



C.G. JUNG SOCIETY • SEATTLE

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SPRING 2010 NEWSLETTER

Philemon and other figures of my fantasies brought home to me the crucial insight that there are things in the psyche which I do not produce, but which produce themselves and have their own life.

C. G. Jung—*Memories, Dreams, Reflections*

Oregon Friends of Jung Red Book Program: April 16-17, 2010

Mark your calendar now for Three Red Book Events! We will not offer an April program in Seattle so that our members may participate in this historic opportunity with the OFJ in Portland. See page 2 for more information.

Ronnie Landau M.A. LPC., Certified Jungian Analyst *“The Queen of Sheba and her Hairy Legs”*

Friday lecture: Who was the Queen of Sheba?

This lecture will focus on the mysterious, mythological and legendary underpinnings of this erotic and powerful Queen who spans three major world religions, Judaism, Islam, and Ethiopian Coptic Christianity. Jung himself became fascinated with Sheba through his intense study of alchemy where the image of King and Queen were central to his formulation of individuation and transformation. According to legend Sheba had a “deformity” of very hairy legs. How is the Queen of Sheba, hairy legs and all, pertinent to us today as men and women and to Jung’s notion of the *Anima Mundi* or World Soul and our conscious relationship to the erotic?



Saturday Workshop: The Queen of Sheba and Her Hairy Legs: The Reparation and Integration of the Exiled Feminine In Western Monotheism and Jungian Analytic Practice

Jung writes in Volume 9i that the loss of an archetype, “gives rise to that frightening discontent in our culture”. (par. 141) In this seminar we will take up the topic of the erotic feminine as an aspect of the Archetypal Feminine through the image of the Queen of Sheba and her encounter with King Solomon. Sheba is an excellent portal in which to view and discuss what has become rejected, repressed, and dissociated in our own nature as men and woman. An aspect of the lore of the Queen of Sheba presents her as a powerful and beautiful ruler but with hairy legs. We will take up the image of her hairiness as shadow, that which has been split off, and the possibility of making what has been unconscious, conscious, what has been forgotten, remembered.

Clinical material, dreams, poetry and music will amplify an engagement with this rich symbolic material. While the emphasis of this seminar will be on a personal engagement, it seems essential that we keep an eye towards its spiritual necessity in the world today.

“The Queen of Sheba and her Hairy Legs”

Ronnie Landau, M.A. LPC., Certified Jungian Analyst

Lecture: *May 14*
May 8, Friday Lecture, 7:00 p.m. – 9:00 p.m.
Good Shepherd Center
Room 202
Lecture Fee: \$15 Members \$25 Non-Members

Workshop: *May 15*
May 8, Saturday Workshop: 10:00 a.m. – 2:30 p.m.
Good Shepherd Center
Room 202
Workshop Fee: \$50 Members \$70 Non-Members

Pre-registration for workshops is encouraged.
Tickets available at the door or at:
www.brownpapertickets.com

This program has been approved for 5.5 CEUs by the Washington Chapter National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is #1975-157. The cost to receive a certificate is as follows: 5.5 units for lecture and workshop \$15; 2.0 units for the Friday lecture \$10; 3.5 units for the Saturday workshop \$10.

Suggested Readings: *Psyche in Scripture; the Idea of the Chosen People and Other Essays* by Rivkah Scharf Kluger. Publisher; Inner City.

Chapter #3 The Queen of Sheba in Bible and Legend. Consider, how does the erotic realm inform, inspire, or even disturb your life, your work, etc. and come prepared to share dreams, poetry, reflections and or clinical material.

Ronnie Landau is a licensed psychotherapist and Jungian Analyst in private practice in Philadelphia, PA. She is a full time faculty member of the Philadelphia Association of Jungian Analysts and is currently serving as President of the C.G. Jung Institute of Philadelphia. She is on the Executive Committee as Secretary of the Inter-Regional Society of Jungian Analysts and is a member of the International Association of Jungian Analysts. Her interest in the mythic and symbolic nature of the Queen of Sheba began during a trip to Israel in 2000 and resulted in her thesis, "The Queen of Sheba and Her Hairy Legs: The Reparation and Integration of the Exiled Feminine in Western Monotheism and Jungian Analytic Practice". She has lectured on this topic throughout various cities.

Learning Objectives

1. To review CG Jung's model of the psyche (ego, shadow, anima, animus, persona, Self) and their application and implications for Jung's process of individuation.
2. To define Jung's concepts of Archetypes and the Objective Psyche as an expression of the "mythological unconscious".
3. To explore Jung's concept of the archetypal image, in particular, the Queen of Sheba in order to better understand the impact of archetypal energies on the process of healing and transformation.
4. To briefly define Jung's theory of complexes and their relationship to dissociation in the personality. How might the condition of "hairy legs" be viewed as complex or as shadow.
5. To consider the psychological impact both subjectively and collectively of the dissociated aspect of the erotic feminine. The image of the Queen of Sheba will be the center point for clinical case material including dreams and poetry.

Oregon Friends of Jung Red Book Program: April 16-17, 2010

We will not offer an April program in Seattle so that our members may participate in this historic opportunity with the OFJ in Portland. Oregon Friends of Jung is giving current paid members of the Seattle Jung Society the same prices as their members which are posted below. Members must have a promotional code to get this member discount. To receive your promotional discount code, leave a message at our phone number in Seattle, 206 547-3956 and we will call you back. www.ofj.org/story/event-announcement/april-16-17-sonu-shamdasani

C.G Jung's Red Book: A Presentation by Sonu Shamdasani with introduction by Daniel Baumann, President of the Zurich Jung Institute and great-grandson of C.G. Jung

Friday, April 16th 7:30 to 9:30 pm, First Congregational Church Sanctuary

OFCGJ Members: \$15; General Admission: \$25

C.G. Jung's Red Book: A Seminar by Sonu Shamdasani

Saturday, April 17th 9:30 to 4 pm, First United Methodist Church, Collins Hall

OFCGJ Member: \$75; General Admission: \$125

Two convenient ways to order:

ONLINE. You can go to www.brownpapertickets.com and search for our events (listed at the top of this page).

BY PHONE. Call Brown Paper Tickets at **1-800-838-3006** and order your tickets by phone.

Brown Paper Tickets accepts Visa, MasterCard or American Express only. Only one member ticket per person per event allowed.

Tickets are non-refundable. We cannot replace lost tickets. Please put your ticket in a secure place.

Continuing Red Book Live Teleseminar with Dr. Murray Stein

From the Asheville Jung Center:

"Our recent seminar on the Red Book was our most successful yet. Despite a few technical glitches, we had a great turnout and have received an enormous number of letters telling us how much people got out of it and how they would love to go deeper in further seminars on the Red Book if at all possible.

With that in mind, we have spoken to Murray Stein about holding another Zurich seminar on the Red Book. He would like to go deeper into the text and cover the third section of the Red Book, known as *the Scrutinies*, more thoroughly.

May 14, 2010 The Red Book, Part II: Further exploring Carl Jung's Visionary Masterpiece with Dr. Murray Stein Live from Zurich

Many have now examined some of the incredible images and writings that Carl Jung painstakingly recorded in his mysterious *Red Book* recently released in October of last year. This January leading Jungian Analyst Dr. Murray Stein led a seminar exploring the intricacies of this book and the many inspirations it holds. The response to this seminar was overwhelming and included a strong clamoring for a second seminar going into more detail. Dr. Stein agreed and will be going much further into the text, including the third section known as *The Scrutinies*. He will also further examine the meaning of *The Red Book* for Jung's life and reflect on its potential value to Analytical Psychology today. Join us on May 14th as Dr. Murray Stein takes us to new depths into Carl Jung's *Red Book*.

Date: Friday, May 14th, 2010—Pacific US: 8am-11am

Place: Good Shepherd Center, Room TBA (see below)

Cost: \$47 per person; \$23 for students or clergy

IT IS ESSENTIAL TO REGISTER AND PAY IN ADVANCE FOR THIS TELESEMINAR; SPACE IS LIMITED.

Call or email the office to register.

Coming Fall 2010:

September 10/11 Jane Selinske, Ed.D., LCSW, LP, MT-BC

"C.G. Jung's Red Book, Artist, Mandalas and Active Imagination Revealed"

Friday Lecture: Artistic Influences on the Development of C. G. Jung's Red Book

The *Red Book* revealed Jung to be a very gifted artist and calligrapher, and it is apparent that there have been influences on his art. This lecture will discuss Jung's experiences and influences regarding mandalas, artists, travels and associates, and his movement towards symbolic art.

Saturday workshop: C.G. Jung's Red Book, Artist, Mandalas and Active Imagination Revealed

Jung's monumental text will be examined along with his new psychological vision as it applied to personal individuation and clinical use. In particular, the mandala and active imagination will be explored. The second part of the workshop is experiential, giving participants the opportunity to experience what Jung himself did in drawing, engaging in active imagination, dialoguing and circumambulating around drawn images. Participants will be taught a number of ways to interpret mandala drawings which can be applied both personally and clinically.

October 8/9 Michael Conforti, Ph.D.

Friday Lecture: Dreams: Expressions of Eternal Wisdom

In working with dreams, we embark on a journey to discover the wisdom residing in the psyche. The universal themes of redemption, birth, death, love, career, and destiny are clearly expressed in our dreams through the same archetypal images found in the world's wisdom tales and sacred stories.

Saturday workshop: Dream Patterning: From Archetype to Living Reality

Dream Patterning, an approach developed by Dr. Conforti, builds on the approach to dreams developed by C.G. Jung and Yoram Kaufmann, and the practices found in the Wisdom Traditions. This presentation will focus on the ability to discern the presence and meaning of archetypal patterns in dreams. Participants will learn how to discern the archetypal/objective nature of images, and ways to integrate the eternal and profound messages found within our dreams into daily life.

November 12/13 Mary Alice Long, Ph.D.

“Jung and Play”

Jung said, “The creation of something new is not accomplished by the intellect but by the play instinct acting from inner necessity. The creative mind plays with the objects it loves.”

In this workshop we will explore how Jung's playful relationship with the inner world opened up the vast world of the collective unconscious. As we observe play as a factor both in the natural world and in the ways that we as individuals create through our own playful forms and expression, we will discover how we each are called to our own playful exploration.

December 10/11 Pat Warming, M.A., M.Div., Jungian analyst

“Music: Therapy of the Soul”

In 1950 Jung wrote: “Music expresses in sounds what fantasies and visions express in visual images.”

In the Friday lecture we will look at sound and music as unquenchable expressions of the human soul. We will note the use of sound and music throughout various cultures, healing and religious traditions. Vibrational energy can be seen as an analogue of Jung's concept of libido as psychic energy. The field of Cymatics (the acoustic field where the archetypal nature of sound can be clearly seen) will be viewed through some video clips showing the effect of sound on matter. Jung has said how helpful it is to find the particular images which lie behind the emotions. In the same way music can slip beneath our conscious reality to tap what is going on below the surface.

Other Events of Interest

March 13 - Conversations of the Crane (follow up to Stanley Krippner's Seattle workshops)

Time: 10:00 am - 12:00 pm

Location: Seattle Healing Arts, 6300 Ninth Ave NE, Seattle, WA 98115

Conversations of The Crane is a Seattle learning community forming for those who want to continue the inquiry into personal mythology, dreams and transformation begun in recent workshops with Dr. Stanley Krippner and others. It is not necessary to have taken the workshops previously.

Suggested Fee: \$5.

More information is at Website: <http://www.transformativegroups.com/conversationsofthecrane.htm>.

Contact Susan Burns at 425 881-9000 or info@transformativegroups.com

April 5, 12, 19 - In Honor of National Poetry Month, Kyle Lee Williams MA, LMHCA, presents

“On the Relation of Analytical Psychology to Poetry: a Study of Jung's Essay on Poetry, Literature, and the Psyche,” an essay from Carl Jung's *The Spirit in Man, Art, and Literature* (Collected Works, vol. 15)

Three Mondays 7pm-9pm (April 5, 12, 19) Fee: 3 classes for \$60, \$25 students.

Individual classes available at \$20 per class, but entire series recommended.

Register at: www.brownpapertickets.com/event/100293

Location: This lecture will most likely take place at Johnson Hall at the University of Washington. However please stay in close contact with Charles Morrison (206 -769-8736) for room and time changes.

Given as a lecture in 1922 to the Society for German Language and Literature, Jung sharply contrasts his own approach to art with the "corrosive reduction" of a Freudian approach. Jung points out that "a work of art is not a disease," and gives a layman-like explanation of the operation of complexes in the creative process. Jung speaks of the artist's "divine frenzy" and its relationship to authentic religious experience, and on the psychological dangers inherent in the creative life, made so apparent in the tragedies of so many artists and highly creative people.

For more information, go to: <http://www.readingjung.org/poetry/>

Spring 2010

Library Hours

Saturdays

12:30—3:30 pm

Call 206-547-3956
to verify hours

C.G. Jung Society,
Seattle Library
Good Shepherd Center
Main Floor, Rm. 222

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Library News

We now have three copies of the Red Book, thanks to the generous spirit of John Krausser who donated a copy in January. Two copies are available for borrowing for a two week period. Each copy requires a deposit of \$115.00 which will, of course, be returned to the borrower when the book is returned to us.

Remember you can access our library catalog on line by going to Jungseattle.org/library. We try to have all the books written by our speakers and please note that you may borrow DVDs featuring our speakers who allowed us to tape their lectures. We expect to have our audio and DVD lectures in our catalog soon. Please remember to browse our used book shelves when you come to our Friday night lectures or Saturday workshops. We have lots of miscellaneous titles that have been donated to us and also as many Jungian titles as we can get.

- Bunny Brown, Librarian

BUY BOOKS!

Every time you buy from AMAZON.COM through the Jung Society website, we will receive a percentage of your purchase price. The link is at the bottom of our home page, www.jungseattle.org, next to the calendar. We appreciate your support.

Thank you!

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Member Benefit: What is "Big Tent?"

Big Tent is an online membership organization database the Jung Society is now using to keep track of its members. It saves us money and time, and gives you the opportunity to create a profile and get to know other members, similar to facebook. Future renewal notices will be sent electronically so please make sure the Society has a current address. Big Tent also offers interactive forums and opportunities for networking so sign up today if you have not already done so.

Please log on at: <https://www.bigtent.com/groups/cgjungseattl> (notice that there is no "E" on the end of "seattle.")

For more information about the Big Tent member benefit, go to <http://www.jungseattle.org/bigtent.html>.

Thoughts on Recent Workshops

Dr. Stanley Krippner Offers Note to Members of CG Jung Society Seattle

Dr. Stanley Krippner's January 8th evening lecture on Personal Mythology and Dreamwork was well received with a full audience. Dr. Krippner presented on how the familial, cultural, spiritual, gender, global, and unconscious myths influence our life stories, creating patterns which dynamically interplay throughout our lifetimes shaping our personal mythology. The story lines can be accessed, in part, through dream work. Dr. Krippner's workshop on Saturday Jan. 9 introduced two Jungian dream exercises to demonstrate how to become aware of evolving personal myths. Participants ended the day with a well rounded appreciation of how to work dreams as tools for changing our stories. Dr. Krippner wrote this note to the CG Jung Society Seattle on his return to Saybrook University:

It was a pleasure to meet the members of the Jung Society and to work with them during my visit. The questions following my lecture were excellent and showed a level of erudition rare in my experience. The responses to the workshop exercises demonstrated how quickly the participants caught on to my intent, permitting us to go deeper into each person's experiences than usual. The Jung Society is carrying on an important function in the Pacific Northwest and I hope to be with the group again.

Note: The morning lecture by Dr. Krippner was recorded on DVD and is available at the Seattle CG Jung Society library. CGJS members can check out a copy for review free of charge.

Dr. Glen Slater's Presentation on Film through Hillman's Landscape of the Soul

Dr. Glen Slater's Feb. 12 evening presentation, comparing theoretical precepts of Jung and Hillman was fascinating. What clearly stood out was the dynamic concept of the soul for Hillman in contrast to Jung's definition of psyche. Conceptually both are the same. However, Dr. Slater clearly showed the emphasis in Hillman's work toward metaphor and symbol as a rich language for the archetypal elements in dynamic soul work. Dr. Slater said that one of Hillman's urgings was to learn to see the world metaphorically.

On Saturday, Feb 13, Dr. Slater brilliantly showed us how to view films with a Jungian eye on the landscape of the soul. Through the analysis of 3 films, he showed how film makers dynamically shape what we see through designing sets symbolically, relatively weaving archetypal themes, figures, and the elements of drama and myth into a textured and layered ecology. There are unconscious repeating patterns which underlie and drive the outer layer of a movie and play on us emotionally to carry us along. Dr. Slater gave us a way to see through the surface actions in a movie to the deeper soul of an archetypal world.

Susan Burns, Vice President

President's Message

We are very sorry to hear of the death in January of Dr. Ellsworth "Buster" Alvord. Dr. Alvord was the husband of Nancy Alvord who was a founding member of the Seattle Jung Society and in whose honor we have named our library. Both "Buster" and Nancy have been devoted supporters of the intellectual, artistic and cultural life of Seattle for many years and we have been honored to have had their support since the beginning of the Society. Our condolences to Nancy and the Alvord family.

The lecture and workshop by Dr. Stanley Krippner was well attended. Personal mythology seemed to be an attractive topic. Glen Slater gave us an excellent explanation of the guiding ideas of James Hillman and how his theories of psychology differ somewhat from those of Jung. As always we look forward to the visit of James Hollis, a guide for many of us trying to live the latter part of our lives with sense and meaning. Charles Morrison is working once again on setting up a remote broadcast sponsored by the Asheville Jung Society. Attendance at the last one on the Red Book was more than expected and we thank those who sat on the floor! Details will be presented in forthcoming emails. Several of us are looking forward to the lecture and seminar presented by Sonu Shamdasani in Portland in April. Details were in our last newsletter (Also see page 2). If you plan to go and need the code please call our office. Tickets may be ordered through Brown Paper tickets.

A big change in our membership renewals has been undertaken by our Membership administrator, Gillian Vik with the assistance of Charles Morrison. You will receive a notice of your membership expiration from Big Tent and you may renew through them or those who do not wish to renew online can continue to renew or join at an event or by sending a check or card number to the office by mail or phone. You will receive your membership card and renewal coupon by mail.

We value our members and welcome your suggestions and interest.

Bunny Brown, President

C.G. JUNG SOCIETY SEATTLE
NEWSLETTER
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Shirley McNeil
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Webmaster

Statement of Purpose

The C.G. Jung Society, a nonprofit education corporation established in 1973, publishes this newsletter three times a year. The purpose of the Society is to promote public interest in, and understanding of, analytical psychology and the current use of Jungian concepts by contemporary thinkers. The Society sponsors lectures, workshops, seminars and study groups, and maintains a library of Jungian materials. Programs are, for the most part, intended for the general public.

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C.G. Jung Society, Seattle

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Workshops, Seminars, and Courses are scheduled pending sufficient preregistration. **Preregistration is due one week prior to the beginning date.** Mail this form and payment to: C.G. Jung Society, 4649 Sunnyside Avenue North, Room 222 Seattle, WA 98103.

Questions? Email: office@jungseattle.org or call: (206) 547-3956.

Payment must accompany your preregistration. No refunds.

Please check each event for specific fees, times, locations. (www.jungseattle.org)

I enclose \$_____ (check or credit card) for preregistration for the following:

Charge my (circle one): Visa MC

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