Leading me to my waterhole in the shade, That pool where the lily pads float.

I will wait there for my father To come once more to the pool, Waiting as a little fish, Waiting to ask him to bring me a mother So I can be born once more.

after the ways of the Yolngu

--H. Bishop 4/24/20



#### Co-President's Message from Bette Joram

Dear Members and Friends of the C. G. Jung Society, Seattle,

Welcome to our Fall 2020 Program Year. I hope that this finds each of you safe and well.

We have some wonderful program offerings on our Zoom platform. Ann Blake, Linda Carter, and Randy Morris will share their wisdom and insights with us. We hope to see you on-line soon.

Our organization runs on the hard work of dedicated volunteers. We are grateful for those who contribute so much and invite new volunteers to come forward as we say goodbye to those who are stepping back. First and foremost, Bunny Brown, our longest serving Board Member, is now Board Member Emerita and member for life. We thank Jana Hendricks, (Secretary and Programming) and Mike Johnson (Membership) and welcome their new baby, Huxley, born on May 1, 2020. Jana stepped back as Secretary, leaving a Board vacancy. Mike will be step back in the fall. We welcome Marisa Swank as our new Communications Coordinator. We thank Tori Manzer, our recent Events Coordinator, for her warm and gracious hospitality, and Thomas Green who did room set up for our in-person gatherings. We appreciate Larry Cole for picking up and continuing the Zoom coordination for our Socially Distant programs. We thank Cheolmin Choi for their hard work on the Newsletter, DDOE, and other publicity. We thank our ongoing Library volunteers Charles Morrison and Linda and Mike Sheaffer, and Mitchell Saulsberry. We appreciate the service of Valerie Sammons, a recent Library volunteer. We thank Parvathi Sundaram, our past Treasurer, and Jason Nemeth for stepping forward in January. We are pleased to welcome Laura Rivendell, our new Treasurer, who is helping us to reorganize our business practices. Thanks to Erin Abbott and Reid Stell who did research on 2021 program presenters.

We thank the Jungian Analysts who have brought you Fairy Tale Fridays for the past five years: Stephanie Gierman, James Gossett, and Suzan Wilson.

We hired Shirley McNeil as Office Manager, to tend to our administrative duties and support the Board. Shirley served as the Program Chair for many years.

And then there is Ryan Biava, our Co-President these past two years. It has been an honor and a pleasure to serve as Co-President with him. His leadership, vision, and hard work are evident, and his quick responsiveness to the Covid-19 pandemic got our Zoom platform up and running. Ryan, we will miss you. I will miss you.

As always, we are grateful to those of you who have donated or will donate funds to keep the Jung Society going. Your membership renewals and gifts allow us to continue to bring speakers, pay the rent on the office, maintain the Library, the website, and the newsletter, and pay the Office Manager. Thank you for keeping us in mind as we face the challenges of this new era. Please renew your membership and invite your friends to join.

We look forward to the day when we can safely gather again in person. Please stay safe and stay well.

Warmly,

Bette Joram, Co-President

#### Co-President's Message from Ryan Biava

"It's hard to explain how much the Jung Society enhanced my life. Please, keep this going. I am very grateful for this community."

A great many of you have shared this sentiment with me, usually one-on-one in a quiet, stolen moment as you head out after a lecture, over the two brief but pivotal years I have had the privilege of serving as Co-President.

As I prepare to end in the fall my term of board service — having answered the call to help "keep this going" when it was asked of me — I have a favor to ask of you in return.

Please reflect on what the Society has meant to you and search for the energy and courage to choose one or more of the following: Donate. Serve in leadership. Volunteer to take on an important task. Work with us to plan the future of what the Society of the 2020s and beyond should be.

Let me explain.

There is no organization in our state like ours, and its presence brings a perspective that would otherwise be gone. We see first-hand how much we and others benefit from its presence, its lectures and other content, and its gatherings. And this has been extended using the currently-necessary online platforms, drawing in attendees from across the country and into British Columbia.

I am confident in its future.

But no organization can hope to cross through a generational transition without the shared bravery of its members to jump confidently into the new world together. Indeed, every organization must inevitably confront the existential tension between the immortality of its corporate or legal form, and the earthly opposite of the very people who inhabit it and give it life.

Now is the moment for the Society to hold those two tensions openly and honestly. I am excited at the new energy brought on by dedicated community members — new and veteran — in the past weeks and months. But I have spoken with many of you over my two years about the future of the organization, and I know that you agree with me that it will take more of us actually doing the hard work of showing up if we want to bring Jung's work into the community in new ways for this generation and the next.

We will soon be organizing stakeholder discussions, developing new program offerings, and above all working collaboratively with our broader Seattle Jungian community — we have a shared hope for our world, and our deepening cooperation is great to see.

It has been an honor to walk with you on the Society's path of transformation. As a person now emerging into middle age, I know that you will manage the transition with Jung's commands in mind.

Finally, in my own stolen moment as I head out, I'll share this with you on my own behalf:

"It's hard to explain how much the Jung Society enhanced my life. Please, keep this going. I am very grateful for this community."

#### Hidden Treasures of the Nancy Alvord Library

by Charles Morrison

As far as I know, the Seattle Jung Society is the only library anywhere holding the journals in an open stack, browsable by any patron.

A favorite feature in the journals are the interviews with very seasoned analysts: von Franz, Gherhard Adler, Edward Edinger and others. These interviews which have not been published anywhere else, provide a perspective that is not too technical yet express the core of Analytical Psychology. Battle-hardened "voices of experience" yet speaking in an informal manner.

The journals also contain articles by authors who have not written books, but have written extremely rich and pertinent essays, such as Tom Elsner's 2017 article "The Introversion of War," William Grevatt,'s 2018 "Confronting the Trickster; Crises and Opportunity in the Time of Trump," (both in *Psych. Perspectives*), and Glenn Slater's 2012 *Quadrant* article "Between Jung and Hillman" (the best essay I have found to understand the what motivates the differences between Archetypal vs. traditional Analytical Psychology). *Spring Journal* also has an occasional article by Hillman illustrating different, very insightful side of his thought, such as his 1993 article, "Pink Madness or Why Does Aphrodite Drive Men Crazy with Pornography?"

After 17 years, I still find something new and startling every journey to the library. By closing time, I am shocked at the pile of books I have collected. I didn't choose these books; they chose me! How do I read all this stuff!

Phenomena that cross our path unwillingly, Jung tells us, *is God*. My solution has been check out the entire pile, Xerox the articles I want, and place the xeroxed articles next to travel luggage. I then can chew through these articles on airplanes, train trips and vacations. The xeroxed copies are much lighter than the original, with the added benefit that I can mark up my copy.

Jung's vision is that there is a treasure in the psyche. Our library is a place that has helped me strengthen my consciousness and decipher the "map" to that treasure. https://jungseattle.net/our\_library.php

#### **Continuing Education Units**

Lectures and Workshops presented by the C. G. Jung Society, Seattle (unless otherwise noted) have approved CEUs by the Washington Chapter National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is 1975-157.

Fees for CEUs are: \$10 Lecture (2 CEUs) CEU forms will be sent via email.

<u>Learning Objectives are located at www.jungseattle.net under Lecture descriptions.</u>

Purchase under the events that begin with "Continuing Education Units."

### About the C.G. Jung Society, Seattle

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The C.G. Jung Society, Seattle is a non-profit education corporation, founded in 1973. Today, we are a vibrant community of lay people, academics, therapists, and analysts. We welcome participants from diverse walks of life, interested in growing their knowledge of Jung as a stepping stone to personal transformation.

Each lecture and workshop is designed to provide an understanding and experience of the prolific writings of Jung for people with all levels of previous exposure to analytical psychology. Please note that our program is not a form of therapy nor a substitute for therapy.

#### **Our Mission Statement**

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The purpose of the C. G. Jung Society, Seattle, a nonprofit education corporation, is to support a community centered on the life and work of Carl Gustav Jung. We promote Jung's analytical psychology, which emphasizes the development of the whole person as the path to self-knowledge, creativity and wellbeing. At the Society, we examine the interplay of the conscious and the unconscious through the lens of diverse traditions, including religious, transpersonal and mythological ones. We do this work by organizing lectures, workshops and discussions that provide a forum for people of all walks of life to reflect and grow, individually and collectively.

## End-of-Year Giving

C.G. Jung Society, Seattle is a 501(c)3 non-profit corporation. As such, all donations to the Society are tax-deductible.

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When planning your end-of-year giving, please consider a large or small gift to the Jung Society. The costs of bringing Jungian speakers to Seattle have increased exponentially over the past several years. If you enjoy the programs, classes and access to the books and DVDs in the Library, please give generously. Any amount is appreciated. Visit <a href="https://www.jungseattle.net/support.php">www.jungseattle.net/support.php</a> to make a donation or send a check to our office.

Thank you!

#### **Board Members & Volunteers**

#### **Co-Presidents**

Bette Joram, Ph.D.

Ryan Biava, Ph.D.

#### Librarian & Historian

**Bunny Brown** 

#### **Recording Secretary**

Vacant

#### **Treasurer**

Laura Rivendell

#### **Membership**

Vacant

#### **Newsletter Editor**

Marisa Swank

#### **Communications Coordinator**

Marisa Swank

#### **Program Planning Chair**

Vacant

#### **Event Volunteers**

Larry Cole

#### Office Manager

Shirley McNeil

#### **Information Technology Support**

Charles Morrison

#### **Videographer**

Larry Cole

#### **Library Volunteers**

Larry Cole Charles Morrison Mitchell Saulsberry

Linda and Michael Sheaffer



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#### Preregistration for events is strongly encouraged.

In an effort to increase our membership and attendance, the Society is beginning to promote our events more broadly, seeking collaborations with other educational and cultural organizations. We will try to anticipate higher turnout in our choice of venues, but it may result that some of our events will sell out. We hope not to turn away members at the door.

# Please visit <u>www.jungseattle.net</u> and click on 'Upcoming Events' to secure your seat.

<u>Member Registration</u>: Lectures - \$15 Workshops - \$50 <u>Non-member Registration</u>: Lectures - \$25 Workshops - \$70

Members: when registering at jungseattle.net, remember to log in first and retrieve your promo/discount codes from your member account.

For information on becoming a member, please visit **www.jungseattle.net** or contact the office for details.

www.jungseattle.net phone: 206-547-3956 email: office@jungseattle.net 12