



C. G. JUNG SOCIETY • SEATTLE

SPRING 2001

NEWSLETTER

When a patient begins to feel the inescapable nature of his inner development, he may easily be overcome by a panic fear that he is slipping helplessly into some kind of madness he can no longer understand. More than once I have had to reach for a book on my shelves, bring down an old alchemist, and show my patient his terrifying fantasy in the form in which it appeared four hundred years ago. This has a calming effect, because the patient then sees that he is not alone in a strange world which nobody understands, but is part of the great stream of human history, which has experienced countless times the very things that he regards as a pathological proof of his craziness.

— C.G. Jung, “The Philosophical Tree,” *Alchemical Studies*, Collected Works vol. 13, para. 325

Anne de Vore, Ph.D.

Lecture: The Power of Naming—Individuation in Egyptian and Archaic Greek Texts.

Models for *individuation* such as alchemy, the mandala, or the Tree of Life are symbolic mirrors for the process of individuation. This lecture will examine the more essential meaning of individuation, that is, having an identity, a known presence, distinct from all others. The earliest examples come from Middle Egyptian sources describing the five great names assumed by Pharaoh on the day of his ascension. A later evolution of naming and its more personal meaning comes to us from the archaic Greek work of Homer, *The Iliad*. To this day a ritual greeting in Greece, is “Who are you, where do you come from, and who is your father?” In Renaissance magical texts, the importance of naming is revisited as an initiate attempts to name his or her magical *persona*, the most essential name. The importance of naming is best applied in sub-personality work and in *shadow* work.

Workshop: The Power of Naming

When working with parts of *Self* or the *shadow*, if one can name it one can begin to work with it. A modern application of this, and one that limits, is *diagnosis*—from the Greek which actually means to open (something) to explanation. If we work with that meaning properly, we should continually explore names of traits, habits, parts of *Self*—attempting to get as close to the essence of the issue as

Apr. 20 & 21

Friday Lecture

7:30 PM – 9:30 PM

Good Shepherd
Center, Room 202

Fees:

\$10 members

\$15 non-members

Saturday Workshop

10:00 AM – 2:30 PM

Good Shepherd
Center, Room 202

Fees:

\$30 members

\$40 non-members

Students/Seniors:

\$25 members

\$35 non-members

possible. Bring a dream or related dreams to the workshop, perhaps a habit, or something elusive that you can't quite name. We'll explore the various ways to name, and in that way have power over the content.

Anne de Vore, Ph.D., is an analyst in private practice in Seattle. She trained with the Inter-Regional Society. Her doctorate is in developmental psychology and diagnosis through projective testing with Rorschach and art/play forms. She has special interest in the work of poet W. B. Yeats.

May 11 & 12

Friday Lecture

7:30 PM – 9:30 PM

Good Shepherd
Center, Room 202

Fees:

\$10 members

\$15 non-members

Saturday Workshop

10:00 AM – 2:30 PM

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Center, Room 202

Fees:

\$30 members

\$40 non-members

Students/Seniors:

\$25 members

\$35 non-members

Sachiko Taki Reece, M.F.C.C.

Lecture: Activating Self-Healing Power

When we face an impossible situation we may panic, be depressed, and sometimes get into a fit of anger. Jung saw that the unconscious arranges impossible situations in order to force the individual to bring out her or his very best. "What is needed is an impossible situation where one has to renounce one's own will and one's own wit and do nothing but wait and trust to the impersonal power of growth and development." I would ask, "How can I do nothing and trust such power to arrive on time for me? How do I know if such power exists in reality?" In this seminar, I will discuss and illustrate images of such manifestations of impersonal power in actual impossible situations—for example, of one who is recovered from earthquake trauma, and of a person who suffered through incurable illness. And learning from these images, we will explore how to work with our own dream images and fantasy that arrive from the far and deep unconscious.

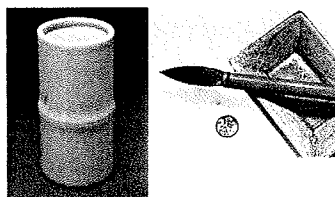


Workshop: A Jungian Perspective on the Japanese Tea Ceremony

Japanese Tea ceremony has roots in Chinese-Taoist *inner alchemy*. Originally Buddhist priests used it for concentration and meditation. In Tea ceremony, a host has made a bowl of tea for a guest and they are sharing a moment of peaceful intimacy in a humble tearoom. They enjoy hearing water boiling in a teakettle and wind in pine trees from the tea garden. The Japanese have a Tea-saying that describes this intimacy as "Ichi-go, Ichi-e." *Ichi-go* means a lifetime and *Ichi-e* means one meeting. So in a tearoom, host and guest share such a moment, of one meeting in one's lifetime. I will present and discuss Tea ceremony with slides. Then I will demonstrate Tea ceremony and serve a bowl of tea for participants. In the afternoon, we will have a workshop on *active imagination* by creating a space called "tokonoma" where you don't step in, a special *temenos* in a tearoom. We will work on a flower arrangement and also make calligraphy with a Japanese brush for the *tokonoma*.

Sachiko Taki Reece, M.F.C.C., was born and raised in Kyoto, Japan, and moved to the U.S. in 1969. She is a Jungian analyst practicing in Los Angeles and on the faculty of the C.G. Jung Institute of Los Angeles since 1990. She is a teaching member of the National and International Society of Sandplay Therapy. Ms. Reece has published many journal articles and book chapters in Japanese and English. Recent publications are about research on Sandplay therapy and Jungian psychology working with children diagnosed with severe emotional disturbance, and also working with adults living with AIDS. Recently she enjoys Japanese Tea ceremony as daily meditative practice and has been experimenting with Tea ceremony for training therapists.

Special Requirements: The Saturday workshop will involve Tea, Ikebana, and Shuji. Please bring a vase for *ikebana*, flower arrangement. The vase might be 8" to 12" tall. If you have a small garden clipper, please bring it. Weeds in bloom from your yard are also welcome. Optional items are white socks, large *shuji* (calligraphy) brush, and a small *sumi* (ink) dish. There will be a \$10 materials fee for the workshop. If you bring your own brush the materials fee is only \$6.00.



Psychotherapy is at bottom a dialectical relationship between doctor and patient. It is an encounter, a discussion between two psychic wholes, in which knowledge is used only as a tool. The goal is transformation—not one that is predetermined, but rather an indeterminable change, the only criterion of which is the disappearance of egohood. No efforts on the part of the doctor can compel this experience. The most he can do is to smooth the path for the patient and help him to attain an attitude which offers the least resistance to the decisive experience.

— C.G. Jung, Foreword to D.T. Suzuki, *An Introduction to Zen Buddhism*, in *Psychology and Religion: West and East*, Collected Works vol. 11, para. 104

Annual Members Event

Join us at the annual Members Meeting on Saturday afternoon, June 2nd (mark your calendar today!). We are looking for a comfortable spot to gather and read aloud together. During the next few months, gather up your favorite passages, poems, inspirations, Jungiana. Bring them with your reading voice and a little potluck to our circle of Jungian friends. If you haven't attended an event lately, come along to catch up and share. (We see your name on the roster and wonder how you're doing.) If you are too shy to read, come and listen. At the end of the afternoon we will elect next year's Board of Directors. The Society will send a postcard later with the specifics on time and place.

June 2

Location & times to be announced.

Board of Directors

John Krausser,
President,
Membership

(Vacant),
Vice President

Barbara Vicent,
Treasurer

Connie Eichenlaub,
Secretary

Diane Bogue,
Cashier

Linda Sheaffer,
Library

Bunny Brown,
Office Manager

Lucretia Devine,
Programs

(Vacant),
Publicity

Kenji & Debra
Tachibana,
Newsletter

Korey Schulz,
Technical Support

Advisor to the Board

Peter Elting,
Programs

President's Message

In response to changing practices, the Board recently agreed to increase our speaker fees. While Peter Elting and Lucretia Devine have been very effective at getting us good speakers, the situation has become more competitive and this was a necessary step. One source of information for this decision is the Oregon Friends of Jung, an organization that has enjoyed considerable success over the years.

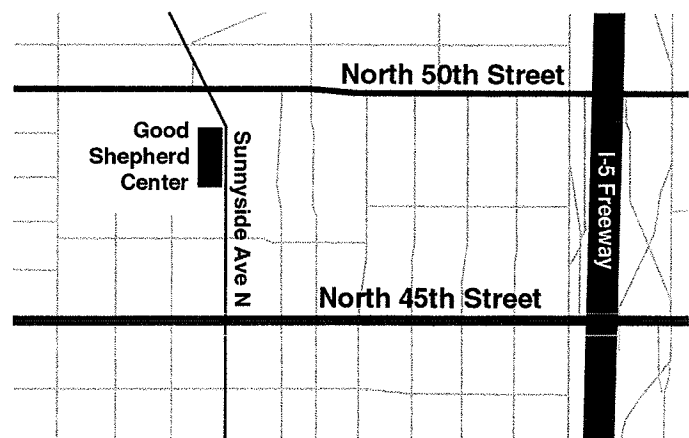
In another effort the Board has just concluded a review and update of Board position descriptions. We are seeking nominations or volunteers for several positions whose terms will be up for election next summer. Two in particular will be Library Chair and Member Support. In addition we are hoping to fill a revised position of Vice President/Event Coordinator who will work closely with each speaker to provide complete support for the presentations and workshops. It will offer a great chance to meet and interface with some wonderful people.

It is exciting and satisfying to be involved in the variety of ideas and issues that thrive in the Jungian community. Being a Board volunteer is a very good way to experience this.

— John Krausser, President

Directions:

From Interstate 5, take the 45th Street exit. Travel west toward Wallingford. Turn right from 45th onto Sunnyside Avenue North and travel to the Center on the left side of the street at 4649, just before Sunnyside intersects with 50th Street. Follow entry drive left to the parking lot south of the building. Enter the building at the main entrance.



Good Shepherd Center
4649 Sunnyside Avenue North

C. G. Jung Society, Seattle



Inside Pages Member-to-Member

Spring 2001

C.G. Jung on Mid-Life, Confession and Ageing

Volume 1, Issue 4

Middle-life Unfolding

Middle life is the moment of greatest unfolding, when a man still gives himself to his work with his whole strength and his whole will. But in this very moment evening is born, and the second half of life begins. Passion now changes her face and is called duty; "I want" becomes the inexorable "I must," and the turnings of the pathway that once brought surprise and discovery become dulled by custom. The wine has fermented and begins to settle and clear. Conservative tendencies develop if all goes well; instead of looking forward one looks backward, most of the time involuntarily, and one begins to take stock, to see how one's life has developed up to this point. The real motivations are sought and real discoveries are made. The critical survey of himself and his fate enables a man to recognize his peculiarities. But these insights do not come to him easily; they are gained only through the severest shocks.

— C.G. Jung, "Marriage as a Psychological Relationship,"
in *Collected Works 17, The Development of Personality*, para. 331a

Confession to Another

Most people need someone to confess to, otherwise the basis of experience is not sufficiently real. They do not "hear" themselves, cannot contrast themselves with something different, and so they have no outside "control." Everything flows inwards and is answered only by oneself, not by another. It makes an enormous difference whether I confess my guilt only to myself or to another person.

— C.G. Jung, "Depth Psychology and Self-Knowledge,"
in *Collected Works 18, Miscellany*, para. 17

Did You Know?

- ✓ The Society Library has audio tapes of Friday lectures?
- ✓ You can search a computer diskette containing databases (in Microsoft Excel) on all Society Library holdings to find books or journal articles on your topics of interest?
- ✓ You can ask the Library to mail your own copy of the holdings diskette for your convenience?

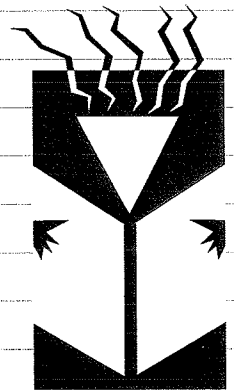
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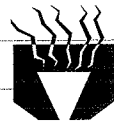
A Women's Reading Group

Another way to “do Jung” is to form a reading group. I meet regularly with a group of senior women in Bellingham. We meet once a week for 2½ to 3 hours in the early afternoon at one of our houses. We start with coffee, tea and desserts, and then settle in for reading and discussion of our current book. Often we substitute listening to a tape or watching a video. All of us freely contribute other items of interest such as a review of a movie or a theater event, current events (especially political), and lectures we have attended. Several of us heard Dr. Oliver Sacks speak recently at Western Washington University. We feel free to relate to personal experience in terms of the topic in discussion. Recent readings have included Nor Hall's *The Moon and the Virgin* and Huston Smith's *The World's Religions*. I have provided handouts of papers on the cgjungpage.org and other members have brought book passages from their individual reading that have made a mark on them.

We all travel locally and afar so our attendance fluctuates, but we decided not to let the group become larger than ten and it has been stable at that number for six years. We range in age from 60 to 79. Although we no longer read strictly Jung, the paradigm remains the framework in which much of our discussion is carried out. All of us have a longstanding interest in Jung. Most of us have taught at the university or secondary level in a variety of disciplines. We have backgrounds in art, classics, French, nursing, psychology, sociology and the sciences. Most of us garden. Several of our members also belong to “Great Books” groups. We bring a variety of background experience and personalities, and although none of us is afraid to voice an opinion, we have a high degree of respect for each other and our individual differences. That appears to be the essence of why our group thrives.

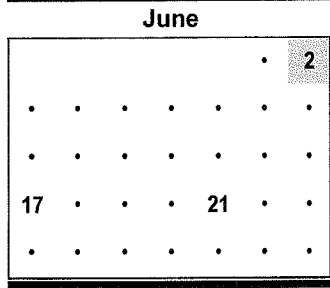
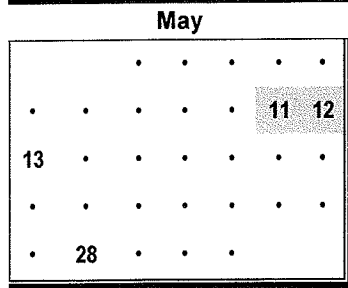
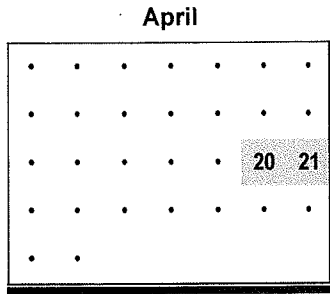
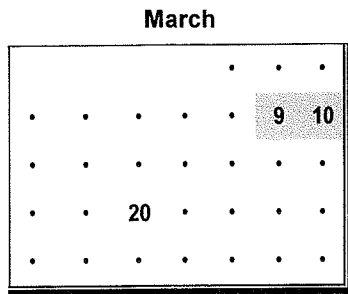


**We start with
coffee, tea and
desserts...**



On a personal note: I have been reading *Jung's Map of the Soul* (Murray Stein) side by side with *The Cambridge Companion to Jung* (Dawson and Young-Eisendrath, Eds.). I am supplementing this with Jung, especially the first four chapters to *Aion* (added at a later date and a good summarization of his ideas) and the essay, “On the Nature of the Psyche”. By the way, how many of you are aware (especially you non-professionals) that Jung included several pages of ‘typology’ definitions towards the end of *Psychological Types* (*Collected Works* 6, specifically para. 672-844)? Just another thing I stumbled on for the first time in my perusal of Jung.

—Linda Sheaffer, Lummi Island



Schedule of Events

- ✓ Mar. 9 — Terrill Gibson, Lecture
- Mar. 10 — T. Gibson, Workshop
- ✓ Mar. 20 — *Spring Equinox*
- ✓ Apr. 20 — Anne de Vore, Lecture
- Apr. 21 — A. de V., Workshop
- ✓ May 11 — Sachiko Reese, Lecture
- May 12 — S. T. Reese, Workshop
- ✓ May 13 — *Great Mothers Day*
- ✓ May 28 — *Memorial Day*
- ✓ Jun. 2 — Annual Members Meeting
- ✓ Jun. 17 — *Great Fathers Day*
- ✓ Jun. 21 — *Summer Solstice*

Opening the Jungian Door to the Eastside

I intend to offer some interest in Jungian thought convenient to the Eastside (of Lake Washington). At this point I am exploring the possibilities for this idea by planning a study group this spring about the Jungian perspective of the later years of one's life. I call this the "Third Leg of the Journey." My format will be a discussion group based on James Hollis's popular writing, *The Middle Passage from Misery to Meaning*. The group will meet at an Eastside location for eight weeks during April and May. Future topics for study may include Hollis's new book, *Creating a Life*, and "the new god image." Edward Edinger wrote commentary on Jung's exciting challenge to our thinking about deity. For more information about the study groups you may contact me at (425) 453-9384. I am a counselor and educator practicing in the Seattle area for 24 years. I am coming up on 70 years and believe that one does best by teaching what oneself needs to know!

—Lynn Davis Fox, on the Eastside





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jungseattle.org
On the Web!

Inside Pages •
Member-to-Member

On Ageing and Discovery

The discovery of the value of human personality is reserved for a riper age. For young people the search for personality values is very often a pretext for evading their biological duty.

Conversely, the exaggerated longing of an older person for the sexual values of youth is a short-sighted and often cowardly evasion of a duty which demands recognition of the value of personality and submission to the hierarchy of cultural values.

The young neurotic shrinks back in terror from the expansion of life's duties, the old one from the dwindling of the treasures he has attained.

— C.G. Jung, "Some Crucial Points in Psychoanalysis:
A Correspondence between Dr. Jung and Dr. Loj,"
in *Collected Works 4, Freud and Psychoanalysis*, para. 664

A human being would certainly not grow to be seventy or eighty years old if this longevity had no meaning for the species. ... Ageing people should know that their lives are not mounting and expanding, but that an inexorable inner process enforces the contraction of life. For a young person it is almost a sin, or at least a danger, to be too preoccupied with himself; but for the ageing person it is a duty and a necessity to devote serious attention to himself.

— C.G. Jung, "The Stages of Life,"
in *Collected Works 8, The Structure and Dynamics of the Psyche*,
para. 785-787

Everything young grows old, all beauty fades, all heat cools, all brightness dims, and every truth becomes stale and trite. For all these things have taken on shape, and all shapes are worn thin by the working of time; they age, sicken, crumble to dust—unless they change. But change they can, for the invisible spark that generated them is potent enough for infinite generation. No one should deny the danger of the descent, but it *can* be risked. No one *need* risk it, but it is certain that some will. And let those who go down the sunset way do so with open eyes, for it is a sacrifice which daunts even the gods. Yet every descent is followed by an ascent; the vanishing shapes are shaped anew, and a truth is valid in the end only if it suffers change and bears witness in new images, in new tongues, like a new wine that is put into new bottles.

— C.G. Jung, *Symbols of Transformation*, *Collected Works 5*, para. 553

Statement of Purpose

The C.G. Jung Society, Seattle, a nonprofit educational corporation founded in 1973, publishes this newsletter three times a year. The purpose of the Society is to promote public interest in, and understanding of, analytical psychology and the current use of Jungian concepts by contemporary thinkers. The Society sponsors lectures, workshops, seminars and study groups, and maintains a library of Jungian materials. Programs are, for the most part, intended for the general public.

Membership

We've had twelve new members join us since the Winter issue of our newsletter. A warm welcome to:

Dan Barr
Kim & Kevin Causault
Gary Darry
Steven Hansen
Fredda Jaffe
Linda Jenkins
Larry Lehnerz
Tanya Maurer
Martha McKenzie
Burke Miller
Linda Steen
Donovan Tronson

Renewing Members

In the same period sixteen members have renewed. It's a pleasure to have with us:

Erwin Buske
Randy Dixon
Lynne Davis Fox
Raelene Gold
Jim Huskey
Robert Keeler
Margaret Magwire
Robin Muench & Karen Helmich
Diane Nauer
Bonita Quiroz-Cantu
Mary Romeo
Barbara Rona
Judith Skenazy
Wendy Swan
Vickie Tomlinson

I would like to: become a member of renew my membership in the C.G. Jung Society, Seattle.
Enclosed are my dues at the level indicated:

- | | |
|---|-------|
| <input type="checkbox"/> Sustaining Member | \$250 |
| <input type="checkbox"/> Contributing Member | 90 |
| <input type="checkbox"/> Standard - Individual | 40 |
| <input type="checkbox"/> Standard - Couple | 65 |
| <input type="checkbox"/> Standard - Student/Senior | 25 |
| <input type="checkbox"/> Newsletter subscription only | 8 |

Name _____
Address _____
City, State, Zip _____
Phone _____
Email _____

I'd like to help with Society activities. Please contact me regarding volunteer activities for (check all that apply):

- | | |
|---|--------------------------------------|
| <input type="checkbox"/> Programs | <input type="checkbox"/> Hospitality |
| <input type="checkbox"/> Publicity | <input type="checkbox"/> Library |
| <input type="checkbox"/> Treasury/bookkeeping | <input type="checkbox"/> Membership |
| <input type="checkbox"/> Fundraising | |

C.G. Jung Society, Seattle

4649 Sunnyside Avenue North, Room 345
Seattle, WA 98103

Phone (206) 547-3956 • Fax (206) 547-7746
Visit us on the web at <http://www.jungseattle.org>

Library Hours

To double-check library hours call 206-547-3956 for a phone message or see our web page (www.jungseattle.org) for schedule changes.

Open Spring 2001

Mondays

10:00AM—4:00 PM

Lecture Fridays

7:00 PM—9:00 PM

Workshop Saturdays

12:30 PM—3:30 PM

Other Saturdays

Times as possible.

Library News

This is my last official column for the newsletter as Librarian for the Society. In June we elect new officers and I will not be running for a Board position. If you are interested in volunteering as Librarian—or any other Board position—please contact our President, John Krausser, or any of the Board members. An Email to our website (www.jungseattle.org) will be re-directed to John by our webmaster, David Steinmetz, or a voice mail left at (206) 547-3956 will be brought to the Board's attention by Bunny Brown, our Office Manager.

With Bunny's persistence we have finally been able to open the library on a few Friday evenings and Saturdays on the weekends of workshops, as well as a few other Saturdays. I want to thank long-time Society members and volunteers, Betty Davisson and Nicki Hagoski, for making this possible. Three of our new members, Sarah Palmer, Siren Hakimi, and Donovan Tronson, have volunteered for library duty as well so we are hoping to be able to increase the number of Saturdays that we are open. Please check the website or call into the office and listen to the message for the latest on Saturday hours. Because of the nature of volunteering, we cannot post a list of Saturday hours in the newsletter but we try to be open from 12:30 PM to 3:30 PM. Also, we are open regularly on Mondays from 10:00 AM to 4:00 PM. I am always willing to stay a little later if I know somebody is coming in—a phone call will make this possible to meet busy schedules. (*Please note: during the month of April, Linda will be out of the country and the library will be closed on Mondays.*)

In this issue, I want to continue with a thread of last quarter's library column theme, sources of Jungian books. Doug Benecke fits under the group called independent booksellers but I did not want him lost in the mass of electronic addresses in the last news column. Members who are regular attendees of the Friday night lectures are very familiar with "Doug's table" outside the door of the lecture room. When I first became a member of the local society, Doug's book table was a dominant feature of attending lectures and workshops. Approximately 40-50 of the Jungian titles in my personal library, maybe more, have come from "that table." Doug has been able to order books for me in a really timely manner as well as having a good selection of titles immediately available on the table. His friendly and helpful service is always a warm reward when purchasing books from him. Doug travels to us on Friday nights from Gold Bar, Washington, but he does have an Email address to make him more available than just once a month: hsbooks@aol.com. *Many thanks to you Doug for the special service you have provided our Society for many years!*

We have added to our collection Claire Douglas's *Translate this Darkness: The Story of Christiana Morgan*, Thomas Kirsch's *The Jungians: A Comparative and Historical Perspective*, and Thomas Singer's *The Vision Thing: Myth, Politics and Psyche in the World*. Claire Douglas's *Visions*, a two-volume set, sells for \$120-150; we have not yet added it to our collection although we do have two copies of the original *Vision Seminars* by C. G. Jung. I note that Kirsch's *The Jungians* is now available in paperback at \$20 less than the hardback edition.

— Linda Sheaffer, Librarian

Support the Society—Order Books Online

Now whenever you visit the Jung Society's web page, live links from any book or video listed on our web site will take you directly into Amazon.com catalog. Primarily, this will make it easier to learn about or to purchase books that presenters have written or recommended. You'll find our web page at www.jungseattle.org.

Once you enter the Amazon.com catalog from our web page, you can search in the usual way for any book, video, CD, or indeed anything in their inventory. The Society earns a small commission on any purchases you make following the direct link to Amazon.com from a link on our site. (Note that the commission does not change the book's sale price—there is no additional charge to the book buyer.) So, support the C.G. Jung Society, Seattle, by starting all your Amazon.com shopping sessions from our site!

Call for Volunteers

Our C.G. Jung Society, Seattle has been thriving since 1973 when a small group of dedicated Friends of Jung Psychology in the Northwest gathered to share evenings with sandplay therapist Dora Kalff and mythologist Joseph Campbell. Our longevity is due to the dedication of many individuals over the past twenty-seven years.

Has Jung's psychology made a difference in your life, in your philosophy, in your approach to everyday relationships and events? Do you value Jung's psychology enough to invest your time in assuring that the Jung Society continues as a Seattle area presence? If so, then the Jung Society needs you.

Currently a few of our board members are doing their job plus filling in for a vacant board position. We would like the multitudinous tasks of this organization to be shared by its many members—as you know, many hands make a task light.

We welcome new volunteers to attend three board meetings to acquaint themselves with current board members and the organization. After that time you may join the board in an appointive capacity until the next regular election. If you contact John Krausser right away, candidates for the positions of Librarian and Member Support may have time to attend the March-May meetings and stand for election in June 2001. Those interested in the positions of Publicist and Vice President/Event Coordinator would continue in appointive positions until the June 2002 elections.

Call John, our President, after March 20th at (206) 283-5334. You may also call the office at (206) 547-3956.

Return items to the book drop across the hall from our library any time.

The Good Shepherd Center is open

Monday-Friday
8:00AM–10:00 PM

Saturday
9:00AM–5:00 PM

C. G. Jung Society, Seattle
Pre-registration for Spring 2001 Workshops

Workshops are scheduled pending sufficient pre-registration. Pre-registration is due two weeks prior to the workshop date. Mail this form and payment to: C.G. Jung Society, 4649 Sunnyside Avenue North, Room 345 Seattle, WA 98103. Questions? Call the Jung Society office, (206) 547-3956.

Workshop Fees: \$30 for Society members / \$40 for non-members
 \$25 for student/senior members / \$35 for student/senior non-members

I enclose \$ _____ (check or credit card) for pre-registration for the following:

Payment must accompany your pre-registration. No refunds.

- Anne de Vore, Ph.D. April 21 The Power of Naming
 Sachiko Taki Reece, M.F.C.C. May 12 A Jungian Perspective on the Japanese Tea Ceremony

Charge my VISA MC Number _____ Exp. Date _____

Name _____ Phone _____

Address _____

Feel free to copy this form, if you prefer not to cut this newsletter.



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