



SPRING 1996 NEWSLETTER

Jung & Community

In May of 1941, Jung was asked for his observations on the effects of wartime conditions in Switzerland. In part, his response reads:

*If a man is capable of leading a responsible life himself,
then he is also conscious of his duties to the community.*

From the *Collected Works*, volume 18, paragraph 1351.

Series Keynote

Allan Chinen, M.D.

Society of the Self and the Self of Society: Fairy Tales, Dreams, & Deep Community

Most fairy tales and dreams focus on one or two individuals, and Jungian interpretations usually emphasize the psychology of individuals and the tasks of individuation. A distinct set of fairy tales and dreams, however, involves a *group* of protagonists, and highlights archetypes of community and collaboration. These dramas offer important models not just for society, but also of the Self: the Self is a community, a society, composed of many conflicting complexes, desires, needs, and structures. Conversely, groups and communities have an underlying unity, a self of society, so to say. Folktales about cooperation are most common from aboriginal, pre-patriarchal cultures, suggesting that archetypes of community are archaic, and arise from hidden, often-forgotten levels of the unconscious—from deep community.

The lecture will present several fairy tales and dreams focused on images of community, and discuss the personal and cultural applications of these archetypes, exploring the society of the Self, and the Self of society. The workshop will introduce further stories and dreams, as well as exercises in visualization and writing. The goal is to experience, and not merely talk about, the community of Self and selves. Workshop participants should bring paper and a writing instrument.

Allan B. Chinen, M.D. is Associate Clinical Professor at the University of California-San Francisco School of Medicine, in private practice, and the author of *Waking the World, Beyond the Hero, Once Upon a Midlife*, and *In the Ever After*.

April 12 & 13

Friday Lecture
7:30 to 9:30 PM
University
Unitarian Church
Sanctuary, 6556
35th Ave. N.E.,
Seattle

Fees:
\$10 members
\$12 non-members

Saturday Workshop
10:00 AM - 2:00 PM
Good Shepherd
Center, Room 204

Fees:
\$30 members
\$40 non-members
\$25 student/senior
members
\$35 student/senior
non-members

The Community as Mirror

April 26

Friday Lecture
7:30 to 9:30 PM
Good Shepherd
Center, Room 202

Fees:
\$10 members
\$12 non-members

Carl Robinson

Relationships: Agent of Growth for Self & Community

The individuation process is an individual endeavor but not a process conducted nor perhaps best pursued in isolation. To live humanly with each other is exciting, challenging and often a struggle. The difficulties, fears, attractions and joys that relationships evoke are grist for our personal mill. By viewing relationships as teachers and mirrors we learn about ourselves. When appreciated in this manner, relationships can become agents in our individuation process. A natural outgrowth of approaching relationships as teachers and mirrors to one's self is the development of appreciation, concern and empathy for others. These are qualities essential to relationship-building, whether intimate, work, or social.

In this lecture we will explore community, family and the nature of relationships in greater depth and look more closely at how we can view our relationships as agents for personal development and ultimately the growth of the greater community. We will explore some typical areas of difficulty that people experience in relation to family and community. We will also discuss ways one can more effectively come to terms with and navigate through the often turbulent waters of relationship.

Carl Robinson, Ph.D. is a licensed psychologist with a private practice in Seattle. He has been involved in the field of psychology for over twenty years. As a Jungian therapist and as a founding member of the Jungian Psychotherapists Association he works with individuals, couples and organizations. One of his passions has been working with people about the nature of relationships and he lectures frequently on this subject in a variety of venues.

The Herd Instinct

Kimbrough Besheer

Family, Cult & Community: A Jungian Perspective on the Tribal Unconscious

May 10

Friday Lecture
7:30 to 9:30 PM
Good Shepherd
Center, Room 202

Fees:
\$10 members
\$12 non-members

This lecture will explore the tribal unconscious: that aspect of the collective unconscious that contains elements of family and community and has at its primal center the cult, the embryonic core of religion. Jung was wary of all modern collective movements because of their tendency to sweep away religiously unrooted modern people, as seen most especially in Fascism and Communism.

The human tendency to join mass movements and experience the *participation mystique* of a Grateful Dead concert, a high Mass, or an evening with one's guru can be a rich and rewarding event—but these sorts of experience can also contain the potential for psychological disaster. What follows from the theory of the collective unconscious is the idea that being human means fulfilling the archetypal intent of being in a community with what has been historically called a *religious feeling* at its center. But what are the dangers and benefits?

From a psychological perspective, this lecture will attempt to examine how we can identify the basic structures, personalities and dynamics that mark the *cultus*, the embryonic beginning of a movement, and how its development can work for and against the individuation of its members.

Kimrough A. Besheer, M.Div. spent four years living in a religious community. He is now a Jungian analyst in private practice on Mercer Island. He is a Diplomate of the C.G. Jung Institute of Zurich, an Episcopal priest, a member of Jungian Analysts•North Pacific, and serves on the board of The North Pacific Institute for Analytical Psychology.

IN MEMORIAM

At the annual Twelfth Night celebration of the C.G. Jung Society at the home of Buster and Nancy Alvord, Traudl and Al Selves were among the first to arrive. They sat on one of the living room sofas and greeted new arrivals. Traudl looked radiant in her black dress. Several guests exchanged greetings with her. Traudl shared that she had been struggling lately with asthma, but was doing all right.

On January 9, 1996, two days later, Traudl did not survive her last asthma attack. Upon hearing of her death, her many friends from the Jung Society were shocked.

Traudl was a long-time supporter and volunteer of the Jung Society. She served as recording secretary from September 1991 to May 1994. During the last two years she assisted Diane Bogue in collecting admission fees at our events. One of the things Traudl was best known for was her wonderful liver paté. Members would look forward to it being part of the evening's menu whenever the group gathered socially.

Traudl was Austrian born. Her marriage to Al brought her to the United States. She was a creative spirit who expressed her inner world through painting. Besides her art, Traudl's loves were her husband Al, her garden, travel, and cooking.

Traudl nurtured a long-time interest in psychology, which opened the door to her studies of Jung. Traudl graduated from Seattle University with a degree in psychology. She had hoped to become an art therapist.

The Jung Society extends its sympathy to Al. Those of us who knew Traudl will always hold a place in our hearts for her. We will truly miss Traudl's wonderful, positive presence at our events. We remain grateful for Traudl Selves' many contributions to our Society.



From the Jung Society Board

The Jung Society's 1995-96 program year draws to its conclusion. Three major goals have been accomplished during this year. The Society found a space for the library, and the library has regularly scheduled open hours. A list of potential new members is being formed for a fall membership drive; this list supports the Board's goal to increase membership by 50%. An increase in membership will also provide an increase in the Society's savings, another board goal. A development committee has been formed to implement our goals and to address the financial and program needs of the organization.

Hats off to retiring volunteers for outstanding service. One of these volunteers was our program chair, Paul Fedorowicz. Paul spent many hours developing themes for programs and contacting speakers. The success of the programs these last two years reflect Paul's efforts.

Pat Prinz worked behind the scenes as hospitality chair. She scheduled helpers who arranged refreshments for each event and took care of all of the details that go with the job of hospitality.

Marti Lyttle served as recording secretary for the last two years. Marti was always thorough and prompt about writing and sending the board minutes to its members. She often was the quiet voice who brought order and calm to our board meetings.

We are extremely grateful to each of these volunteers for their contributions and for making 1994 to 1996 two enjoyable years.

Please note the Society's new phone number: (206) 547-3956.

You may also reach us on the Internet, at dcs@eskimo.com.

Board of Directors

Lucretia Devine,
President
Beverly Osband,
Vice President
Diane Bogue,
Cashier
Bunny Brown,
Office Manager
Paul Fedorowicz,
Program Chair
Martha Lyttle,
Recording Secretary
Lynn Hillberg,
Membership
Karen Campbell,
Newsletter
Gloria Hope Jacobsen,
Treasurer
Milly Royce,
Publicity

Library

Library Hours

Fridays before
lectures,
6:00-7:30 PM

Saturdays,
10:00 AM to 4:00 PM

As we are able to
add more
volunteers we will
expand our
scheduled hours.
We plan to add
Wednesdays, as
soon as we have
enough volunteers,
since that was a
favored day
among members
who responded to
our survey.

Support our library. Buy a raffle ticket, on sale for \$1 at our lectures, for your chance to win a new book.

The following books are missing from our collection. If you have any books that belong to the library of the C.G. Jung Society, Seattle, please return them to Room 345 in the Good Shepherd Center. When the library is not open, books and tapes can be returned to the book drop across the hall from Room 345 any time that the Good Shepherd Center is open (Monday-Friday, 8:00 AM to 10:00 PM; Saturday, 9:00 AM to 5:00 PM).

Spiral Way—A Woman's Healing Journey, Aldo Carotenuto
Tales of Power, Carol Castenada
Tarot, A New Handbook for the Apprentice, Eileen Connelly
Fifth Business, Robertson Davies
Woman in the Mirror, Claire Douglas
Anatomy of the Psyche, Alchemical Symbolism, Edward Edinger

Encounter with the Self, Edward Edinger
Rites & Symbols of Initiation, Mircea Eliades
Shamanism, Archaic Techniques of Ecstasy, Mircea Eliades
American Indian Myths & Legends, R. Erdoes & Ortiz (Eds.)
Jungian Psychotherapy, A Study in Analytical Psychology, Michael Forham
Let Your Body Interpret Your Dreams, Eugene Gendlin
Greek Myths, vol. II, Robert Graves
Summoning the Familiar, Eileen Gregory
Gospel According to Thomas, A. Guillaumont (trans.)
Theories of Personality, C. Hall & G. Linzey
Clinical Hypnosis: Principles & Applications, J. Hall & H. Crasilnech
Those Women, Nor Hall
Astro-Psychology, K. Hamaker-Zondag
Face of the Deep, Religious Idas of C.G. Jung, Charles Hanna
I and the Not-I, Esther Harding
Prolegomena to the Study of Greek Religion, Jane Harrison

C. G. Jung Society•Seattle

Pre-registration for Spring 1996 Workshops

Workshops are scheduled pending sufficient pre-registration. Pre-registration is due two weeks prior to the workshop date. Mail form and payment to C. G. Jung Society, 4649 Sunnyside Avenue North, Room 345, Seattle, WA 98103.

I enclose \$_____ (check or credit card) for pre-registration for the following:

- ☐ Allan Chinen's April 13 workshop, *Society of the Self and the Self of Society*
(\$30 for Society members / \$40 for non-members
\$25 for student/senior members / \$35 for student/senior non-members)
- ☐ Lawrence Jaffe's May 18 workshop, *A Jungian Explanation of Contemporary Events*
(\$30 for Society members / \$40 for non-members
\$25 for student/senior members / \$35 for student/senior non-members)

Charge my VISA MC Number _____ Exp. Date _____

Name _____

Address _____

Payment must accompany your pre-registration.

Series Endnote

Lawrence Jaffe *Individuation through Marriage: Revolution in the Love Relationship*

Because intimate relationships reactivate archaic levels of the psyche, notably our childhood wounds, psychotherapy rightly focuses on healing those wounds through developing consciousness. But Jung has reminded us of what ancient medicine knew and modern medicine has largely forgotten: that when a personal disease is raised to a higher, impersonal level, there is a healing effect. This lecture will attempt to understand the crisis in love relationships not so much as the sum of personal problems, but as a collective, cultural movement of the spirit.

What's the World Coming To? A Jungian Explanation of Contemporary Events

Many people are puzzled and dismayed by the increasing breakdown of civility and decorum in modern life and the way in which world events seem to be spiralling out of control. Jung foresaw that this era, on the cusp of the Aquarian age, would be characterized by the death of our old values as prerequisite to their replacement by new ones—a kind of death and rebirth experience.

Lawrence W. Jaffe, Ph.D. is a Jungian analyst in private practice in Berkeley and faculty member of the C.G. Jung Institute of San Francisco. He is the author of *Liberating the Heart: Spirituality and Jungian Psychology*, and editor of a lecture series by Edward Edinger titled *Transformation of the God-Image: An Elucidation of Jung's "Answer to Job."* He also conceived, co-produced, and served as interviewer for the video series *An American Jungian: Edward R. Edinger in Conversation with Lawrence Jaffe*.

Annual Meeting

Members of the C.G. Jung Society•Seattle are invited to the Society's annual meeting, to be held on May 18 from 3:00 until 5:30 in the afternoon, in Room 140 of the Good Shepherd Center (the Wallingford Senior Center).

On our agenda: business meeting, election of 1996-97 Board members, plus a special showing of Lawrence Jaffe's videotaped interview with Edward R. Edinger entitled Jung as Epochal Man, the third in the series An American Jungian: Edward R. Edinger in Conversation with Lawrence Jaffe.

Tea will be served. Please bring tea sandwiches or a dessert to share.

Looking Ahead: Jung Into the 21st Century

Our autumn program will feature:

keynote lecture by Don Sandner

lecture by John Nicholas

special event with Jean Shinoda Bolen speaking on her new book, *Close to the Bones*

May 17 & 18

Friday Lecture
7:30 to 9:30 PM
Good Shepherd
Center, Room 202

Fees:
\$10 members
\$12 non-members

Saturday Workshop
10:00 AM - 2:00 PM
Good Shepherd
Center, Room 204

Fees:
\$30 members
\$40 non-members
\$25 student/senior
members
\$35 student/senior
non-members

May 18

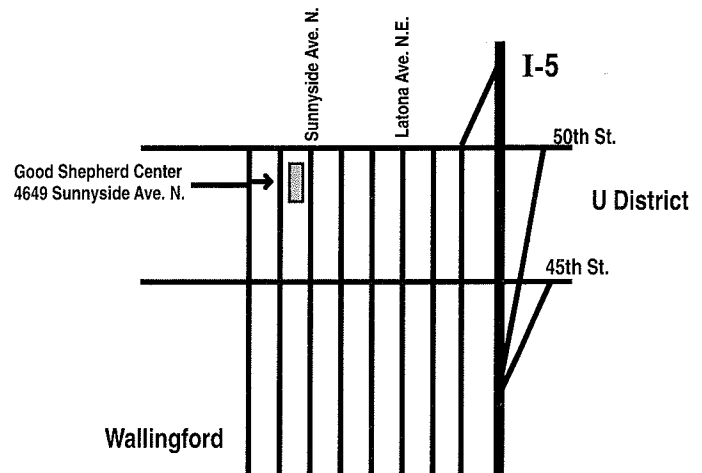
Annual Meeting
Saturday Teatime
3:00 to 5:30 PM
Good Shepherd
Center, Room 140

Fees:
Free, for members
only.

Driving Directions

Directions to the Good Shepherd Center 4649 Sunnyside Avenue North:

From Interstate 5, take the 45th Street exit. Travel west toward Wallingford. Turn right from 45th onto Sunnyside Avenue North and travel to the Center on the left side of the street at 4649, just before Sunnyside intersects with 50th Street. Follow entry drive left to the parking lot south of the building. Enter the building at the main entrance.



Directions to the University Unitarian Church 6556 - 35th Avenue Northeast:

From Northbound I-5, take the Ravenna Blvd./N.E. 65th St. exit (exit #170). Once off the exit, continue ahead, through the stop sign, on 8th N.E. At the first traffic light, turn right onto N.E. 65th Street. Go about one mile and turn left onto 35th Avenue N.E. Go less than one block, and the University Unitarian Church is on the right side of the street. If traveling by bus, take Metro route 25, 40, 65, or 71.

From Southbound I-5, take the N.E. 71st/N.E. 65th Streets exit (exit #171). Once off the exit, turn left onto N.E. 71st Street and go over the freeway, where the road turns into N.E. 70th Street. At the first traffic light, turn right onto Roosevelt Way N.E. Go five blocks and turn left onto N.E. 65th St. Go exactly one mile and turn left onto 35th Avenue N.E. Go less than one block, and the University Unitarian Church is on the right side of the street. If traveling by bus, take Metro route 25, 40, 65, or 71.

C. G. Jung Society, Seattle
4649 Sunnyside Avenue North, Room 345
Seattle, WA 98103

(206) 547-3956 / Internet: dcsc@eskimo.com

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