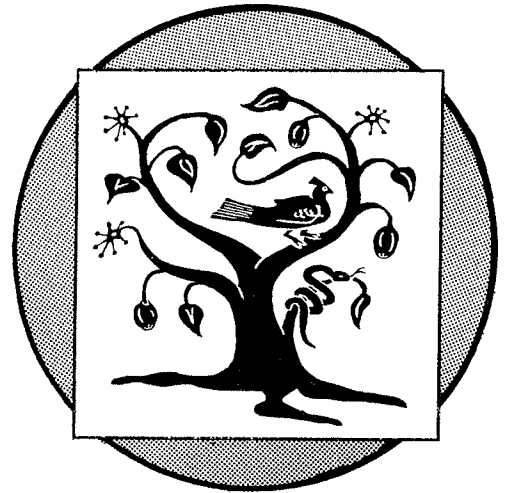


C. G. Jung Society NEWSLETTER

Spring 1987



PROGRAM EVENTS

JUNGIAN TECHNIQUES IN SCHOOLS AND CHILD GUIDANCE CLINICS

A Monthly Meeting Presentation by JOHN ALLAN, PH.D.
on Monday, April 13th, 7:30 pm at Cornish-North
Admission free to members, \$3.00 for non-members

This presentation shows how Jung's theories and ideas, particularly the role played by symbols in psychological development, can be used in individual treatment of children and in developmental guidance programs in regular school settings.

Examples of art work will be shown from the treatment of physically and sexually abused children, depressed and neglected children, as well as children who became psychotic. Directed and non-directed methods will be discussed.

In terms of group or classroom guidance activities, examples will be given from (a) Journal writing program, (b) Vision Quest: Transition from childhood to adolescence, and (c) Children and crises.

Time will be provided for questions and discussions.

JOHN ALLAN, PH.D. is a Jungian Analyst in private practice and an Associate Professor of Counseling Psychology, Faculty of Education at the University of British Columbia. He is the author of many articles on symbolic therapies with children and books on such aspects of elementary school counseling as Class Discussions, Children Who Move, and Mainstreaming and Classroom Management. His book on Holding Therapy is published in Italian and Japanese.

Published by the C.G. JUNG SOCIETY - SEATTLE, a non-profit educational corporation since 1972. *Mailing Address:* P.O. Box 31067, Seattle, WA 98103

For information call the *Society Answering Service:* (206) 525-3487

Newsletter Editor (submissions only): Paul Hamilton (641-6650)
Deadline for Contributions to Fall 1987 Issue: August 1st, 1987

E D U C A T I O N A L O F F E R I N G S

Starting DREAM SEMINARS, facilitated by Jungian-oriented therapists
Wednesday including Bill Levy, Gordon Keating, and Bette Joram;
April 8th at Cornish-North from 7:30 pm.

Dreams draw on a larger night than that of our sleep. The arcadias and the monsters, the zodiacs and emblems from which they construe their logic are at once private -- inwoven in the irreducible fabric of the self -- and collective.

This quote from George Steiner lyrically expresses a sense of the rich lore that an exploration of one's dreams reveals. In this seminar series we will learn tools for this study, working with our own dreams together with facilitators. The focus will be a classical Jungian perspective. We will meet every other week for six sessions, beginning on Wednesday, April 8th and running through mid-June.

Preregister for \$3.00 per individual session or the series fee of \$15.00, by telephone or mail (bankcards accepted).

Wednesday BETRAYAL, an evening discussion with VIRGINIA HOYTE, M.A. ;
May 13th at Cornish-North from 7:30 pm.

The treachery of a trusted lover, friend, or group -- indeed, the very treachery of life itself -- scars most of us sooner or later. These experiences in their turn are likely to evoke shadow aspects, feelings of anger, revenge and/or despair. If these feelings persist our growth stays largely blocked. With healing and time, however, such betrayals also provide the chance to transcend our limited personal ego perspectives and to evoke the self. This evening's discussion will explore the Archetype of Betrayal as a means to further the journey to greater consciousness. Virginia Hoyte is a Jungian/Psychosynthesis therapist in private practice.

Preregister for \$3.00 by telephone or mail.

Starting PSYCHOLOGICAL TYPES, a seminar with William H. Levy, M.D. ;
Monday at Cornish-North from 7:30 pm.
June 8th

This seminar will attempt to provide an in-depth view of Jung's concept of psychological types. The general theory of types will be discussed, including mode (introversion or extraversion) superior function, inferior function, and auxiliary functions. Participants will have an opportunity to take a self-scored test to help determine their types. Each of the eight types will then be discussed at some length, with participants sharing what it is like to experience their particular type. We will meet every other week for eight sessions, beginning on Monday, June 8th and running through the summer.

Preregister for \$3.00 per individual session or the series fee of \$18.00, by telephone or mail (bankcards accepted).

SPECIAL EVENTS

DIETER BAUMANN, M.D.
An Informal Seminar and Social Evening for Society Members

on Saturday, April 18th, at the University Unitarian Church
7:30 to 10:30 pm (non-members \$4.00 suggested donation)

This is an opportunity to renew old friendships and participate in an informal dialogue with Dr. Baumann about his personal experiences with C.G. Jung and at the Institute. Dieter Baumann is the grandson of C.G. Jung, a Jungian Analyst, and training analyst at the C.G. Jung Institute in Zurich, Switzerland. A separate mailing to members will give further details. (For further information call 364-3178.)

ANNUAL MEMBERS MEETING: Spring Gala and Art Show
on Saturday, June 6th, at the Great Hall of St. Stephens Church

More information will be coming to members by mail. We anticipate good fellowship, good food, something for the eye and soul, and perhaps even some musical entertainment. Mark it on your calendar and plan to come.

REGISTRATION SHEET

Make checks payable to: C.G. JUNG SOCIETY - SEATTLE
P.O. Box 31067, Seattle WA 98103

Enclosed is \$ _____ for enrollment in the following (please check):

[*Please charge to my* [] VISA [] MasterCard \$ _____]

[*Expiration Date:* _____ *Signature:* _____]

EDUCATIONAL EVENTS

Members only, limited to 20 people unless otherwise stated;
single session \$3.00; at the Cornish-North location.

- [] DREAM SEMINARS, April 8 through June (\$15.00 series fee),
with Bill Levy, Gordon Keating, and Bette Joram
- [] BETRAYAL, May 13, with Virginia Hoyte (\$3.00)
- [] PSYCHOLOGICAL TYPES, June 8 through Summer (\$18.00 series fee),
with Bill Levy

GIVING BODY TO THE SOUL

Jesus said: "If you bring forth what is within you, what you bring forth will save you. If you do not bring forth what is within you, what you do not bring forth will destroy you."

One can easily imagine Jung himself writing this enigmatic insight, expressing as it does a paradoxical wisdom drawn from experience, of the deep psyche. Yet it was written nearly 2000 years ago, part of the Gnostic library recovered at Nag Hamaadi, Egypt in 1945. The "library" consisted of a cache of leather-bound papyrus scrolls buried in an earthen jar at a time when the Gnostics and their ideas were being persecuted and their libraries burned. It seems ironic that this repressed "material" lay buried for nearly two millenia and was unearthed only after the modern depth psychologies of Freud and Jung, with their "uncovering" approaches, were well established. However ancient the source, the validity and import of this insight are thoroughly contemporary. (For an excellent discussion on the Orthodox-Gnostic conflict, see Elaine Pagels, The Gnostic Gospels, Vintage Books, 1981.)

According to this saying, there is something within us that can "save" us, something redemptive, and if we can find ways to bring it forth we can enter actively into the redemptive process of healing, of becoming whole. Furthermore, it tells us that this same power, if not brought forth, can turn on us in some way and destroy us from within.

The idea of a powerful inner force that can either save or destroy recalls the paradoxical qualities of the Self. Perhaps here we begin to touch on the experience of the "ethical claim" that so often accompanies numinous dreams. One feels it is not enough simply to remember the dream and find it to be "interesting", nor even to work at understanding its so-called "message", but that the dream challenges us to *incorporate* it into the fiber of our being and the structure of our lives, to *embody* it in a way that carries the force, direction, intelligence and quality of the dream images. When one is challenged by a dream in this way, one often feels that *not to respond* is to put oneself at risk.

We are invited, then, to enter into a *relationship* with a creative inner factor which is beyond the ego but which the ego must somehow express or formulate. We can imagine such a creative power as potentially active in each of us, pressing outward for expression and capable of assuming endless varieties of forms. It seems to be something in-born, autonomous, trans-personal and trans-temporal. It is ours-but-not-ours. Jung points to something like this when he says: "Become the person you have always been."

Conscious participation in this process may involve considerable sacrifice on the part of the ego. The natural tension between conscious and unconscious has to be endured as unconscious contents are encountered and acknowledged, accepted, challenged and in some form assimilated. The humbling effects of this are well known to anyone who has gone through the "hot bath" of analysis. What Jung called "inflation" and "deflation" are the inevitable extremes of this process. But if one can maintain the middle ground and not fall into over- or under-valuation of either side (ego or unconscious), the soul may open to the redemptive power of this creative inner factor. One's life and suffering take on new dimensions of meaning with the awareness that one is carrying the burden not only of personal deficiencies, potentials and longings -- but also of the transpersonal deficiencies, potentials, and longings of the ego.

Non-profit Org.
U.S. POSTAGE
PAID
Permit No. 1820
Seattle, WA

C.G. Jung Society
P.O. Box 31067
Seattle, WA 98103

Our essayist, PACO MITCHELL, is a Jungian therapist in private practice in Port Townsend. He also maintains an art studio where he casts bronze sculptures by the ancient lost-wax casting process. He is especially interested in the creative challenges inherent in soul-work.

CORNISH COLLEGE OF THE ARTS: Cornish-North Location

.....
The Cornish-North location of Cornish College of the Arts is at 1501 Tenth Avenue East, just north of St. Mark's Cathedral. Park behind Cornish-North ... Take the driveway between St. Mark's and Cornish (a red brick building), then turn right at the end of the building through the brick arch. The back door off the lot will be open. There is a bus shelter in front of St. Mark's and easy access from downtown and the University District, by way of Broadway/Tenth Avenue.

SOCIETY LIBRARY: Cornish-South Location

.....
The Society Library is located at 723 Harvard Street East in Administration Building I. The librarian may be reached through the main switchboard at 323-1400 (ask for the President's Office). Hours are Monday, Wednesday and Friday from 2:00 to 4:00 pm; and Saturday from 12:30 to 4:30 pm. If you wish to volunteer, return overdue materials, make donations, or have questions, call Sophia Torelli at 937-3731.