



C.G. JUNG SOCIETY • SEATTLE

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WINTER 2009 NEWSLETTER

If I find myself in a critical or doubtful situation I always ask myself, whether there is not something in it, explaining the need of my presence, before I make a plan of how to escape. If I should find nothing hopeful or meaningful in it, I think I would not hesitate to jump out of it as quick as possible. ...Of course, huge sacrifices are expected of you but I wonder whether there is any vocation or any kind of meaningful life that does not demand sacrifices of a sort. There is no place, where those striving after consciousness could find absolute safety. Doubt and insecurity are indispensable components of a complete life. Only those who can lose this life really, can gain it really. A "complete" life does not consist in a theoretical completeness, but in the fact, that one accepts the particular fatal tissue in which one finds oneself embedded without reservation, and that one tries to make sense of it or create a kosmos from the chaotic mess, into which one is born. If one lives properly and completely, time and again one will be confronted with a situation, of which one will say: "This is too much. I cannot bear it anymore." Then the question must be answered: "Can one really not bear it?" (Lammers & Cunningham, 2007, p. 240).

Cunningham, A. & Lammers, A. C. (Eds.). (2007). The Jung-White letters. New York: Routledge.

Elizabeth Fergus-Jean, Ph.D.

"Illuminating Letters: Numinous Encounters with the Kabbalah"

In your light I learn how to love. In your beauty, how to make poems. You dance inside my chest, where no one sees you, but sometimes I do, and that sight becomes this art.

-Rumi



Lecture - Illuminating Letters: Numinous Encounters with the Kabbalah

There is something about a numinous experience that defies explanation. Perhaps this is because inherent within the numinous experience is an encounter with Other, and each such meeting lacks a common point of reference. How then, can one give voice to an experience that is so private and interior? Yet as its witness, one knows without a shadow of a doubt that they've just encountered the unseeable. How can one illuminate the God that dances within them, and how can this experience be shared? During this lecture we will explore these questions and I will share my story of one such encounter. I began painting the Hebrew alphabet in 1999, a journey that evolved into a five-year odyssey of ecstatic wonder and numinous encounters. During the lecture I will share some of the manifestations of this extraordinary journey: my twenty-two paintings of the Hebrew alphabet, their accompanying Prayer Poems, which were a vital part of the transformative experience of painting the Letters into being, and the process of journeying in the betwixt and between of the Imaginal realm. Our discussion will include ways in which Images (visual images, word images, sound images, and dance/movement images) can be portals to experiencing the numinous via the ritual nature of the creative process, intuitive dialogues, and the experiencing of Images as subtle bodies.

"Illuminating Letters: Numinous Encounters with the Kabbalah"

Elizabeth Fergus-Jean, Ph.D.

Lecture:

Jan 9, Friday Lecture, 7:00 p.m. – 9:00 p.m.

Good Shepherd Center, Room 202.

Lecture Fee: \$15 Members \$25 Non-Members

Tickets available at the door or at:

***"The 12th Night"* Annual member event**

Please join us **Sunday, January 4, 2009, 6-8 P.M.**
See page 5 for details.

“Illuminating Letters: Numinous Encounters with the Kabbalah”

Elizabeth Fergus-Jean, Ph.D.

Workshop:
Jan 10, Saturday Workshop:
10:00 a.m. – 4:00 p.m.
Good Shepherd Center, Room 202.

Workshop Fee: \$50 Members
\$60 Non-Members

Pre-registration for workshops is encouraged

Tickets available at the door or at:
www.brownpapertickets.com

This program has been approved for 7.0 CEU's by the Washington Chapter National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is #1975-157. The cost to receive a certificate is as follows: 7.0 units for lecture and workshop \$15; 2.0 units for the Friday lecture \$10; 5.0 units for the Saturday workshop \$10.

Workshop - Image Art and Psyche

This experiential workshop will explore ways to understand images we encounter in our conscious and unconscious lives. The discussion will be divided into two main areas of focus – the collective image and the personal image – and our conversation will be extended to include how these two realms impact one another. The morning session will be focused on the collective image. We will look at and discuss a wide range of images, including images from mass media (film, television, and advertising); and images we encounter within the “fine art” realm, such as museums and art galleries. Participants will be asked to select specific cultural images that call out to them. We will then explore the dynamic relationship and impact these cultural images have on our psyches, and how these images give voice to our inner lives. The afternoon session will focus on personal images, such as those that arise from visions, waking, and night-time dreams. We will investigate experiencing image through the multiplicity of the senses, which involves a seeing-through and also a letting go of commonly held notions of how to experience and see. It is this process of lifting the veil of the mythic experience, that allows us to move beyond the literal and open up to the imaginal.

Elizabeth Fergus-Jean, MFA, PH.D. is an artist and educator whose contributions focus on the depth dimensions of image, memory, and creativity. Her artwork embodies her deep spirituality and strong ecoconsciousness, and centers on stories that emerge from our culture as potent sites for the engagement of mythic material and the archetypal resonances found within our lives. Dr. Fergus-Jean lectures nationally on creativity, image understanding, archetypes in media, and personal mythology. Her popular workshops reach out to a range of individuals who seek to expand their own creativity, understanding of images, and the awareness of mythic patterns within their lives. Her book, *Illuminating Letter: Paintings and Essays on the Kabbalah*, along with *Illuminating Letter: Painting Portfolio*, a limited-edition fine art portfolio, have just been published by Art and Psyche Press.

Additional info:

Jung and the Kabbalah

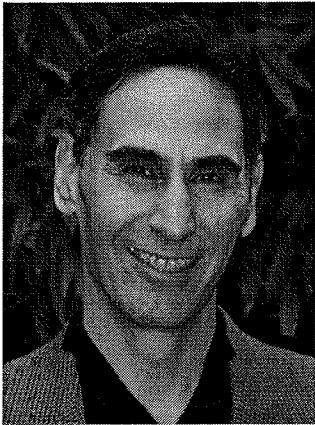
Throughout his life Jung searched religious and alchemical symbolism for validation for his own archetypal experiences. He found many parallels in the fascinating alchemical structure of the Kabbalah. Dr. Sanford L. Drob's research into the mystical Kabbalah has produced some fascinating articles on Jung and the Kabbalah, with many references for those who would like to pursue their reading further.

Dr. Drob's website has the full text of his essays on Jung and many others (including James Hillman), and the symbolism in the Kabbalah. <http://www.newkabbalah.com/>

The Jung Society is looking for volunteers to help us out with event management and our newsletter. If you would like to help us please email:

office@jungseattle.org

Ken Kimmel, M.A., C.M.H.C.



“The Burn Wound of Eros: Narcissism, the mother-bound man and the capacity to love”

Friday lecture: The Burn Wound of Eros

In one subtext of the ancient love story of *Psyche and Eros*, “narcissism” and the “predatory” underline the romantic attitude of Eros, the god of love. His bride Psyche is entrapped within his magical paradise; she is his prey, his plaything to be used then discarded. As the story reveals, the transformation of narcissism in the romantic begins at the moment when Eros is violently burned – suffering a great loss and wound to his infla-

tion. It is from the ‘burn wound’ and separation of the lovers, that Psyche – signifying the male’s *psyche/soul/anima* – develops resilience, maturity and can ultimately be awakened by a form of love, transcendent of narcissism and no longer bound by the mother complex.

Correspondingly in analysis, one can observe the narcissistic skin seared open, and the shattering of omnipotence in the traumatic encounter with an emerging, transcendent *Other*. This psychological wounding is a necessary process for recovering emotional life and developing the capacity to love in a man living at the surface of life.

Saturday workshop:

This workshop begins with a beautiful slide show and retelling of the *Tale of Psyche and Eros*. The classic story serves as a template that charts the course of the mother-bound man from romantic, narcissistic, predatorial, “so-called” love, to the wounding of that standpoint leading to an awakening of capacities to love, and the emergence of what may be described as the “father principle”. Certain themes from the tale will launch us into discussions of parallel myths, biblical stories, tales of courtly love, literature, film, clinical material and theory, and our own imaginal processes. Some of these themes may include: “mother and son/lover”; “lesser *coniunctio*”, “split feminine”; “predator beneath the lover”; “emergence of the father”; “awakening the sleeping soul through love.”

Both lecture and workshop provide an understanding of the primitive origins and causes of narcissism in men; its effects upon their capacity for intimacy and relationship; and, the difficult commitment needed to transcend the narcissistic option.

Ken Kimmel, M.A., C.M.H.C., is a Jungian analyst in private practice in Seattle, with over thirty years of clinical experience. In recent years he has been working at finding the common threads connecting Classical Jungian Psychology with the Post-Jungian, Contemporary Psychoanalysis and Object Relations, through the study of narcissism, love and mystical traditions

“The Burn Wound of Eros: Narcissism, the mother-bound man and the capacity to love”

Ken Kimmel, M.A., C.M.H.C

February 13, Friday Lecture,
7:00 p.m. – 9:00 p.m.
Good Shepherd Center, Room
202.
Lecture Fee: \$15 Members \$25
Non-Members

February 14, Saturday Work-
shop: 10:00 a.m. – 2:30 p.m.
Good Shepherd Center, Room
202.
Workshop Fee: \$50 Members
\$60 Non-Members

Pre-registration for workshops
is encouraged

Tickets available at the door
or at:
www.brownpapertickets.com

This program has been approved for 6.0 CEU's by the Washington Chapter National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is #1975-157. The cost to receive a certificate is as follows: 7.0 units for lecture and workshop \$15; 2.0 units for the Friday lecture \$10; 4.0 units for the Saturday workshop \$10.

“Brothers and Sisters: Discovering the Psychology of Companionship”

Lara Newton, M.A., L.P.C.

March 13, Friday Lecture,
7:00 p.m. – 9:00 p.m.
Good Shepherd Center, Room 202.

Lecture Fee: \$15 Members \$25
Non-Members

Workshop: “Dark Bonds: Troublesome Relationship on the Path to Companionship”

March 14, Saturday Workshop: 10:00 a.m. – 4:00 p.m.
Good Shepherd Center, Room 202.

Workshop Fee: \$50 Members
\$60 Non-Members

Pre-registration for workshops is encouraged

Tickets available at the door or at:
www.brownpapertickets.com

This program has been approved for 7.0 CEU's by the Washington Chapter National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is #1975-157. The cost to receive a certificate is as follows: 7.0 units for lecture and workshop \$15; 2.0 units for the Friday lecture \$10; 5.0 units for the Saturday workshop \$10.

Lara Newton, M.A., L.P.C.



“Brothers and Sisters: Discovering the Psychology of Companionship”

In a book she worked on for over a decade, Lara Newton lays the foundation for a new psychological perspective on the brother-sister relationship. Then she explores that relationship in all its variety, both externally in the world of inter-personal and cultural relationships and internally in the relationship between conscious and unconscious, masculine and feminine.

Lecture: In this lecture, Lara will present the process of transformation from bonding, to wounding, and finally to healing and redemption, which is described in her book. This is a transformation process that takes the brother-sister relationship from an outer experience, whether negative or positive, to a powerful intrapsychic reality, for any individual who takes up the challenge of relating to this psychological phenomenon. In the course of the lecture, Lara will refer to fairytales and stories of destructive, as well as creative brother-sister relationships, taking us through the transformation process for both. She will also share some poetic material that inspired her.

Workshop: Dark Bonds: Troublesome Relationship on the Path to Companionship

In this workshop, we will begin with a brief overview and discussion of the process of transformation from bonding, to wounding, and finally to healing and redemption, which is described in *Brothers and Sisters*. This is a transformation process that takes the brother-sister relationship from an outer experience, whether negative or positive, to a powerful intrapsychic reality, for any individual who takes up the challenge of relating to this psychological phenomenon.

After this warm-up, the workshop will focus on specific patterns in dark and troublesome brother-sister relationships. Psychological development will be explored for both sister figures and brother figures (inner and outer). The process of transformation in all of these varying patterns will be discussed. We will work with at least three brother-sister fairytales, as well as dreams and case material. Through looking at this material, the discussion will include such topics as abuse, secrecy, incest, and hostile opposition. Participants may bring in dreams and life stories for the discussion.

Suggested reading: Lara Newton, *Brothers and Sisters: Discovering the Psychology of Companionship*. Spring Journal Books, 2007.

Lara Newton, M.A., L.P.C. is a senior diplomate Jungian Analyst with a private practice in Denver, Colorado. She has been a therapist since 1982. Lara is currently coordinator of admissions and co-coordinator of training for the C.G. Jung Institute of Colorado, a “branch” of the Inter-regional Society of Jungian Analysts. She is also Vice-President of that organization. She has been president of the Jung Society of Colorado for over ten years. Her first book, *Brothers and Sisters: discovering the psychology of companionship*, was published by Spring Journal Books in May 2007.

“The 12th Night” Annual member gathering

Please join us Sunday, January 4, 2009, 6-8 PM at the Episcopal Diocesan House to meet the board and fellow members. This event will include the delayed nomination of officers and board members for election this spring. Mary Alice Long will lead us in storytelling about gift giving, the original meaning of 12th Night. **This will be a potluck event so please bring your favorite dish to share!** Address: Great Hall, Episcopal Diocesan House, 1551 10th Ave. East, Seattle (parking available).

Kyle Lee Williams

“The Nature of the Psyche” (part 2)

MORE “Jung 101”!! DO YOU WANT TO REALLY LEARN JUNG?

Please consider joining our class which reads together the Collected Works of C. G. Jung. Class level is appropriate for novice and adept alike.

The series “Jung 101” with Kyle Lee Williams will continue in February on Thursday nights from 7:30-9:00. Students will study the first essay of Jung’s vol. 8 of the Collected Works, *On the Nature of the Psyche*. This essay focuses on “Psychic Energy”. Please call Bunny Brown at the main office for registration or online at Brown Paper Tickets (www.brownpapertickets.com). A preregistration of 10 people is required for this class to go forward. Classes will begin at the GSC on Thursday, February 5th. **Please read the essay in advance.**

4 Evening classes: Feb. 5th, 12th, 19th, 26th

Classes Fee: \$80 Members \$90 Non-Members

Coming Spring 2009:

April 17/18 Michael Conforti, PhD.

“Hidden Presence: the Role of the Complex, Possession and Redemption in the Human Psyche”

May 15/16 Linda Leonard

“Ageing”

Coming Fall 2009:

September 11/12 Joseph Rutte, Ph.D.

"The Jung - White Friendship: The Untold Story"

October 9/10 Jerry Ruhl, Ph.D.

Lecture: “Living the Unlived Life”

Workshop: “The Symbolic Life: Reconciling Life’s Contradictions”

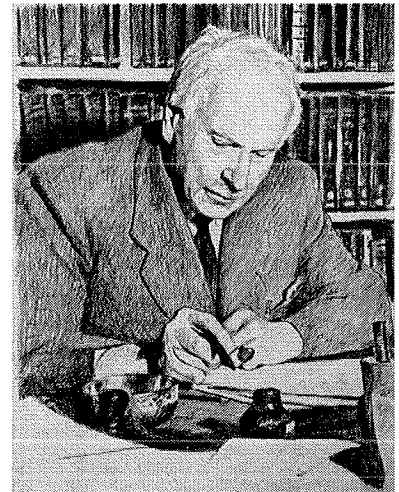
November 13/14 Terry Gibson. Ph. D.

“Portal and Psyche: Doing Individual and Cultural Jungian Analysis in Liminal Realms”

December 3 /4 Bradley TePaske, Ph.D.

“Hieronymus Bosch's 'Garden Of Earthly Delights'”

Sexuality & the Religious Imagination



Winter 2009

Library Hours

Saturdays

12:30—3:30 pm

Call 206-547-3956
to verify hours

C.G. Jung Society,
Seattle Library
Good Shepherd Center
Main Floor, Rm. 222

BUY BOOKS!

Every time you buy from AMAZON.COM through the Jung Society website, we will receive a percentage of your purchase price. The link is at the bottom of our home page, www.jungseattle.org, next to the calendar. We appreciate your support. Thank you!

Contributing Members:

Paul Collins

Fern Martin

New, Renewing & Returning Members

9/2/08 - 12/6/08

Suzan Wilson

Susan Balshor

Kathy Heffernan

W.J. Knox Carr

Charles Mader

Beverly Chase

Joseph Rutte

Patricia Tyllia

Jennifer Seyler

Dorothy Grandolfi

Barbara Grote

Rosalie Gillman

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Lila Vidger

Tom & Barbara Rona

Martha Evans

Rona Bonnice

Library News

Our intrepid catalog librarian and her patient assistant-Linda and Michael Scheaffer--have done an inventory of all the books in the library. Linda has made entries of what we have on the shelves, what has been checked out, what is missing and what has been donated. We expect to have a new catalog available for use in the library in early 2009 so stop by and take a look. We have many new books and, as usual, have many more used books available for purchase at very good prices.

Charles Morrison, another intrepid volunteer has traveled to the San Francisco Jung Library recently and returned with a suitcase full of treasures.

Several copies of past issues of HARVEST, a Journal of the C. G. Jung Analytical Psychology Club of London.

Several copies of past issues of the Newsletter of IAAP, The International Association of Analytical Psychology.

The 1941 Issue of SPRING which contains an article by Toni Wolff titled *A Few Thoughts On The Process Of Individuation in Women*. The only other material we have in English by Toni Wolff is her essay on *Typology in Women*.

In anticipation of our January speaker, Elizabeth Fergus-Jean we have several books on the Kaballah for you to read.

- Kabalah by Gersham Schloem
- On the Kabalah and Its Symbolism by Gersham Schloem
- The Secret of Secrets: The Unwritten Mysteries of Esoteric Qabalah by Michael-Albion MacDonald
- Kabalah: An Introduction and Illumination for the World Today by Charles Ponce.
- The Hebrew Goddess: by Raphael Patai. This book has a chapter on Matronit, the Goddess of the Kabbala.

Remember, you can return, books, periodicals and tapes to the book drop by our door, room 222, anytime Good Shepherd Center is open.

Happy reading in the New Year.

- Bunny Brown, Librarian

We are still in need of a volunteer who can staff the library the second Saturday of every month from 12:30 to 3:30. If you are willing to make this commitment for a few months, please leave a message on our office phone. 206 547-3956.

Ralph Quillman

Gilda Warden

Aurore Maren

Karen Holt

Sheila Belanger

Judith Willingham

Mary Ellen Johnson

Howard Lamb

Meg Kane

Dan Keusal

Perry Emge

Leila Anasazi

Carolyn Johnston

Betty Eldridge

Ann Fagan

Nancy Newman

Eberhard Riedel

Bev Osband

Lynne Hyerle

Charles Ludwig

Shelly Zhou

Kathy Caldwell

Linda Schauer

John Buscher

Kathleen Gimbrere

Dianne Graham

Judith Larsen

Sibel Golden

Dirk Vanderlee

Karen Hansen

Gordon Keating

Douglas Derrerr

Candace Braley

Patricia Donohue

Dorothy Seidel

Mary Kenney

Bonita Quiroz-Cantu

Barbara Witkow

Robert Matisse

Elizabeth Oder

President's Message

Kabbalah is "Hot Stuff," says Jung

In the Fall of 1952 Jung was suffering from attacks of arrhythmia and tachycardia "due to overwork." In a letter to James Kirsch, dated 18 November of that year, he speaks of his ill health. He takes the time, however, to answer Kirsch's letter despite his flagging energy. This is how significant the subject of this letter was to him. He writes to Kirsch regarding the importance of the symbolism of Kabbalah, the intricate and mysterious realm of Jewish mysticism—so forbidden, one must be over 40 years old to enter into its study.

Jung's interest in Kabbalah dates from many years prior, when in 1944, also suffering from a serious illness which almost killed him—the symbolism of the mystical union, a Kabbalistic, Jewish wedding, appeared to him in a delirium. He describes it as the "marriage of Malchuth and Tifereth, two of the ten spheres of divine manifestation in which God emerges from his hidden state. They represent the female and male principles within the Godhead." (*MDR*, ft. 2, p. 294) He states, "I do not know exactly what part I played in it. At bottom it was I myself. *I was the marriage*. And my beatitude was that of a blissful wedding." (*MDR*, p. 294, my emphasis) For Jung, this image was to inspire him to further study and eventually to write his great opus, *Mysterium Coniunctionis*.

The letter to Kirsch underscores the facts of divine incarnation emphasized in Kabbalistic symbolism. The importance of the image, he implies, is that the union of the opposites, a vision of the wholeness of God, may be an unconscious psychological goal, a task of collective humanity. In an earlier letter to his friend and colleague, Erich Neumann (Jan. 5, 1952), he writes, "The *mysterium coniunctionis* is the business of man. He is the *nymphagogos* of the heavenly marriage. How can a man hold aloof from this drama? He would then be a philosopher, talking *about* God but not *with* him." (*Letters*, vol. II, p. 34) I will confess; these words thrill me, for they intuit the role of human beings in assisting in the incarnation of the Divine. To do our work psychologically, to become more conscious, is to assist in the transformation of the God-image and to assist in the ongoing, eternal process of the incarnation of psyche. *Nymphagogos* means, "bridal guide" or "best man" who gives the bride to the bride groom. Thus man, through greater consciousness, unites the masculine and feminine aspect of the Deity, or the opposite aspects of the self." (*Ibid*, ft. 8, p. 34)

But who exactly is getting married? It's a bit complicated. It appears to be a three-some, or maybe even a four-some—and as the symbolism of the triad implies, it's a creative dynamism. If it is, on the other hand, a quaternity, then we have an image of wholeness and completion, God's wholeness and completion. In the letter of November, 1952, Jung discusses with Kirsch all of the parties involved, each of "whom" is a sacred member of the Kabbalistic "pantheon," or one of the ten *sefirot*, usually arranged in a diamond like shape, also known as the Kabbalistic "tree." Hokhmah ("wisdom" of God), Binah ("intelligence" of God) and Malkhuth ("kingdom" of God), these, says Jung, make up a sacred triad with parallels to the Christian trinity and the incarnation of Christ. (*Letters*, vol. II, ft. 3, p. 92) The "marriage" of Tifereth, a masculine principle of Radiance and Mercy, along with Shekinah, the divine feminine, the mystical archetype of Israel's Community, come together in Knesseth Ysrael, Malkhuth, or the people of Israel. (Gershom Scholem, *Kabbalah*)

Jung says to Kirsch, "I am pretty certain that the extraordinary and venomous response of the orthodox rabbis against the Kabbalah is based upon the undeniable fact of this most remarkable Judeo-Christian parallelism. *This is hot stuff*, and since the 17th century, as far as my knowledge goes, nobody has dared to touch it, but we are interested in the soul of man and therefore we are not blindfolded by foolish confessional prejudices." (*Letters*, vol. II, p. 92-93, my emphasis)

Lucky are we here at the C. G. Jung Society in Seattle, for we will begin our new year with a program on the connection between analytical psychology and Kabbalah. So whatever you'll be celebrating this December, we hope you'll join us January 9th to learn more about this extraordinary subject. Happy Hannukah to you all. May the miracle of your light shine forth in the darkness and may we all do our part at the mystical wedding yet to come.

- Kyle Lee Williams, President

Greg Thompson	Bennett & Patricia Gamer
Adam Leslie Stone	Carolyn Mawbey
Lilian Boardman	Connie Cook
Sara Dale	Janet Tatum
Delmar Underwood	Kirsten Mitchell
Ladson & Darlene Hinton	

C.G. JUNG SOCIETY SEATTLE
NEWSLETTER
WINTER 2009
VOL. 39, NO. 1

John Buscher
Editor

David Steinmetz
Webmaster

Statement of Purpose

The C.G. Jung Society, a nonprofit education corporation established in 1973, publishes this newsletter three times a year. The purpose of the Society is to promote public interest in, and understanding of, analytical psychology and the current use of Jungian concepts by contemporary thinkers. The Society sponsors lectures, workshops, seminars and study groups, and maintains a library of Jungian materials. Programs are, for the most part, intended for the general public.

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Thank you!

C.G. Jung Society, Seattle

Preregistration form

Workshops, Seminars, and Courses are scheduled pending sufficient preregistration. **Preregistration is due one week prior to the beginning date.** Mail this form and payment to: C.G. Jung Society, 4649 Sunnyside Avenue North, Room 222 Seattle, WA 98103.

Questions? Email: office@jungseattle.org or call: (206) 547-3956.

Payment must accompany your preregistration. No refunds.

Please check each event for specific fees, times, locations. (www.jungseattle.org)

I enclose \$ _____ (check or credit card) for preregistration for the following:

Charge my (circle one): Visa MC Number _____ Exp. _____

Name: _____ Phone: _____

Address: _____

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Signature: (CC only): _____



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