

ForeShadowings

Newsletter of the
C. G. Jung Society, Seattle

Spring 1988



This is the last issue of *ForeShadowings* this year. I would like to direct your attention to several important points. First, there is both a date and location change for Dr. James Hall's lecture and workshop in April. The date is one week later than originally announced in earlier editions of the newsletter. Also, we are always looking for optimal locations for our events; please note that we will be using Kane Hall 210, just upstairs from our usual lecture location. Dr. Hall's workshop will be at the University Unitarian church instead of the Burke Museum, as a noisy exhibit will be on display by that time. Directions to the church are printed on the last page.

Our annual member's meeting is scheduled for May 22, 1988. Details follow on page 4.

We hope that you have enjoyed the events scheduled this year, and found them to be intellectually stimulating as well as applicable in your daily lives.

Paul Hamilton, Editor

Board of Directors

Society Officers:

President	William H. Levy, M.D.
Vice President	Celia Hartley
Treasurer	Bunny Brown
Recording Secretary	Diane Bender

Committee Chairs:

Development	Mardonna Austin-McKillop
Education	Celia Hartley
Hospitality/Facilities	Carol Dunsmoor
Library	Betty Joram, M.Ed.
Membership	Diane Bogue
Newsletter	Paul Hamilton
Program	David Hufford, M.A.
Publicity	Joe Breznau

Advisory Board:

Nancy Alvord
Louise Bode, M.A.
Russell Lockhart, Ph.D.
Sally Parks, M.S.W.
William Willeford, Ph.D.

ForeShadowings is published three times a year by the C. G. Jung Society, Seattle, a non-profit educational corporation since 1972. The purpose of the Society is to promote the interest in, and understanding of, analytical psychology through lectures, seminars, study groups, and maintaining a library. Programs are directed toward the general public.

The mailing address for the Society is: P.O. Box 31067, Seattle, WA 98103. See page 5 for the fee structure.

For information call the Society Answering Service at (206) 525-3487.

Newsletter Editor (for submissions only):

Paul Hamilton
1535 145th PL SE J-12
Bellevue WA 98007

The deadline for contributions to the Fall 1988 Issue is July 1, 1988.

Events Sponsored by the Program Committee

Masculine and Feminine: Inner and Outer Aspects

This lecture/workshop series presented by distinguished Jungian analysts concludes with the Spring session.

The speakers have considered the influence of archetypal elements in guiding the development of men and women; the inner woman (*anima*) in men, the inner male (*animus*) in women. Finally, we shall discuss the reciprocal influence of these elements in the individual and the culture.

Presented by: James A. Hall, M.D.

Lecture: Masculinity and Femininity: A Survey

April 22, 1988 7:30 P.M. Kane Hall Room 210

(this is upstairs from our regular room)

\$5.00 for members, students, seniors / \$7.00 non-members 1.5 CMEI credits applied for

What can we conclude about masculinity and femininity? In pulling together the themes from the lecture series, Dr. Hall will focus on the *anima/animus*, the contrasexual 'soul' images in the psyche. The lecture will examine the sexual and contrasexual images in Jung's view of the psyche, together with their application in analysis and in everyday life.

Workshop: A Dream Workshop: The Imagery of *Coniunctio*

April 23, 1988 10:00 A.M. — 4:00 P.M.

University Unitarian Church Social Hall (Main entrance)

\$40.00 members \$50.00 non-members 4.5 CMEI credits applied for
advanced enrollment recommended

Dreams are a significant part of life: both the actual time spent in dreaming, and the window dreams allow on the deeper processes of the psyche. The workshop will focus both on Jungian dream interpretation and upon the particular imagery of *coniunctio* as the alchemical operation most related to individuation and to personal relationship. No specialized knowledge of Jungian theory will be required for full participation. Types of dreams will be discussed, but no personal dream interpretation will be done in a public setting.

Presented by: James A. Hall, M.D.

Dr. Hall is a psychiatrist and Jungian analyst trained in Aurich, Switzerland, and was a founding member and first president of the Inter-Regional Society of Jungian Analysts and the C. G. Jung Society of Dallas. He is author of Clinical Uses of Dreams: Jungian Interpretations and Enactments, Jungian Dream Interpretation, and The Jungian Experience. He is Clinical Associate Professor of Psychiatry at the University of Texas Health Science Center at Dallas.

Cornish Seminars

The Education Committee presents a program each year. The seminars are kept small to facilitate informal discussion and permit an open dialogue. Unless otherwise noted, events are held at the Cornish North facilities on Monday nights at 7:30 P.M. Events are open to the general public, and cost \$3.00 for members and non-members unless otherwise noted.

Presented by: Edith Sullwold, Ph.D.

Workshop: The Reality of the Child's Psyche

April 9, 1988 10:00 A.M. — 5:00 P.M. at Cornish North 'Deli'

\$40.00 for members/ \$50.00 for non-members

advance enrollment suggested

This workshop will focus on the creative aspects of the psyche as it expresses itself in children. Understanding the power of such inner force for growth and healing gives hope to children who may be in emotional distress due to internal, family, school, or cultural issues. The presentation will be both theoretical and experiential, with an emphasis on illustrative material from children. There will also be an opportunity for mutual sharing of experience with children.

Presented by: Edith Sullwold, Ph.D.

Dr. Sullwold founded the Hilde Kirsch Children's Center at the C. G. Jung Institute of Los Angeles. A graduate of the University of Chicago, she helped found the Center for Healing Arts in Los Angeles, and was Director of Turning Point, a professional group working with children with serious illness. She now teaches and supervises therapists in various parts of the United States and Europe. As well as being a teacher and therapist, Dr. Sullwold is an author, contributing "The Ritual-Maker Within at Adolescence" to a volume edited by Louise Mahdi, Betwixt and Between: Patterns of Masculine and Feminine Initiation (available in the Society's library.)

Facilitated by: Bette Joram, M.Ed.

A Dream Seminar

four alternate Monday evenings, April 11 — May 23, 1988

7:30 P.M. at Cornish North

\$3.00 per session for members and non-members — \$9.00 advance registration

"Dreams draw on a larger night than that of our sleep. The arcadias and the monsters, the zodiacs and emblems from which they construe their logic are at once private — inwoven in the irreducible fabric of the self — and collective." George Steiner

This seminar series will explore tools for the study and exploration of one's dreams from a classical Jungian perspective.

The series will be facilitated by Bette Joram, M.Ed., a therapist in private practice in Seattle. Her therapeutic orientation is Jungian, in which she explores archetypes and dreams within the context of the individual.

Cornish Seminars, continued

Presented by: William Levy, M.D.

Seminar: Psychological Types

Six Monday evenings, June 13 — August 22, 1988

7:30 P.M. at Cornish North

\$3.00 for members & non-members / \$15.00 advance registration

This seminar will attempt to provide an in-depth view of Jung's concept of psychological types. The general theory of types will be discussed and participants given the opportunity to take a self-scored test to help determine their own type. Each of the eight types will be discussed, with participants given the opportunity to share what it is like to experience their particular type.

Presented by: William Levy, M.D.

Dr. Levy is a Jungian oriented psychiatrist in private practice in Seattle. He is board certified by the American Board of Psychiatry and Neurology in Psychiatry and has had training in both the Southern California Psychoanalytic Institute and the C. G. Jung Institute in Los Angeles. He is on the clinical faculty of the UCLA School of Medicine. Dr. Levy is currently the president of the C. G. Jung Society, Seattle.

Announcing our Annual Dinner Meeting of Society Members

Sunday, May 22, 1988

University Unitarian Church, 6556 35th Ave. NE, Seattle

Please reserve this evening on your calendars! We will enjoy a potluck dinner, followed by the election of officers for the next year. Invitations will be mailed out to all members in early May with further details.

In the Collective:

(Other Events of Interest)

Presented by: James L. Jarrett

Lecture/Seminar: Jung and Nietzsche

Lecture: April 8, 1988 7:30 P.M. \$10.00

Seminar: April 9, 1988 10:00 A.M. — 5:00 P.M.

\$45.00 (\$35.00 members of the C. G. Jung Society,
full time students, seniors)

also upcoming:

Lecture/Seminar by Verna Kast,

Jungian analyst from Zurich

September 9 & 10, 1988

for further information call

Seminars Northwest at 285-1111

Presented by: Virginia Hoyte, M.A.

(Jungian/Psychoanalysis therapist)

Lecture: Healing the Mother/Daughter Relationship

May 1, 1988 7:30 P.M.

University Unitarian Church (Solo Series)

\$4.00 at the door

for further information call 522-3502

**C. G. Jung Society, Seattle
Registration Sheet — Spring 1988**

Make checks payable to:

C.G. Jung Society, Seattle
P.O. Box 31067
Seattle, WA 98103

I enclose \$ _____ for enrollment in the following (please check):

Please charge to my VISA MasterCard \$ _____ for enrollment in the following (please check):

Expiration date: _____ Signature _____

Name: _____ Address _____

Program Lecture:

\$5.00 for members, \$7.00 for non-members

Hall: Masculinity and Femininity (4/22/88)

Program Workshop:

\$40.00 members, \$50.00 non-members

Hall: A Dream Workshop (4/23/88)

Educational Seminars:

Dream Seminar

\$3.00 each, members and non-members

Evening 1 (4/11/88)

Evening 2 (4/25/88)

Evening 3 (5/9/88)

Evening 4 (5/23/88)

or, series price, \$9.00

All four evenings

Educational Seminars:

Psychological Types Series

\$3.00 each, members and non-members

Evening 1 (6/13/88)

Evening 2 (6/27/88)

Evening 3 (7/11/88)

Evening 4 (7/25/88)

Evening 5 (8/1/88)

Evening 6 (8/22/88)

or, series price, \$15.00

All six evenings

Other events:

\$40.00 members/ \$50.00 non-members

Sullwold: Reality of Child's Psyche (4/9/88)

Membership / Mailing List:

- | | |
|---|---------|
| <input type="checkbox"/> Sustaining member | \$75.00 |
| <input type="checkbox"/> Contributing member | \$50.00 |
| <input type="checkbox"/> Individual member | \$25.00 |
| <input type="checkbox"/> Couple (same address) | \$40.00 |
| <input type="checkbox"/> Student / Senior / Low income member | \$15.00 |
| <input type="checkbox"/> Mailing List ONLY (no membership) | \$3.00 |

What is an Angel?

The idea of the angel has a long history in human affairs, but as with most of the sacred images of our tradition, our tendency to literalize and concretize these images has had a "hardening" effect on them. The angel falls from the imagination from sheer weight, and we lose the symbolic sense of what must have been real and convincing experience at one time.

During the last fifteen years the question of the angel has re-asserted itself as a concern of mine. In my therapy practice, in dreams, in synchronistic events, in the sculpture studio, and as a flamenco guitarist, the cumulative impact of many experiences has forced me to recover the angel as a living psychic reality, a necessary feature of the soul, and a crucial factor in individuation.

So what is an angel? Let's start with the traditional image of a human being with wings. It lives with God and does His bidding for Him, exists in large numbers ('multitudes'), and can appear to humans both as messenger from the divine realm and as participant in human affairs.

Psychologically, the image of human body and animal wings suggests a fusion of two levels of being simultaneously, the animal-instinctual and the human-cultural realms meeting and sharing a moment of immediate presence. Jung may have been referring to something like this in Psychological Types (CW VI, paragraph 174) when he speaks of 'creative fantasy'. Wings also denote a spiritual function: whatever is winged transcends ego consciousness. (Jung's paper on

The Transcendent Function may be relevant here.) When an angel 'appears' to a human being, a transcendent factor from the archetypal ('heavenly') realm has manifested at the threshold of ego consciousness. It is an agent of the Self (= God). Furthermore, it has a message for the ego (our word 'angel' derives from the Greek word *angelos* = messenger), thus serving as a communicative link between ego and Self, man and God.

Taken in this light, as a moment of contact between archetypal contents/energies and the ego, it is a matter of no small importance whether the ego is strong enough to withstand the 'messengers', let alone register the event in memory, 'hear' the message and translate it into human terms, and carry out the implications within one's life. We have only to recall Job's struggle with the angel and his subsequent injury to remind ourselves that an encounter with archetypal energy is not exactly a picnic. Jung refers to it as a 'bare-knuckled' event.

On the other hand, the angel that appears in dreams, for example, often carries the healing possibility, the link to the Self that would ease the neurotic disunion. Ironically it is an animal that appears, sometimes a human, sometimes it transforms from one into the other. When one is too impressed with one's own fear the dream-figure seems even more menacing. Too often the outcome is to flee or even try to kill the threatening image. The dreamer would rather kill the messenger than hear from the Other.

If we can let the image speak, however, it may transform to reveal deeper aspects of its nature and, surprisingly, its need. It challenges us and

makes demands precisely because it needs something from us. William Blake hints at this need when he says: "Eternity is in love with the productions of Time." Henri Corbin refers to the 'angel of individuation', telling us that the angel's individuation comes first, *then* ours. And in Answer to Job, Jung stresses the crucial role of human consciousness in the divine drama, saying in effect that God needs man in order to evolve.

The angel can be seen as an expression of God's need to individuate, as it were, through contact with human consciousness. It is part of the self-regulating tendency with the individuating psyche, a necessary communication among parts of a whole, a glimpse of the spirit of the whole. It occurs at the imaginal level of the human-animal soul, whether as inward vision or outer synchronistic event. To carry an awareness of this level of psychic reality and to respond to it in some appropriate manner may well be a crucial task, not only for the fate of the individual but possibly at collective levels of human life as well. Blake call it 'winged life.' Our lives may well depend on its well-being.

An member essay contributed by Paco Mitchell, M.A.

C.G. Jung Society, Seattle — Calendar of Events Spring 1988

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April 3	4	5	6	7	8	9 Sullwold workshop
10	11 Dreams	12	13	14	15	16
17	18	19	20	21	22 Hall lecture	23 Hall workshop
24	25 Dreams	26	27	28	29	30
May 1	2	3	4	5	6	7
8	9 Dreams	10	11	12	13	14
15	16	17	18	19	20	21
22 Annual Meeting	23 Dreams	24	25	26	27	28
29	30	31	June 1	2	3	4
5	6	7	8	9	10	11
12	13 Types	14	15	16	17	18
19	20	21	22	23	24	25
26	27 Types	28	29	30	July 1	2
3	4 Holiday	5	6	7	8	9
10	11 Types	12	13	14	15	16
17	18	19	20	21	22	23
24	25 Types	26	27	28	29	30
31	August 1	2	3	4	5	6
7	8 Types	9	10	11	12	13
14	15	16	17	18	19	20
21	22 Types	23	24	25	26	27

ADDRESS CORRECTION REQUESTED

NON-PROFIT ORG.
U.S. POSTAGE
PAID
PERMIT NO. 1820
SEATTLE, WA

C. G. Jung Society
P.O. Box 31067
Seattle, WA 98103

Cornish College of the Arts: Cornish-North Location

The Cornish-North location of Cornish College of the Arts is located at 1501 Tenth Avenue East, just north of St. Mark's Cathedral. Park behind Cornish-North and take the driveway between St. Mark's and Cornish (a red brick building), then turn right at the end of the building through the brick arch. The back door opening onto the parking lot will be open. There is a bus shelter in front of St. Mark's and easy access from downtown and the University District by way of Broadway/Tenth Avenue.

Society Library: Cornish-South Location

The Society Library is located at 723 Harvard Street East in Administration Building I. The librarian may be reached through the main switchboard at 323-1400 (ask for the President's Office.) Hours are Monday, Wednesday, and Friday from 2:00 to 4:00 P.M., and Saturday from 12:30 to 4:30 P.M. If you wish to volunteer, return overdue materials, make donations, or have any questions, call the Society Librarian Bette Joram at 937-6830.

University Unitarian Church 6556 35th Ave. NE Seattle

Take the NE 45th Street exit from I-5; go east to Union Bay intersection (about 5 streets); go left up a slight grade under a railroad trestle (35th NW); then proceed north to 6556. Ample parking is usually available in the church lot and on the street.