

C. G. Jung Society of Seattle

NEWSLETTER

Fall 1988



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Published three times a year by the C. G. Jung Society, Seattle, a non-profit educational corporation since 1972. The purpose of the Society is to promote the interest in and an understanding of analytical psychology through lectures, seminars, study groups, and the maintenance of a library. Programs are aimed toward the general public.

The mailing address for the Society is: P.O. Box 19243
Seattle, WA 98109

For information call the Society Answering Service at (206) 525-3487.

BOOK REVIEW

When the Spirits Come Back

By Janet Dallett,
Ph.D.

Janet Dallett's *When the Spirits Come Back* is a remarkably well written and courageously candid book. Dr. Dallett opens her soul to us. She shares with us the rich deep inner world of a wise and creative healing spirit. If you have ever wondered what sort of things go on inside a

Jungian analyst while one is working, this book will tell you. It should be required reading for all persons even remotely interested in inner psychological work regardless of their frame of reference.

The subject of *When the Spirits Come Back* is shamanic psychological healing. This ancient therapeutic process is laid open to us through the authors weaving of case examples, her own dreams and visions, syn-

HOLIDAY PARTY

SUNDAY, JANUARY 8, 1989

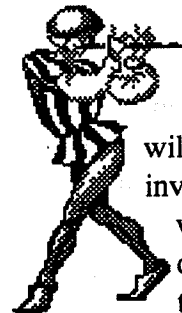
5:00 pm TO 9:00 pm

Society members mark your calendars for our festive Holiday Party!

The event will be held at a Lake Washington home filled with wonderful art and, of course, good company. Bring your special *hors d'oeuvres*, desserts, or finger food creations and share in the



spirit of this time of year. All beverages provided.



Society members will receive a personal invitation in December with the location and other exciting details.

PARTY
PARTY
PARTY

(Continued on page 5)

THE C.G. JUNG SOCIETY, SEATTLE
presents
A LECTURE AND WORKSHOP
with
JANET O. DALLETT, Ph.D

LECTURE

Shaman, Artist, Lunatic, Thief:
Reflections on the Depth
Psychology of Creativity

Friday, September 23, 1988
Cornish North 7:30 pm
1501 10th Avenue East
\$5 members - \$7 non-members

"I will discuss some aspects of my own writing process, and present an expanded version of *Shaman, Artist, Lunatic, Thief*, reflections upon the depth psychology of creativity. My experience as a creative person and a Jungian analyst suggests that creativity inevitably threatens established order, both within the individual and in his or her culture, and that creative, shamanic, and psychotic processes have a great deal in common. Unlived creative life passes from parent to child "unto the third and fourth generation," until someone becomes conscious enough to redeem it. An unpublished addendum to the original paper raises some questions about the effect of Jung's personal idiosyncrasies when they are raised to the status of archetypes by the collective psyche of Jungianisms."

WORKSHOP

When the Spirits Come Back

Saturday September 24, 1988
Cornish North 10am to 3pm
1501 10th Avenue East

\$40 members/pre-registration
\$50 non members

The workshop is for people who have read *When the Spirits Come Back*. Participants are urged to write and bring to the workshop the questions, comments, disagreements, and elaborations that come up while reading the book or upon later reflection. These will provide a basis for the discussion.

About the book: In this unusual book, a Jungian analyst examines herself, her profession and the limitations of prevailing attitudes towards mental disturbance. Interweaving her own story with descriptions of those who come to her for help, the author details her rediscovery of the integrity of the healing process and the realization of her own shamanic gifts.

ABOUT
JANET DALLETT

Janet O. Dallett, Ph.D., is a graduate and member of the C. G. Jung Institute in Los Angeles, where she taught for many years and was Director of Training from 1976 to 1978. Her doctorate in psychology is from UCLA. In addition to *When the Spirits Come Back* she is the author of *Midnight's Daughter: First Poems* (The Lockhart Press, 1983). Her articles have appeared in psychology journals as well as *Whole Earth Review*, *Free Spirit* and *Voices: The Art and Science of Psychotherapy*. She lives, writes, and practices Jungian analysis in the Pacific Northwest.

ANNUAL MEMBERSHIP
MEETING

Our Annual Membership Meeting was held at the University Unitarian Church on May 22. We had a social hour prior to the dinner and meeting and updated catalogs of the library were made available to all.

For the dinner, turkey and roast beef were provided by the Society and the members offered unique salads and a wonderful array of desserts.

Nancy Alvord presented Dr. Bill Willeford with a gift of appreciation from the Society for his years of service and support. The new Board Members were unanimously elected for the upcoming year (see page 1 for their names).

Presented by:
John Radecki
**Individuation and
The
Kundalini Chakra
System**

Saturday, October 15, 1988
Cornish North 10am-3pm
\$40 members/pre-registration
\$50 non-members

Individuation, or the emergence of the Self in the individual, if understood as a compensatory movement in the psyche in response to the crisis of modern times, offers a path, a goal of life that can fill one's life with meaning.

Such movement requires some helpful collective images which can serve as guideposts to the individual. Jung discovered alchemy, myths and fairytales were such guides, expressed in terms of our Western heritage. But he also 'journeyed' to the East and discovered that the spiritual traditions there had amazing parallels to our own.

The purpose of this seminar is to explore one such tradition of the East - The Kundalini. I hope to show how this esoteric system of images can lend tremendous richness to the journey of individuation.

In the morning I will examine the images of the Kundalini system and show their relevance to the process of individuation. In

the afternoon we will explore some modern dreams and show how the Kundalini system can be a useful amplification to the dream.

John Radecki lives in Kirkland where he has a private practice. He has travelled to and lived in different parts of the world including Australia and India. Much of what he will speak about in this seminar is the fruit of such journeys.

Conference
Organized by:
Randy Morris, Ph.D.
**Working With
Children and
Aggression in a
Jungian Way**

Saturday, October 29, 1988
Cornish North 10am-4pm
\$40 members/pre-registration
\$50 non-members

This is the third of a series of conferences designed for people who are interested in working with children in a Jungian way. Following our initial conference last fall and the spring workshop with Edith Sullwold on "The Reality of the Child's Psyche", the theme of this conference is children and aggression.

What is aggression? What does the spontaneous speech of the psyche have to say about it? How may our knowledge of psyche bring healing to aggression and violence between chil-

dren, against children and among our intra-psychic children? Is it possible to re-mythologize a view of aggression honoring psyche?

Presenters include experienced child therapists from throughout the Northwest who are working in a variety of clinical and community settings.

Randy Morris is on the faculty at Antioch University and is a Jungian therapist in Seattle.

CORNISH NORTH

Our educational classroom at Cornish North is in the process of renovation. In addition to more aesthetic surroundings, we will have a small space in which to store some of our more popular library materials, making them readily available to our active membership. Please bear with us and any inconvenience this may cause.

Call for Assistance

We would like to reach more of the community and inform students at various schools what events and seminars are being presented by the society. With this in mind, we are requesting that anyone interested in posting small handbills (8.5 x 11) on any campus in the Greater Seattle area please call Diane Bender at either of these phone numbers: Home: 527-1977 or Work: 223-5028.

Presentation by

Kenji Okumo

Without Law,

Without Heaven

Monday October 10, 1988

Cornish North 7:30pm

\$3.00 members at the door

\$5.00 non-members

Kenji Okumo presents "Without Law, Without Heaven," a twenty minute computer digital animation video about the Cultural Revolution, Mao Tse Tung, and Jiang Chiang. This video was originally part of a multimedia performance piece created by Norman Durkee and Ping Chong for Performa 1987 and presented at the On the Boards Theater in Seattle.

Working without a script, intuition proved to be a powerful means of communicating concepts and directions for the story, a unifying force in the whole creative process.

Come and share ideas about the creative process - how the interplay of different functions drive us to create.

Kenji is a sculptor who has worked in other forms of expression including photography, graphic design, and video production. He has worked as an artist since graduating in 1967 from the Art Center College of Design in Los Angeles. Kenji now calls Seattle home.

Presentation by

Dean Brooks, M.D.

A Bushel of Shoes

Monday November 14, 1988

Cornish North 7:30pm

\$3.00 members at the door

\$5.00 non-members

Doctor Brooks will discuss dehumanization and the institutional career. His experience as Superintendent of the Oregon State Hospital from 1955 to 1982 just begins to tell his story. His unusual efforts to humanize "The System" include taking 51 chronic mental patients on a 16 day wilderness experience and being Technical Adviser for the film "One Flew Over the Cuckoo's Nest, which he also acted in (ed. note... Be sure to ask him to talk about his experiences with Jack Nicholson. Dean loves to talk about that.) Dr. Brooks is now retired and living in Washington.

HALLOWEEN PARTY

Saturday, October 29

Cornish North 8:00 pm

Potiuck & Costume

Let's play together on Halloween! Bring your favorite *hors d'oeuvres*. Beverages provided. Free to members and their invited guests. Come as your shadow or favorite archetype. Be a myth in your own time or come as you are.

Presentation by

Paco Mitchell M.A.

The Angel's Demand

Monday December 12, 1988

Cornish North 7:30pm

\$3.00 members at the door

\$5.00 non-members

The luminous work of Henri Corbin is a profound meditation on several Islamic visionaries of 10th and 12th century Iran. These mystics devised subtle "angelological" systems to accord with their inner experiences. Their insights into the nature of angels are not merely historical curiosities for, as Corbin reminds us, the world to which they refer is timeless and ever present. It is the *mundos imaginalis* to which Jung's work opens the doors in this century. Our discussion will be based on a few of these insights, with particular attention given to their relevance for the therapeutic process.

Paco Mitchell is a Jungian therapist in private practice in Port Townsend.



**C. G. Jung Society, Seattle
Registration Sheet --Fall 1988**

Make checks payable to: C. G. Jung Society, Seattle
P.O. Box 19243
Seattle, WA 98109

Feel free to Xerox this form if
you'd prefer not to cut it out.

I enclose \$ _____ for enrollment in the following (please check)

- | | | | | |
|--|-------|-------|--|------|
| <input type="checkbox"/> Dallett Lecture | 9/23 | \$5 | <input type="checkbox"/> Sustaining member | \$75 |
| <input type="checkbox"/> Dallett Workshop | 9/24 | \$40* | <input type="checkbox"/> Contributing member | \$50 |
| <input type="checkbox"/> Radecki Seminar | 10/15 | \$40* | <input type="checkbox"/> Individual member | \$25 |
| <input type="checkbox"/> Morris Conference | 10/29 | \$40* | <input type="checkbox"/> Couple (same address) | \$40 |
| | | | <input type="checkbox"/> Student/Senior | \$15 |
| | | | <input type="checkbox"/> Mailing List ONLY | \$ 5 |
- *This is the pre-registration fee for both members and non-members.

Charge my Visa MC \$ _____ Number _____ Exp. date _____

Comments _____

**Book Review
Continued from
page 1
When the Spirits
Come Back
By Janet Dallett,
Ph.D.**

chronicities, myths, and reflections.

She sees therapy as a linking of the psyches of both the therapist and the patient for the purpose of healing both. This is followed by a dynamic process

during which the therapist's wounds are opened and healed repeatedly at progressively deeper levels. If a therapist were to try to cut himself off from his vulnerability he would lose his effectiveness and could even cause harm. This is contrasted with the more traditional approach where the "healthy" therapist treats the "sick" patient.

Janet Dallett describes her book in the preface as being like a meal of rich cornbread. This image comes from one of her dreams and is as humble as the

person I know her to be. She welcomes us to her house and invites us to enjoy the meal. Cornbread was never like this. Years ago I dreamed I was sipping a truly fine scotch whiskey — in the dream it had the most delicious taste I had ever experienced (not at all like whiskey). I awoke from that dream with this luscious exquisite taste in my mouth and it remained present for several weeks. This "cornbread" also lingers and reminds me of my scotch.

By William H. Levy, M.D.

Sensation and Intuition

There are those who are like trees.

Roots sunk deep, grasping the very earth and spreading wider to grasp more.

Nearly a part of the earth. Knowing every rock for having curled a root around it.

They savor small things, for all they are hulking, clumsy creatures. Bound to their few yards of soil, they notice the seasons, little shifts of wind, the worm passing by beneath. They have time to observe. Also consider: one can comprehend a limited world.

Trees don't travel, they grow.

Trees have the power of steady purpose; adding cell to cell, they crack granite.

Time is measured in centuries, weight by the ton.


Trees also want to see into the next valley, beyond the present horizon. They can do it (maybe) by growing high enough to peer over the ridge, but the next ridge will only block the view again.

They can think about flying, but they know death surely follows uprooting. Besides, they wouldn't do it if they could; not their nature, you see.

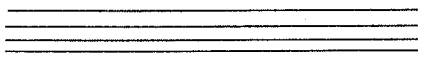
So much time to think, to see. But where to take the knowledge if you're stuck fast? Look at the far mountains: see the routes, but know that your roots hold you fast.

So their sorrow is that they are stately, wise, and as close to

September 1988						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	Janet Dallet Lecture 23	Janet Dallet Workshop 24
25	26	27	28	29	30	

October 1988						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	Kenji Okuma Presentation 10	11	12	13	14	John Radecki Chakras 15
16	17	18	19	20	21	22
23	24	25	26	27	28	Randy Morris Conference PARTY 29
30	 31					

*immortal as anyone needs to be,
But for all they are intimate with the world, know and love it, they'll never get to see it.*




There are those who are like the little spiders a grade school teacher told us about. They cross oceans and continents on magic carpets woven of their own silk web.

Wafted aloft on the wind, what marvelous things they see

November 1988

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	Dean Brooks "A Bushel of Shoes" 14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 1988

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	Paco Mitchell "The Angel's Demand" 12	13	14	15	16	17
18	19	20	21	22	23	24
 25	26	27	28	29	30	31

— oceans, mountains, plains
pass below. Weather
changes beneath them.
Life goes on down there — cities,
wilderness, people of all
kinds — they float over it
all.
Little fey arachnids. Free, they

are something between life
and wind. What a shame,
they think, to be alive in
such a beautiful world and
not see all this!
But do they see? Floating over
continents and oceans, high
in the air over millions of

people, billions of animals,
forests, deserts — the whole
planet— do they see?

Or are they as foam is to water?
Airy, frothy, shining, lovely,
free. Insubstantial, transi-
tory, a chimera of life. A
triumph of foam over sub-
stance.

If that is what they are, flighty
little multi-legged things,
then their sorrow is that they
see such wonders, the world
as smorgasbord, but never
possess, nor really experi-
ence, nor belong.

By Cebe Wallace

Untitled

I

I know your rock
has hands
their worlds
glide cross
silver
and shine it
to a mirror

II

I feel
your teardrops
they moisten me
to soft-mind

My Life

my life
became
an envelope
held
sealed
something
sacred
alive
within

Poems by Diane Kumfermann

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Cornish College of the Arts: Cornish-North Location

The Cornish-North location of Cornish College of the Arts is located at 1501 Tenth Avenue East, just north of St. Mark's Cathedral. To park behind Cornish-North take the driveway between St. Mark's and Cornish (a red brick building), then turn right at the end of the building through the brick arch. The back door opening onto the parking lot will be open. There is a bus shelter in front of St. Mark's and easy access from downtown and the University District by way of Broadway/Tenth Avenue.

Society Library: Cornish-South Location

The main collection of the Society Library is located at 723 Harvard Street East in Administration Building I. A small collection will be available in the classroom at Cornish North to be used coincident with scheduled events. The librarian may be reached through the main switchboard at 323-1400 (ask for the President's Office.) Hours are Monday, Wednesday, and Friday from 2:00 PM to 4:00 PM, and Saturday from 12:30 to 4:30 PM. If you wish to volunteer, return overdue materials, make donations, or have any questions, call the Society Librarian, Bette Joram at 937-6830.