



C. G. JUNG SOCIETY • SEATTLE

*"But the numinous beginning [when I pursued the inner images],
which contained everything was then." — C. G. Jung*

2014 Calendar of Events

January 5	12 th Night Celebration
January 10, 11	Robert Bosnak, Psy.A., J.D.
February 7, 8	Leland Shields, M.S., M.A.
March 7, 8	Ralph Metzner, Ph.D.
April 11, 12	John Van Eenwyk, Ph.D.
May 9, 10	Anthony Lawlor
Summer Series	To Be Announced
September 12, 13	John Ryan Haule
October 10, 11	Veronica Goodchild, Ph.D.
November 14, 15	To Be Announced
December 12, 13	Carol Pearson, Ph.D.

The C. G. Jung Society, Seattle is proud to present the **2014 Calendar of Events**, featuring outstanding speakers and Jungian scholars who will address critical issues and topics relevant to contemporary society. Please *save the dates*. Your participation and continued input are valuable to our society.

Project Mnemosyne



Mnemosyne Image by Dante Gabriel Rossetti

Project Mnemosyne reaches 80% of goal

Your year-end gift could take us to 100%

The Seattle Jung Society has one of the most unique libraries in America. In addition to our extensive library of books collected over 40 years, we house hundreds of audio and videotapes of lecturers and workshop presenters the Society has hosted over four decades.

Through Project Mnemosyne (pronounced nē-mos' i-nē), the Society is converting

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Robert Bosnak, Psy.A., J.D.

Friday, January 10th Lecture: *The Phenomenal Power of Asclepian Dream Incubation*

Intentional dreaming has been practiced since the beginning of Western medicine. Dreamers would go to an Asclepian healing sanctuary and sleep in an Abaton, which means the place in which to enter the inaccessible. There the healing imagination, embodied as the Physician god Asclepius and his helpers, would provide cures for intractable illness.

The Santa Barbara Healing Sanctuary program is an authentic revival of the ancient Asclepian tradition. It is based on the practices of creative imagination and dream embodiment. In spectacular residential settings individual sessions of embodied imagination are enhanced by art, theater, writing and integrative medical practices. It opened its doors in September 2011 and has since been expanded to the Malinalco Healing Sanctuary near Mexico City.

This talk will be about the results of the Sanctuary process for people with illness or those who want to prevent getting ill and enhance their lives. Methods of dream incubation will be reviewed, embodied imagination will be demonstrated, and practical suggestions made how to create a healing sanctuary experience in your everyday/night lives based on creative imagination.

The presenter's ultimate goal is to have Asclepian medicine take back its rightful central place in contemporary medical treatment.



Good Shepherd Center

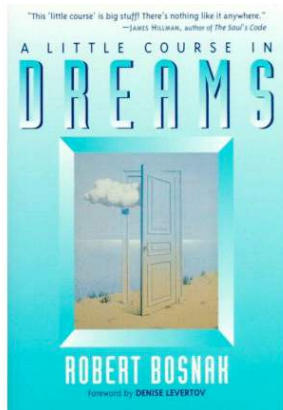
January 10th 7-9 pm

January 11th 10 am – 4 pm

See pages 8-9 for CEUs and Pricing

Saturday, January 11th Workshop: *The Phenomenal Power of Asclepian Dream Incubation*

Participants will engage in the work of dream incubation and embedded imagination. Bosnak's *A Little Course in Dreams* is an excellent "hands-on" manual for those new to dream work or seasoned practitioners as well. [Click here](#) to order now or visit jungseattle.org and select the Amazon link.



Robert Bosnak, Psy.A., J.D., is a Jungian psychoanalyst, graduated in Zurich in 1977, and wrote several books translated into a dozen languages, among which *A Little Course in Dreams*, and *Embodiment, Creative Imagination in Medicine Art and Travel*. Together with Stephen Aizenstat he founded the Santa Barbara Healing Sanctuary (www.sbhsanctuary.com), preceded by 3 founding conferences called *Imagination and Medicine*, (book of same title appeared 2008.)

He pioneered the embodied imagination method which is practiced worldwide by therapists, actors, directors, writers and artists Together with Jill Fischer he created the brief-depth method of therapy and creativity enhancement using embodied dream incubation over a series of 8 sessions.

Continued on page 8 . . .

Leland Shields, M.S., M.A., Jungian Psychotherapist

Friday, February 7th Lecture: *Zen Koans as Myths Reflecting Individuation*

There is a destination, a possible goal, beyond the . . . [alienations of self]. That is the way of individuation. Individuation means becoming a single, homogeneous being, and, in so far as “individuality” embraces our innermost, last, and incomparable uniqueness, it also implies becoming one’s own self. We could therefore translate individuation as “coming to selfhood” or “self-realization” (Jung 1928/1969, CW 7, ¶266).

Koans, stories of encounters between Zen practitioners, are myth-like in their resonance across time and culture. Their concise form is rich with archetypal imagery, which, in some stories, provides perspective on the process of individuation.

In this lecture, Jung’s methods of seeking wisdom in myth will be applied to koans to explore the process of individuation. The ancient stories will be mined for their insights about the process of individuation, not just as an intellectual exercise, but emphasizing their application in each of our lives, in the present and every day.

How about today? Have you received a call for a genuine response, whether substantial or minor? Did you recognize the call? Was there room for a more engaged response? With questions like these, we will hone awareness and our abilities to seize opportunities to respond in an individuated manner, one encounter at a time.

Saturday, February 8th Workshop: *Zen Koans as Myths Reflecting Individuation*

Participants will have a chance to thoughtfully and experientially have their own encounters with the koans, and to learn from the responses of others present. We will also reflect personally, in writing, and interactively with the group, to explore the opportunities that arise for each of us to speak genuinely, or to hide ourselves. When in your days do you receive the call to be?

Leland E. Shields, M.S., M.A., is a Licensed Mental Health Counselor in Seattle, Washington, the author and editor of *Dreamwork Around the World and Across Time: An Anthology*, and is a past president of the Jungian Psychotherapists Association in Seattle. As a Zen teacher in the lineage of Robert Aitken, Mr. Shields frequently uses both Jungian and Eastern approaches in his work with patients.



Good Shepherd Center

February 7th 7-9 pm

February 8th 10 am – 4 pm

*See pages 8-9 for CEUs
and Pricing*

Continued on page 8 . . .

Ralph Metzner, Ph.D.:

Friday, March 7th Lecture: *C. G. Jung, Albert Hofmann and the Philosophers' Stone*

Shamanism, yoga and alchemy are historically the three great traditions of transformation – physical, psychological and spiritual – with shamanism, yoga and alchemy the Eastern and Western extensions. In all three traditions there is recognition of the reality of living yet immaterial “spirits,” “essences” or “souls,” intrinsic to all living beings and even inanimate matter.

The concepts and worldview of the alchemical philosophers were suppressed first by the medieval church and then by the rise of scientific materialism. It is the great merit of Jung’s work to have rehabilitated the alchemical wisdom tradition from the cultural unconscious of medieval Europe – re-interpreting it as the secret symbolic language of the psyche.

It remained for another Swiss scientist of the 20th century, chemist Albert Hofmann, with his unexpected discovery of material substances that profoundly expand perception and consciousness, to reconnect with the material element of the alchemical tradition. This was the secret of the *lapis* – the precious “wisdom stone” – that could bring about a profound new way of “seeing.”

Saturday, March 8th Workshop: *C. G. Jung, Albert Hofmann and the Philosophers' Stone*

In the workshop we will practice *alchemical divinations* – methods of structured intuitive inquiry, using yogic light-fire methods for a mildly expanded state of consciousness. We work in the spirit of the Roman deity Janus, god of doorways, passages and transitions, whose two faces look in a balanced way into the past and the future, re-memorizing significant aspects of our history and en-visioning probable and possible futures in creativity and spiritual growth.

New to Dr. Ralph Metzner's Work?

Consider reading *The Unfolding Self* or other selections by Ralph Metzner. Order through our link on Amazon on our website or [CLICK HERE](#).

Ralph Metzner, Ph.D. is a recognized pioneer in psychological and cross-cultural studies of consciousness and its transformations. He is a psychotherapist and Professor Emeritus at the California Institute of Integral Studies. His books include *The Unfolding Self*, *The Well of Remembrance*, *Green Psychology*, *The Expansion of Consciousness*, *Alchemical Divination and Mind Space and Time Stream*. He is the editor of two collections of essays on *Ayahuasca* and of *Psilocybin Mushrooms*.

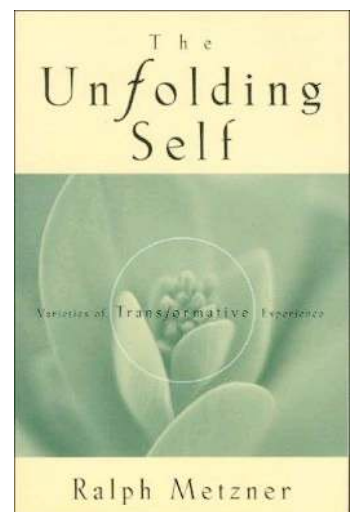


March 7th 7-9 pm

March 8th 10 am-4 pm

Good Shepherd Center
Rm. 202

See page 8-9 for CEUs and
Pricing Information



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12th Night Celebration: *with special presentation by Suzan Rood Wilson, M.A., Jungian Analyst with NPIAP*



“A dark winter’s night, the twelfth night after the birth of the Christ child, the light of god on earth, the night of Epiphany, of revelation of the thrice-witnessed experience of God-incarnate, following a great star in the east, to take a chance they would find what they sought. I want to tell you my own winter’s tale. Mine is the story of the promise of a great light and the long journey to life’s longing for more journeys. Many of you have your own Winter’s Tale and I imagine that all are compelling and numinous as well” – Suzan Wilson.

Suzan Rood Wilson is a Jungian Analyst and Psychotherapist who will lead us in a story telling hour on the “Numinous Dream.” Come and bring a five-minute Numinous experience (a personal synchronicity or a dream) to share or hold private. Suzan will teach us how to move the Numinous experience forward!

Please bring your favorite Potluck Hors d'oeuvre beverages will be provided. Dress: Holiday Casual

When: Sunday, January 5, from 3 p. m. to 5 p.m.

Where: Private Residence in Madrona at 3816 E Spring Street, Seattle WA 98122

Members & Friends are Welcome

TIMELESS NIGHT: Viktor Frankl Meets Edith Stein

A play by Elizabeth Clark-Stern, featuring Robert Bergman as Viktor Frankl, and the author as Edith Stein

Saturday Feb 1 and Saturday June 28 ♦ Good Shepherd Center Chapel



OUR SETTING is an old storeroom in Auschwitz, a summer night late in the Second World War. Two “troublemakers” are thrown together, a psychiatrist who is making notes on the book he will write if he survives the camp, and a Jewish philosopher who became a Carmelite nun. She is already the author of many books, including *The Problem of Empathy*. They realize that with the dawn comes Liberation or Extermination. They have this one precious night to make meaning of their lives, to share their stories, their greatest dreams, their most passionate ideas, their hearts.

JOIN US for this Shrink Wrap Theater Company Production sponsored by the Seattle Jung Society, the NW Alliance for Psychoanalytic Study and the Jungian Psychotherapists

8 p.m. Tickets at the door \$10 Jung Society/JPA/Alliance \$15 general audience (Information: 206-720-1500)



40th Anniversary Celebration 1973-2013

Memories, Dreams, Reflections



Bunny Brown



A heart felt thank you for all who joined in the
40th Anniversary Celebration & Board Election

Sonu Shamdasani on Jung's *Red Book*

Co-sponsored by Sandplay Therapists of America & the C. G. Jung Society, Seattle

Sonu Shamdasani, editor of Jung's *Red Book*, has been invited to Seattle as a keynote speaker by Sandplay Therapists of America for their National Conference June 5 - 8. Following the conference, there will be a Post-Conference on Sunday afternoon, co-sponsored by STA and the Seattle C.G. Jung Society in which Sonu Shamdasani will present material more specific to the *Red Book*. The Post-conference with Professor Shamdasani is open to anyone interested in a more in depth look at Jung's *Red Book*.

Registration will be available online for both the Sandplay conference and the Post-conference event on the STA website Feb 1 at www.sandplay.org. Members of the Jung Society will also receive an email announcement after the first of the year and a discount when pre-registering for the Post-conference.

Three hours of Continuing Education for clinicians will be offered for the Post-conference through NASW and handled by Seattle Jung Society. There will be a total of 18 CE hours available during the Sandplay Conference, with an additional 6 hours for the Pre-Conference June 5. Registration is also available for those who wish to attend a specific day of the Sandplay Conference, during which there will be 38 workshops and several plenary events.

There will be an opportunity to pre-order the large hardcover edition of *The Red Book* or the smaller soft cover edition. Pre-ordered books will be signed by Professor Shamdasani and distributed on site. It will also be possible to bring your own copy for signing after the Post-conference event or during the Conference for those attending the whole event. Both Sandplay Therapists of America and the C.G. Jung Society look forward to seeing you at this exciting event.

- Janet Tatum

Salon in the Library: **Anne Taylor, Ph.D.** will discuss emerging concepts informing her book in progress, *Heart Coherence: Recovering the Imaginal Heart in an Age of Technology*. Jung cautioned that Western Science errs when it believes that it alone conveys the only kind of understanding there is. Anne asks what are we missing, personally and collectively, if we accept Western Medicine's claim of the throne. Primary themes include the imaginal heart as viewed from depth psychology, heart coherence, and the heart as viewed by selected Wisdom Traditions. **Please see website for time and date.**



C. G. Jung Society of Seattle members have the opportunity to present their ideas for things like articles, educational courses and seminars to other members for review, discussion and feedback in a relaxed collegial conversational setting surrounded by our extensive library. Contact office@jungseattle.org if you would like to schedule a salon.



Thomas Kirsch, M.D.

If you missed an evening with Dr. Thomas Kirsch this past September 20th, it's not too late for members to view his memorable presentation on DVD.

Entitled "The [James] Kirsch-Jung Letters," Dr. Thomas Kirsch retold first hand accounts of his three personal meetings with C. G. Jung. **Personal stories about Jung, the man, broaden our perspective beyond Jung's professional persona.**

As the son of Dr. James Kirsch, Thomas Kirsch provided lively discussion on the topic of Jung's rumored anti-Semitism. One participant reflected: *"I walked away agreeing with Thomas Kirsch that Jung was not anti-Semitic. While some interpret Jung's behavior and a few of his statements as being anti-semantic, there is no direct evidence that he was. The members of the Jung Society Board believed that we had an obligation to our members to examine this issue. Thomas Kirsch gave us a rare and insightful view into Jung and his friends and associates."*

Library News:

By Bunny Brown

We have a few copies of *Hauntings*, James Hollis' new book, for sale. We ran out at his event so I ordered a few more for those who could buy it then. If you want one, please call the office at [206 547-3956](tel:2065473956) and leave your name and number.

New books on order include: *Jung in India* by Sulagna Sengupta, and *Dreams of Totality: Where We Are When There's Nothing at the Center* by Sherry Salman.

Spring: a Journal of Archetype and Culture

Vol. 85 *On Home and the Wanderer*, Vol. 86 *Unwrapping Swiss Culture*, Vol. 87 *Native American Cultures and the Western Psyche: a Bridge Between*, Vol. 88 *Environmental Disasters and Collective Trauma*, Vol. 89 *Buddhism and Depth Psychology: Refining the Encounter*

I am also compiling a new list of recommended reading for our new website. Please send us your favorite Jungian book by email to office@jungseattle.org or mail your ideas to us at 4649 Sunnyside Ave N, Seattle 98103. We would love to know why that book has meant so much to you.

Robert Bosnak, Psy.A., J.D., Learning Objectives:

1. The practice of dream incubation.

2. The practice of embodied imagination.

3. The principles of Asclepian medicine

Leland E. Shields, M.S., M.A., Learning Objectives:

1. Apply Zen koans to the process of individuation conceptually and experientially.

2. Bring the wisdom of the group to develop a deeper understanding of the koans applied to individuation.

3. Recognize the call for an intimate, genuine response.

4. Consider the risks of speaking up. Why do we hold back?

5. What is your intimate response for challenges that you meet?

Ralph Metzner, Ph.D. Learning Objectives:

1. Understand Jung’s contribution in rehabilitating the alchemical wisdom tradition after its suppression by the medieval church and scientific materialism.

2. Examine Albert Hofmann’s role in disclosing the relationship between material substances that expand consciousness and the impact in alchemical tradition.

3. Explore the secret of the *lapis* and its value in new ways of “seeing.”

4. Explore *alchemical divinations* using yogic techniques, which gently stimulates mind expansion.

**C. G. JUNG SOCIETY,
SEATTLE
STATEMENT OF
PURPOSE**

The C.G. Jung Society, a nonprofit education corporation established in 1973, publishes this newsletter three times a year. The purpose of the Society is to promote public interest in, and understanding of, analytical psychology and the current use of Jungian concepts by contemporary thinkers. The Society sponsors lectures, workshops, seminars and study groups and maintains a library of Jungian materials. Programs are, for the most part, intended for the general public.

Continuing Education

Programs presented by the C. G. Jung Society, Seattle (unless otherwise noted) have approved CEUs by the Washington Chapter National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is #1975-157.

Mnemosyne...continued from page 1.

decades of memories - words of wisdom from Jungian scholars, speakers and workshop presenters - from magnetic audiocassette and VHS tapes to digital media that can be shared electronically. Project Mnemosyne will conserve the repository of knowledge in the Jung Society's library, which in its current form is in danger of degrading beyond use, and make these precious resources available to a world that is hungry for the wisdom of depth psychology.

Project Mnemosyne is an avenue for Society members and community members to help bring Jung's light into 'the darkness of mere being.'

Please consider a gift in support of Project Mnemosyne by mailing a check to the office using the form at the back of this newsletter.

Gifts for Project Mnemosyne are tax deductible as the C.G. Jung Society, Seattle, is a 501(c)(3) charitable organization.

President's Message:

Welcome to our new season of programs with Robert Bosnak, Leland Shields, and Ralph Metzner coming up in the next few months.

Our **40th Anniversary**, celebrated in August at Woodland Park, was fun and festive. The tables were decorated with natural woodsy materials, the ceiling was lit with tiny white lights, the food was great, and we had a wonderful lightning and thunder show to watch. The event was our official annual membership meeting, too; board election results are to the right.

Our website redesign is coming along nicely - look for an email notice when we launch it. At that time we expect to have renewals for membership and event ticket purchases available online through PayPal.

Project Mnemosyne is close to reaching our goal that will enable us to digitize our 40 years of lectures and videos and make them available electronically. Please consider a year-end gift to help us reach our goal! Call the office for more information or to facilitate a tax-deductible donation for this year. *Your* gift will help us make our goal!

Bunny

<u>Member Admission Schedule</u>	
Lectures	\$15
Workshops	\$50
<u>Nonmember Admission Schedule</u>	
Lectures	\$25
Workshops	\$70
<u>CEU Certificates</u>	
Lecture only	\$10
Workshop only	\$10
Lecture & Workshop	\$15
<i>Pre-Registration is Encouraged!</i>	
brownpapertickets.com	

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Use Preregistration Form or Order at <http://brownpapertickets.com>
Tickets also available at the door

C. G. Jung Society, Seattle



Payment must accompany your preregistration. No refunds. Please check each event for specific fee, times, locations. Mail this form and payment to C. G. Jung Society, 4649 Sunnyside Ave. N, Room 222, Seattle, WA 98103

I enclose \$_____ for preregistration of:_____

I'd like to support **Project Mnemosyne** in the amount of: _____

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