### http://jungseattle.org



# C. G. JUNG SOCIETY • SEATTLE

"The text [Secret of the Golden Flower] gave me gave me undreamed-of confirmation of my ideas about the mandala and the circumambulation of the center. That was the event which broke through my isolation." – C. G. Jung, Memories, Dreams, Reflections, 197

# 2014-15 Calendar of Events

April 4	Bettina Wilhelm			
April 11, 12	John Van Eenwyk, Ph.D.			
May 9, 10	Anthony Lawlor, M. Arch.			
June 8	Sonu Shamdasani, Ph.D.			
Summer Series	Redbook Mandala Series			
	Walter A. McGerry, M.A.			
September 12, 13	John Ryan Haule, Ph.D.			
October 10, 11	Veronica Goodchild, Ph.D.			
November 14, 15	Suzan Wilson, M.A.			
December 12, 13	Carol Pearson, Ph.D.			
January 2015	Craig Chalquist, Ph.D.			
February 13, 14	Charles Zeltzer, Ph.D.			
March 13, 14	Patricia Berry, Ph.D.			
April	James Hollis, Ph.D.			

#### Project Mnemosyne reaches 100% of goal!

.....



Mnemosyne Image by Dante Gabriel Rossetti

A big Thank You to all who helped make Project Mnemosyne a great success! We had never set such an ambitious goal, never asked our members for contributions beyond membership and event fees. But because last year was our Society's 40th anniversary and because the project itself was so important, we dared to ask the community to help us raise the \$12,000 needed to digitize our audio library.

The community responded vigorously. Founder Nancy Alvord kicked off the campaign with a gift of \$5000.

Continued on page 7...

## IN THIS ISSUE:



#### Bettina Wilhelm,

Richard Wilhelm and the *I Ching*:

Wisdom of Changes

Page 2



John Van Eenwyk, Ph.D. The Event Horizon of the Mind

Page 3



#### Anthony Lawlor, M. Arch.

Architecture & Psyche

Page 4



Walter A. McGerry, M.A.

Summer Series *Create Your Own* 

Page 5



The Red Book and the Genesis of Jung's Works with Sonu Shamdasani Ph.D.

A special event, Page 8

# **Bettina Wilhelm**: *Wisdom of Changes:* Richard Wilhelm and *the I Ching* (2011)

Join us for a private showing of *Wisdom of Changes* with Richard Wilhelm's granddaughter, Bettina Wilhelm – director, writer, and filmmaker. Ms. Wilhelm followed in the footsteps of her grand father and retraced his journey in China for this documentary film. Her personal research and exploration stemmed from a desire to get to know her grandfather and share the importance of his work. Ms. Wilhelm's personal and biographical perspective will be of importance to Jungian thinkers and scholars alike.

Sinologist Richard Wilhelm altered the course of Jung's life when he sent Jung a copy of *The Secret of the Golden Flower* and asked him to write a commentary to be included with the publication. Jung had been working on a golden mandala that was "so Chinese" when he received Wilhelm's request. This ancient alchemical treatise provided Jung with unsolicited and "undreamed-of confirmation on [his] ideas about the mandala and the circumambulation of the center" (*MDR* 197).

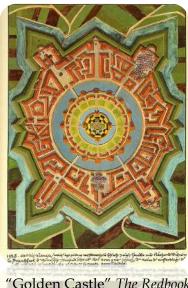
"When I painted this image [right], which showed the golden well-fortified castle, Richard Wilhelm sent me from Frankfurt the Chinese thousand-yearold text of the golden castle, the embryo of the immortal body..." (The Redbook Image 163 Note 307 from page 320)

Jung endorsed Wilhelm's translation of the *I Ching* as one that was "unrivaled in the West." Jung was not a Chinese scholar, or Sinologist, and his perspective was admittedly a psychologically weighted one. The *I Ching* contains all the archetypes of life, including psyche.

Bettina Wilhelm reveals the heart and soul of Richard Wilhelm's life and work, and his association with Jung and the *I Ching*.



Good Shepherd Center April 4th 7-9 pm See pages 8-9 for CEUs and Pricing



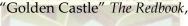


Image 163



Bettina Wilhelm was born in Shanghai,

China, and lives in Berlin and Basel. She studied in Basel, Switzerland before getting her diploma in film and television from Middlesex Polytechnic in London. She apprenticed as assistant director to Agnieszka Holland on "Angry Harvest" (1985) and studied directing under Krzysztof Kieslowski. She has directed films and theatre and written screenplays. In 1990 she made her feature debut with "All of Me." "Julie's Spirit" is her second feature film. "Wisdom of Changes", a documentary about her grandfather Richard Wilhelm and the *I Ching*, is currently showing in cinemas.

## Spring 2014

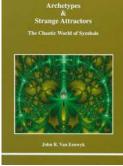
# John R. Van Eenwyk, Ph.D.: Psychoid: The Chaotic Dynamics of Individuation

Jung referred to the realm of the psyche wherein mind and body overlap as *psychoid*. Today science expands our understanding of the psychoid realm, where mind and body influence and modify each other.

Recent discoveries in genetics, microbiology and biochemistry have increased our understanding of the most basic dynamics of physical processes, especially those that influence how we perceive, process and respond to the world around us. Might those discoveries illuminate how ego and unconscious work together to further individuation?



Good Shepherd Center April 11th 7-9 pm April 12<sup>th</sup> 10 am – 4 pm See pages 8-9 for CEUs



# **Friday Evening, April 11<sup>th</sup> Lecture:** *The Event Horizon of the Mind*

Tonight we'll explore how psyche and matter fold into one another. We'll review how the smallest molecules have enormous effects on us. We'll see how physical processes possess a consciousness greater than the ego's. Finally, we'll discover why so many psychotherapeutic techniques are doomed to failure.

# Saturday, April 12th Workshop: Dancing with Liminality

This workshop will look at how the unconscious deals with life's challenges, both before consciousness forms and afterwards, in those instances when consciousness can neither understand nor cope with the chaos of life. We'll use those insights to transform the chaos in our lives into successful individuation.

#### Learning Objectives:

- 1) To gain understanding of what Jung meant by the psychoid realm.
- 2) To gain understanding of the relationship between psyche and matter and explore how they fold into one another.
- 3) Explore ways the unconscious deals with life's challenges and how these insights transform chaos into successful individuation.

**Dr. John R. Van Eenwyk** is a Clinical Psychologist and Jungian Analyst in private practice, an ordained Priest in the Episcopal Church and a Clinical Instructor at the University of Washington School of Medicine. He is the founder and Clinical Director of the International Trauma Treatment Program. The author of *Archetypes and Strange Attractors: The Chaotic World of Symbols and Clinical Chaos: The Strange Attractors of Childhood Trauma*, he publishes widely and lectures internationally on both Jungian psychology and the treatment of torture survivors.

# Anthony Lawlor, M. Arch.: Architecture & Psyche

# **Friday, May 9th Lecture:** *Experiencing Archetypes, Alchemy and the Collective Unconscious in Everyday Places*

Through a richly illustrated presentation and experiential exercises, this lecture and workshop will relate how the design of homes and public spaces provides tangible encounters with archetypes, alchemical processes and the collective unconscious. Participants will learn ways of seeing doorways, pathways, places of arrival and other common architectural elements as a symbolic landscape for individuation.

The process of extracting, manufacturing and finishing metallic ores, timber and other raw materials will be related to the alchemical processes of transmuting *prima materia* into the *Lapis Philosophorum*, the Philosopher's Stone, of experience to create alchemical vessels, *Vas Hermeticum*, within which the operations of psyche can be revealed. How the designs of public plazas, government institutions, commercial settings, industrial districts, residential neighborhoods and other areas within a city embody the codes and beliefs of the collective unconscious and support the cultural rituals of its mythology will be shown. Participants will come away with knowledge and methods for experiencing the architecture they inhabit each day as vibrant and significant places to unfold consciousness and imagination.



May 9th 7-9 pm May 10th 10 am-4 pm

Good Shepherd Center Rm. 202

See page 8-9 for CEUs and Pricing Information

# Saturday, May 9th Workshop: Experiencing Archetypes, Alchemy and the

# Collective Unconscious in Everyday Places

In the workshop we will practice *alchemical divinations* – methods of structured intuitive inquiry, using yogic light-fire methods for a mildly expanded state of consciousness. We work in the spirit of the Roman deity Janus, god of doorways, passages and transitions, whose two faces look in a balanced way into the past and the future, re-membering significant aspects of our history and en-visioning probable and possible futures in creativity and spiritual growth.

#### Learning Objectives

1. Provide examples and methods for experiencing how the psyche's patterns of inhabiting the world shape architecture.

2. Provide examples and methods for experiencing how transforming raw materials into architecture reflects alchemical processes.

3. Provide examples and methods for experiencing the ways cities reveal blueprints of the collective unconsciousness.

**Anthony Lawlor** is an architect and author focusing on the dynamics of architecture and psyche. His books *A Home for the Soul, The Temple in the House* and 24 *Patterns of Wisdom* explore how design serves as an ally in deepening conscious experience. During thirty years of architectural practice his designs have received numerous awards. Anthony's work has been featured on "The Oprah Winfrey Show," National Public Radio and numerous other national media.

# *Summer Series* 2014: Jung's *The Red Book:* Begin to create your own Red Book with Walter A. McGerry, M.A.

Sonu Shamdasani tells the story of an associate of Jung's who asked Jung to comment on some of his *Red Book* mandalas and paintings. Jung declined saying that his friend would be better served by creating her own red book. This summer we will have the opportunity to create our own red books during a six-week course that will meet during June, July and August.

Course participants will meet with a presenter for two hours every other week. During these meeting we will discuss Jung's experiences, which lead to his experiences, which became *The Red Book*. During subsequent sessions we will learn about active imagination techniques, dream interpretation, journaling and mandala creation. Participants will have an opportunity to use these techniques between sessions and bring their creations to the group for discussion and sharing.

The course will be limited to a maximum of 20 participants.

**Session One (June 11):** Introduction to Jung's experiences with the Red Book material and the development of active imagination methods. Overview of active imagination, dream analysis, synchronicity and mandala creation.

**Session Two (June 25, 7 - 9 pm):** Instruction in active imagination. Between sessions participants will work with active imagination methods and will give expression to the inspiration that emerges through drawing, writing and sculpting.

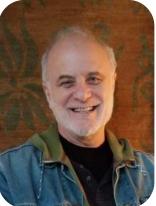
**Session Three (July 9, 7 - 9 pm):** Participants will share expressions of their active imagination work. Instruction in dream work/analysis together with Jung's views. Between sessions participants will work with dreams and keep a journal.

**Session Four (July 23, 7 - 9 pm):** Participants will share their experiences with dream work. Instruction in Jung's views of synchronicity. Between sessions participants will keep a journal of synchronistic occurrences.

**Session Five (Aug 13, 7 - 9 pm):** Participants will share their journal of synchronous experiences. Instruction in mandala as transcendent unifying principal. Between sessions participants will create mandala.

Session Six (Aug 20, 7 - 9 pm): Reflection and integration of material through sharing of personal mandalas.

**Walter A. McGerry**, B.A., University of Washington; M.A., Antioch University Seattle; adjunct faculty, psychology. Practicing since 1980, McGerry's orientation for therapy, consultation and supervision combines humanistic, transpersonal and Jungian theory. He sees clients, consultees and supervisees in <u>private practice</u> and maintains studies and practices in: alchemy as a symbolic practice of transformation, creative processes, psychotherapy's roles and meanings in socio-political contexts and conscious connection to transpersonal experience. As a member of the Northwest Alliance for Psychoanalytic Studies, he consults, pro bono, for therapists seeing clients at their clinic. He is actively involved in and past president of the Jungian Psychotherapist Association, and is also a member of the Association for Humanistic Psychology, Washington Mental Health Counselor's Association, and Psychotherapists and Counselors for Social Responsibility.



Good Shepherd Center Rm. 202 7 pm to 9 pm

See page 8 for CEUs & Pricing

# Library Column

We are the fortunate recipients of a treasure of records from Dr. Philp Alex and his sister Hannah Alex-Glasser. Their father, Dr. William Alex, trained in Zurich in the early 1950s with Dr. Jung. As part of his training, Dr. Alex obtained some transcripts of lectures given at various locations, including the Swiss Technical Institute, Zurich, and the United States where he lectured at Bailey Island in 1923. There are transcripts of *Thus Spake Zarathustra* and *The Dream* and *Vision* seminars. These transcripts were carefully bound by Dr. Alex and kept by his family all these years. We are so happy that Dr. Philip Alex and Hannah Alex-Glasser donated them to the Jung Society Library. These notes will not be available for loan, but you are welcome to come to the library to read them. Please call <u>206-632-4892</u> to have the library open for your visit.

Other recent wonderful donations have come from Selina Sweet, Dan Barr, Sarah Centanni and Paul O'Donnell. There are many Jungian books from these donations. Thanks to all our donors and to Linda Sheaffer, who enters all these books into our library database. Some of them are for sale in the library.

As you will read in another article, the Mnemosyne project is reaching its goal and the audiotapes are being sent to the digitizing company.

We have several books for loan by our Spring speakers, including *Opening to the Inner Light, The Unfolding Self* and *Well of Remembrance* by Ralph Metzner. *Archetypes and Strange Attractors; The World of Symbols* and *Clinical Chaos; Strange Attractors of Childhood Trauma* by John Van Eenwyk, the *I Ching* translated by Richard Wilhelm; and *Temple of the House* and *A Home for the Soul* by Anthony Lawlor.

Please note: *The Collected Works of C. G. Jung* are now in a digital version, available through Amazon.com for \$399.95.

Please remember to order <u>Amazon</u> products through our website. Our Jung Society receives a small amount on every purchase.

--Bunny



**Thanks to the efforts of Mary Alice Long, Ph.D.**, the Seattle Jung Society LinkedIn group is growing! People from around the world are joining conversations started in Seattle and we're enjoying global perspectives. Please take a moment to check this out LinkIn.com and consider joining the growing



# **Project Mnemosyne reaches 100% of goal!**

#### (continued from page 1)

Then gifts ranging between \$5 to \$1000 came in to make this success a genuine collective effort. With the funding now in place, we are beginning the actual digitization process.

#### \$5,000:

#### Nancy Alvord

#### All Contributors:

Carolyn Blasdel, John Allemand, Dan Barr, Liliane Boardman, Lindagail Campbell, Tracy Challman, Deborah Greenwood and Thomas Clifford, Perru E,ge. Cprdu Fergus, Cliffy Jo, Ken Kimmel, Melissa Mace, Jackie O'Connor, Cheryl Shannon, Allison Stieger, Janet Tatum, Robert Matisse, L. Jackson, Maryanne de Goede, Carl Robinson, Virginia Hoyte, Linda Sheaffer, Nancy Newman, David Hufford, John & Traudi Krausser, Paul Collins, Gordon Keating, Neil Weber, David Hallock, Elizabeth Clark-Stern, Ann Blake, Rick Harris, Bette Joram, Tom & Barbara Rona, Lee Roloff, Mark Tomski, James Gossett, Olga Stewart, Eberhard Reidel & Bev Osmand, Sarah & Phil Brazeau, Kathy Todd, Rev. Mary Petty Anderson, Dirk Vanderlee & Kathy Hansen, Connie Eichenlaub, James R. Richardson, Gary Trantham, Tom Wilenson, Elke Bach Zeerocah, and the Board Members of the C. G. Jung Society, Seattle.

Thank you all for your tax-deductible donations. By opening your generous hearts, the fragile audiotapes holding our historic lectures can now be digitized for generations of learning and enjoyment.

"Your visions will become clear only when you can look into your own heart. Who looks outside, dreams; who looks inside, awakes."



K. Kelly, Mnemosyne, Bunny (above) Bunny and Charles Morrison (below)



# Thank You... For making this fund raising drive a success!

Gifts for Project Mnemosyne are tax deductible as the

C.G. Jung Society, Seattle, is a 501(c)(3) charitable organization.

# TICKET

## **SPRING RAFFLE 2014**

Would you like a chance to win a treasure while helping the Jung Society? This Spring, we will be offering raffle tickets with one of these awards to each of the lucky ticket holders:

- 1. *The Red Book* by C. G. Jung, Sonu Shamdasani, Mark Kyburz and John Peck
- 2. *The Red Book: A Readers Edition* by C. G. Jung, Sonu Shamdasani, Mark Kyburz and John Peck
- 3. C. G. Jung: a Biography in Books by Sonu Shamdasani
- 4. *Hauntings: Dispelling the Ghosts Who Run Our Lives* by James Hollis
- 5. *Memories, Dreams, Reflections* by C. G. Jung
- 6. One ticket to our Summer Series: "Jung's Red Book" with Walter McGerry that was so popular in 2013

Raffle tickets are \$5 each or three for \$10 and will benefit the Society, enabling us to keep our lecture and workshop fees affordable and inviting. Raffle tickets will be available at our events in April, May and June - and at the office anytime before the drawing. **Ticket holders need not be present to win.** 

The drawing will take place on June 8th at our co-sponsored event with the Sandplay® Therapists of America.



## The Red Book and the Genesis of Jung's Works

A Post-Conference Presentation with Sonu Shamdasani Co-sponsored with the C. G. Jung Society, Seattle

Post-Conference: Sunday, June 8th 2014, 2:00 to 5:15 p.m.

Red Lion Hotel, Emerald Ball Room, 1415 5th Ave., Seattle, WA

Pre-Register for the Post-Conference Event (see page 9 for pricing) http://regonline.com/sonushamdasani

Bring your The Red Book and other books by Sonu Shamdasani for signing!

#### C. G. JUNG SOCIETY, SEATTLE STATEMENT OF PURPOSE

The C.G. Jung Society, a nonprofit education corporation established in 1973, publishes this newsletter three times a year. The purpose of the Society is to promote public interest in, and understanding of, analytical psychology and the current use of Jungian concepts by contemporary thinkers. The Society sponsors lectures, workshops, seminars and study groups and maintains a library of Jungian materials. Programs are, for the most part, intended for the general public.

# Continuing Education

Programs presented by the C. G. Jung Society, Seattle (unless otherwise noted) have approved CEUs by the Washington Chapter National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family

# President's Message:

Welcome to our exciting season of speakers-- Ralph Metzner, John Van Eenwyk, Bettina Wilhelm, and Anthony Lawlor--presenting all new topics.

We regretfully accept the resignation of Tom Wilkenson, who has been the Program Chair for the past four years. Tom and the Program Committee do all the negotiating with prospective speakers so they can present Jungian ideas for Seattle. Some of the past outstanding speakers include Thomas Kirsch, James Hollis, Ginette Paris, Naomi Lowinsky, Richard Tarnas, Kathryn Madden, Tom Cheetham and Gary Sparks.

We will miss Tom's leadership but expect to see him still working with the Society. We also accept the resignation of Melissa Mace, who has been working on the web site renewal – coming soon!

A special thank you to Kathy Kelly, who has guided us through the Mnemosyne Project, and to Bryan Edmark, who tries to keep us aware of the pitfalls of the collective world. Also, welcome to our newest Board member, Kevin Filocamo, who is now contributing to many current projects, including the Introduction to Jung class, featuring Murray Stein's *Map of the Soul*. Many thanks to all the Board members and other volunteers. We would not exist without your time and interest.

We need a Volunteer Coordinator to recruit new volunteers and give them some assistance. Please let us know if you would like to be considered for this position. --Bunny

#### Member Admission Schedule

Lectures/Film Screening: \$15 Workshops: \$50 *The Redbook* Summer Series: \$120 (max 20 people)

Nonmember Admission Schedule Lectures/Film Screening: \$25 Workshops: \$70 *The Redbook* Summer Series: \$175 (max 20 people)

Pre-Registration is Encouraged! brownpapertickets.com

## CEU Certificates

Lecture only \$10 Workshop only \$10 Lecture & Workshop \$15

\_\_\_\_\_

Sonu Shamdasani Co-Sponsored Special Event: (Post-Conference)

Members: \$30 pre-registration, \$45 at door

www.regonline.com/sonushamdasani

Non-Members: \$40 pre-registration, \$50 at door

## Board of Directors

President/Librarian: **Bunny Brown** Vice-President: Vacant Recording Secretary: Barbara Heather, Ph.D. Office Manager & Cashier: **Diane Bogue** Program Planning Chair: Vacant Development: K. Kelly, Ph.D. Chair Newsletter Editor: Anne Taylor, Ph.D. **Event Coordinator:** Bryan Edmark **Special Projects:** Kevin Filocamo

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Use Preregistration Form or Order at http://brownpapertickets.com Tickets also available at the door

# C. G. Jung Society, Seattle

Payment must accompany your preregistration. No refunds. Please check each event for specific fee, times, locations. Mail this form and payment to C. G. Jung Society, 4649 Sunnyside Ave. N, Room 222, Seattle, WA 98103

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