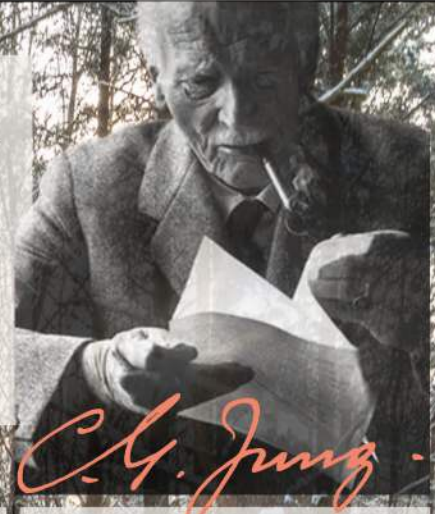




What is the great Dream?

It consists of the many small dreams and the many acts of humility and submission to their hints. It is the future and the picture of the new world, which we do not understand yet.

(Jung, Letters, II:591)



Co-President Remarks from Randy Morris, Ph.D.

Dear Members,

Welcome to the Winter 2025 series of offerings by the C. G. Jung Society, Seattle! We have some great learning opportunities to offer you. From the deepest interiority of the human soul to outer Noospheric imagination, our speakers will be addressing ways to 'Liberate Soul in Service to the Great Turning'. Our fall Jungian Wisdom School series on "Earth, Cosmos, Psyche: Navigating Planetary Initiation" started off our 2024-25 program year by introducing ideas and practices that can serve as a compass to navigate the turbulent waters of our culture. In 2025, guided by the wisdom of Jungian Depth Psychology, we will continue to provide a safe harbor for reflections on the state of our culture through such topics as the imposter syndrome, the gift of uncertainty, the soul in apocalypse, restoring the roots of healing, creativity as an initiatory path, C.G. Jung and Thomas Berry on the dream of the earth, and awakening Noospheric imagination. Ideas like these provide a lamp for walking the path of individuation.

I am writing these remarks a week before the 2024 election. No one knows how it is going to turn out. But like the Yupik Eskimos say, "Be wise in preparing for the unknowable". I like to think that whenever a circle gathers in service to Jungian Depth Psychology, that circle is working to liberate soul in service to the great cultural transformations that are happening all around us. The cultural historian Richard Tarnas frames learning communities like ours as 'heroic communities', understood as communities that are consciously oriented toward a framework of values, or a vision of The Good, which fundamentally challenges that of the larger mainstream society. Such communities are needed more than ever as the evidence that we are living in the midst of a global psychic epidemic of epic proportions becomes more apparent.

This much I know is true: the outcome of this election will not alter the fundamental human drive towards individuation and meaning. We will still need community learning circles where we can explore shadow dynamics, along with the highest nobilities of the human soul. We will still need companions on the journey to discern the thread that runs like gold through the tapestry of our lives. We will still need to rub up against the Sacred. The aspiration of the Seattle Jung Society is to create the conditions for the possibility of accessing this kind of grace, the gift of living a soulful life.

So join us on these learning adventures with luminaries in the Jungian depth psychology community, along with talented individuals from our local community. And consider helping us out. We are an all-volunteer organization. We need volunteers and donations. Our work is joyful and creative. We're making it up as we go along! Come create with us!

Randy Morris, Ph.D., Co-President

Speaker Series:

January 17 & 18

Dr. Susan Schwartz

The Imposter Syndrome and the 'As If' Personality/ Illusions in the Mirror

February 22

Dr. Ann Ulanov

Uncertainty: Is It a Gift?

March 21 & 22

Dr. Ed Tick

The Soul in Apocalypse / Restoring the Roots of Healing

April 18 & 19

Jerry Wennstrom and

Marilyn Strong

Creativity As An Initiatory Path / Mysteries Revealed: Meaning and Magic

May 16 & 17

Brian Swimme &

Randy Morris

The Journey of the Universe: A Dialogue / Cosmogogenesis: A Dialogue

**Co-President Remarks from Bette Joram, Ph.D.****Welcome to the C. G. Jung Society, Seattle's Winter-Spring Program Season!**

We hope you have been enjoying our in-person and online discussion and study groups, and our recent Wisdom School of the Heart lectures and workshops. This season, we will continue offering the in-person gatherings of the weekly Jung Café and 1st Wednesday Dream Seminar groups, along with our online monthly Fairy Tale Fridays and twice monthly Red Book seminar. We have been fortunate to have Jungian Analyst Russell Lockhart host a seminar on his writings, and to have him continue with a chance for participants to engage with their own creative spirit through writing this winter. Our upcoming events are detailed throughout this issue of the Newsletter.

I would like to draw your attention to Ann Ulanov's presentation on February 22, 2025: [Uncertainty: Is It a Gift?](#) Dr. Ulanov, M. Div., Ph.D., L.H.D. is esteemed in the Jungian world. She is a member of the Jungian Psychoanalytic Association of New York and International Association for Analytical Psychology. We are co-sponsoring Ann Ulanov's presentation with the Jungian Psychological Association (JPA). This event will be open to the public, clinicians and non-clinicians alike. Members of the JPA and the Jung Society will receive member pricing. Non-members—clinicians and non-clinicians—are welcome at the non-member rate. Ticket and program information will be on our website and in our mailings. Stay tuned for more details when we receive them from Dr. Ulanov.

I would like to thank the Board, Leadership Team, Office Manager, Web Master, and Volunteers, who keep the Jung Society running. Our Current Board consists of Randy Morris and Tamara Walker, and me. Randy, in addition to being Co-President, seeks out, contacts, and secures our program presenters. Tamara, in addition to being a voting member of the Board, is our Librarian, who has put her whole heart into the collection and into coordinating a wonderful team of volunteers, and she co-facilitates the 1st Wednesday Dream Seminar. Our Leadership Team includes Laura Rivendell, Christina Bachman. Laura, our accountant, co-hosts the Jung Café, volunteers in the library, and keeps track of membership. Christina, a library volunteer, stepped into fundraising with wonderful enthusiasm, and organized our first annual fund-raising cycle. Larry Cole, Zoom host for online events, co-hosts the Jung Café, and volunteers in the library. Lael Cassidy, co-hosts the 1st Wednesday Dream Seminar. Stephanie Gierman, Jungian Analyst, co-hosts our Fairy Tale Fridays. Our Office Manager, Hali Autumn, updates the website content, handles correspondence, creates and sends out all the MailChimp announcements, sends out links to events and Zoom recordings to attendees, and organizes and publishes the Newsletter. Todd Haumann, our Web Technician, keeps the software up and running. Additional IT support has come from Sea Gabriel and Mary Lou Hardy.

Additional Library Volunteers: Linda Jennie Sheaffer—a long-time library volunteer, has dedicated herself to the amazing library catalog found on our website; Maria Jimenez, Charles Morrison, Max Parta, Katarina Guzman, Dana Thompson, Radika Soysa, Laura Miola, Elaine Anderson. These wonderful volunteers keep the library open on Saturdays and other times, allowing members to come browse the shelves and check out books, and entice passers-by at the Good Shepherd Center to come in and find out about us.

Thank you, Everyone!

Additional thanks go out to Patti Kwok, Renee Jackman, and Quinn Qian for your help with the Summer Social, and our telethons during the fund-raising kick off session.

As you can see, we have a core team of multi-taskers who would appreciate some help. If you have skills, time, and energy to contribute, please consider becoming Board Secretary or Treasurer, or assisting with our Program Administration, Membership, or Publicity. Please contact us at officemanager.jungseattle@gmail.com if you are interested. The other way you can contribute to the thriving and longevity of the Jung Society is to donate on our website. Your contributions help to pay the office manager, the rent, and our speakers, keep the website up and the software current.

We are a 501c-3 non-profit organization. We are committed to keeping our ticket prices and membership fees affordable and offer scholarships for those who cannot afford them.

Thank you for your generous support for what we do.

I look forward to seeing you in person or online soon!

Bette R. Joram, Ph. D., Co-President

**BOARD OF DIRECTORS:**

Bette Joram, Ph.D. – Co-President
Randy Morris, Ph.D. – Co-President
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Christina Bachman

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Linda Jennie Sheaffer
Lael Cassidy

ACCOUNTANT:

Laura Rivendell

OFFICE MANAGER:

Hali Autumn



AN INVITATION
BY

THE C.G. JUNG SOCIETY, SEATTLE

TO
MEMBERS AND FRIENDS

FOR A



**SOULFUL SOCIAL
AFTERNOON**



Date: January 11, 2025

Time: 1:30 PM – 4:30 PM

**Phinney Neighborhood Association
6532 Phinney Ave N | Seattle, WA 98103**

Join us at the turning of the year, as we gather with our Jungian community to renew old friendships, make new friends, and share events that have deepened your connection to Soul and brought meaning to your life.

**Bring your stories, poems, or art!
Light refreshments will be provided.**

We look forward to seeing you soon!

There is no cost, but please register on the website so we know how many are coming: www.jungseattle.org

Don't hesitate to contact us to be part of the Hospitality Committee!



DR.
SUSAN
SCHWARTZ

JANUARY 17 & 18, 2025

ONLINE / ZOOM 

Friday Lecture:

The 'As-If' Personality: Imposter Syndrome

January 17, 2025. 7:00 pm - 9:00 pm (ONLINE)

When you look in the mirror who do you see?

The real, imposter, a role, or a true self? The 'as-if' person usually wears a mask presenting through the persona of facade, living in fantasy and illusionary worlds. The psychological issues affect intimacy with oneself and others through escaping the present. The results often include feelings of not belonging, sexual addiction, conflicts around aging, the cultural influence of social media, body image and the predominance of split selves. All these aspects are promoted by our culture of social media and narcissism where reality and illusion are often blurred. The purpose of exploring the 'as-if' and imposter personality is to nurture the process of individuation and self-reflection in a more complete mirror. This can replenish both the personality and the culture.

LECTURE
\$20 MEMBERS
\$25 NON
MEMBERS

To Register:
www.jungseattle.org

We offer Continuing Education Credit through NASW.

Saturday Seminar:

Illusions in the Mirror

January 18, 2025. 1:00 pm - 4:00 pm (ONLINE)

Focus on the superficial is synonymous to the emptiness and deadness of our current times, accentuating the need for Eros or emotional relatedness. The discussion of the imposter and 'as-if' personality centers on the Bluebeard fairytale and what it reflects about our current person and culture. The male figure is monstrous, a killer, yet believed by all. We look at dreams and people examples that depict Bluebeard as an internal predator, masquerading, an imposter and functioning 'as-if' normal. How is our inner world, social media, the lure of AI all drawing us from an individual position to being collective robots? Where are the instincts, the life force and how do we wrest ourselves from this fascist state of mind and the grip of the complex? Are we living false or true and what is the difference?

WORKSHOP
\$30 MEMBERS
\$40 NON
MEMBERS



The C. G. Jung Society, Seattle, in partnership with the Jungian Psychotherapists Association, is proud to announce:

Dr. Ann Ulanov,
M. Div., Ph.D., L.H.D.

Uncertainty: Is It a Gift?

Saturday, February 22, 2025

9:00 am to Noon



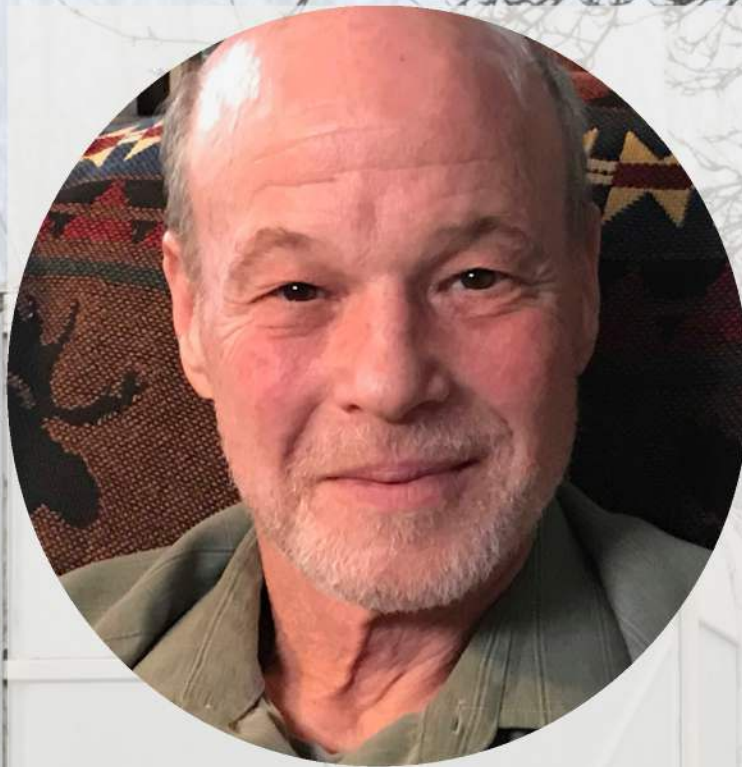
We are very excited to be hosting Jungian Analyst Dr. Ann Ulanov for our February 2025 offering. Dr. Ulanov, M. Div., Ph.D., L.H.D. is esteemed in the Jungian world.

She is a member of the Jungian Psychoanalytic Association of New York and International Association for Analytical Psychology. She has an analytic practice in New York City and is well known for her lectures nationally and internationally. In the past two years she has presented webinars in order to aid the analysts and people of Ukraine.

Dr. Ulanov is the Christine Brooks Johnson Professor Emerita of Psychiatry and Religion at Union Theological Seminary. She co-authored six books with her late husband, Barry Ulanov, including the *Healing Imagination*. Since his death, she has written numerous books, the latest of which is *Back to Basics* (2022). Dr. Ulanov is the recipient of multiple awards in the field, including the Gradiva Award for the best book in Psychiatry and Religion 2002 from the National Association for the Advancement of Psychoanalysis for *Finding Space: Winnicott, God, and Psychic Reality* and the Oscar Pfister award from the American Psychiatric Association for her work in depth psychology and religion.


Dr. Ann Ulanov will present a three-hour webinar with new material on the morning of February 22, 2025. Details about registration will be sent by JPA Seattle and the Seattle Jung Society to all of their members. Members of each group will receive the same discounted registration fee. This event will also be open to non-members, both clinicians and non-clinicians at a non-member rate.

Please feel free to invite your friends and colleagues to register.



ED TICK, PH.D.

MARCH 21 & 22, 2025

ONLINE / ZOOM 

Friday Lecture: **The Soul in Apocalypse**

March 21, 2025. 7:00 pm - 9:00 pm (ONLINE)

We live in apocalypse, and all suffer “extinction anxiety.”

Apocalypse is the violent end of the world order we have known through the surfacing of the collective shadow of all that has been denied and repressed. Such times are inherently cosmic and archetypal. They herald the possibility of either individual and world recreation or utter destruction.

What are the archetypal conditions of apocalypse? How does it reshape our inner as well as outer worlds? And how can we awaken, energize, and restore soul and bring it to bear on these conditions such that we aid in self, community, and world recreation?

Through lecture, exercises, and discussion we will consider the archetypal conditions of both apocalypse and soul, explore how they collide in our personal and professional lives and our contemporary world, and consider how we might relearn the ways of soul to help heal our troubled times.

Saturday Workshop: **Restoring the Roots of Healing**

March 22, 2025. 1:00 pm - 4:00 pm (ONLINE)

We are devoted servants of healing, and the roots of our calling are in psyche, the soul, and that which serves and heals it. But in the evolution of civilization and especially our modern world and its beliefs and practices, both medicine and psychology have lost their souls.

What were the ancient origins of our callings as healers? What were the archetypal philosophy and practices of soul healing? How have we lost them such that much of modern healing has become mechanical, impersonal, medicated, and soulless? How can we restore essential conditions of soul, and the dignity and spiritual openings provided by suffering, to ourselves, our healing practices, and our world? Through lecture, discussion, and experiential exercises, we will seek together for the restoration of soul to our modern lives, professional practices, and world.

LECTURE
\$20 MEMBERS
\$25 NON
MEMBERS

TO REGISTER:
WWW.JUNGSEATTLE.ORG
We offer Continuing Education Credit through NASW.

WORKSHOP
\$30 MEMBERS
\$40 NON
MEMBERS



JERRY
WENNSTROM

AND

MARILYN
STRONG

APRIL 18 & 19, 2025

ONLINE / ZOOM /
IN - PERSON

Friday Lecture:

Creativity as an Initiatory Path

April 18, 2025. 7:00 pm - 9:00 pm (ONLINE)
Through the sharing of their personal stories, Jerry and Marilyn will speak to the deepest inner requirement and essential components of a transformational journey we must all take, and how the creative process brought Jerry to the threshold of that journey. To paraphrase a line emphasized in, A Course in Miracles—"The journey to our personal awakening is unavoidable, the only variable is the time it takes to fully give ourselves to it." On such a journey, through darkness and light, the only guides available to us are those who have gone before, creative imagination, myths, dreams and the "whispers along the way." Jerry will speak to how these guides, seen and unseen, helped him traverse the territory. Marilyn will weave into the conversation her years of study and teaching on the re-emergence of the Divine Feminine and her in-depth exploration of the history and symbolism of the Black Madonna and Mary Magdalene, and their meaning for our world today.

LECTURE:
\$20 MEMBERS
\$25 NON
MEMBERS

Saturday Workshop:

Mysteries Revealed: Meaning and Magic

A Field Trip to South Whidbey Island

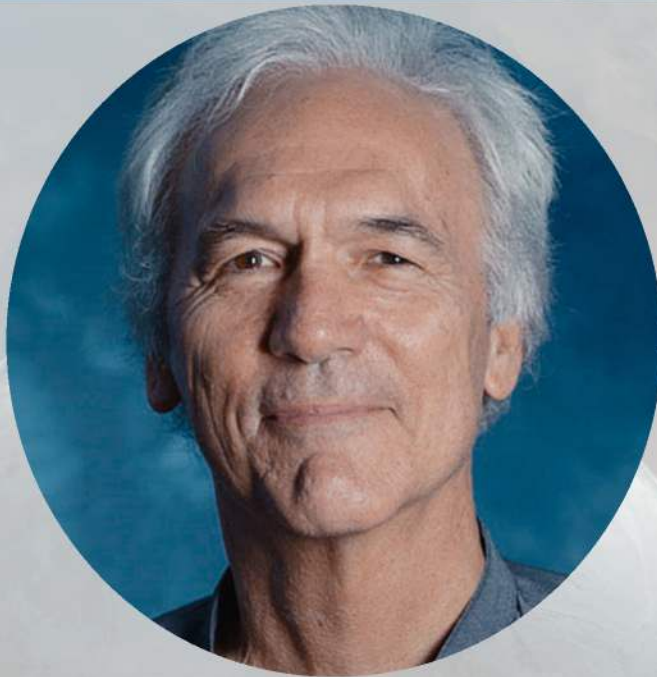
April 19, 2025. 1:00 pm - 4:00 pm
(In-Person / Whidbey Island)

As we explore Jerry Wennstrom's thousand square foot Whidbey Island gallery, covered floor to ceiling with art, he and Marilyn will share the mystery, and magic behind the making of many of Jerry's art pieces. Jerry will answer questions and perhaps demonstrate how he creates some of the details for his art pieces. Marilyn as Jerry's partner and Muse will speak about her experience and her, sometimes, inadvertent involvement in the process of Jerry's art.

TO REGISTER:
WWW.JUNGSEATTLE.ORG

We offer Continuing Education Credit through NASW.

WORKSHOP:
\$30 MEMBERS
\$40 NON
MEMBERS



BRIAN
SWIMME
PH.D.



&

RANDY MORRIS
PH.D.

MAY 16 & 17, 2025

ONLINE / ZOOM / IN - PERSON

Friday Lecture:
**The Journey of the Universe:
A Dialogue**

Facilitated by Randy Morris, Ph.D.

May 16, 2025. 7:00pm - 9:00pm (ONLINE)

Together as a learning community, we will view the 60-minute documentary *The Journey of the Universe*, narrated by Brian Swimme and dedicated to Thomas Berry. Seattle Jung Society Co-President Randy Morris will then offer some remarks on the cosmogenic ideas of Thomas Berry and C. G. Jung before facilitating a group dialogue about the film and its relationship to Jungian Depth Psychology.

Saturday Workshop:
Cosmogenesis: A Dialogue

May 17, 2025. 1:00pm - 4:00pm

Join Cosmologist Brian Swimme, Ph.D., as he discusses his recently published book, *Cosmogenesis*, and elaborates on Teilhard de Chardin's idea of the noosphere, understood as the sum knowledge and experience of all that humanity has imagined, created, and built through the ages. The Noosphere can be seen as another layer to Earth's many spheres, our collective planetary mind. Dr. Swimme will engage the audience in a dialogue about the implications of these ideas for a generative future.

LECTURE
\$20 MEMBERS
\$25 NON
MEMBERS

TO REGISTER:
WWW.JUNGSEATTLE.ORG

We offer Continuing Education Credit through NASW.

WORKSHOP
\$30 MEMBERS
\$40 NON
MEMBERS

LECTURE
\$20 MEMBERS
\$25 NON MEMBERS

WORKSHOP
\$30 MEMBERS
\$40 NON MEMBERS

We offer Continuing Education Credit through NASW

REGISTER ONLINE:
www.jungseattle.org

January 21 & 22 with Susan E. Schwartz, Ph.D.

**The 'As-If' Personality: Imposter
Syndrome and
Illusions in the Mirror**

March 21 & 22 with Ed Tick, Ph.D.

**The Soul in Apocalypse and
Restoring the Roots of Healing**

April 18 & 19 with Jerry Wennstrom and Marilyn Strong

**Creativity As An Initiatory Path
and
Mysteries Revealed:
Meaning and Magic**

May 16 & 17 with Brian Swimme, Ph.D. and Randy Morris, Ph.D.

**The Journey of the Universe:
A Dialogue
(Facilitated by
Randy Morris, Ph.D.) and
Cosmogenesis:
A Dialogue with Brian Swimme**

Meet Our 2025 Seattle Jung Society Faculty



Susan E. Schwartz, Ph.D.,

trained in Zurich, Switzerland as a Jungian analyst is also a clinical psychologist. She appears on many podcasts and presents at numerous Jungian conferences and teaching programs in the USA and worldwide. Susan has articles in journals and chapters on Jungian analytical psychology.

Her books are: *The Absent Father Effect on Daughters, Father Desire, Father Wounds* translated into several languages; *Imposter Syndrome* and the 'As-If' Personality: *The Fragility of Self* (2023); *A Jungian Exploration of the Puella Archetype: Girl Unfolding* (2024) and *An Analytical Exploration of Love and Narcissism* (2025), all published by Routledge. Her Jungian analytical practice is in Paradise Valley, Arizona and website is www.susanschwartzphd.com.



Ed Tick, Ph.D., is an archetypal psychotherapist, author, educator, international pilgrimage guide, and peace activist. He is on the board of the Western Massachusetts Jung Association. An expert on ancient Greece, the origins of medicine and psychotherapy, and healing the invisible wounds of war, his books *The Practice of Dream Healing and War* and *The Soul are modern classics.*

His latest book is *Soul Medicine: Healing Through Dream Incubation, Oracles, Visions, and Pilgrimage*. Ed has pioneered archetypal and culturally based healing for over forty years. In addition to his private practice, Ed works in Greece, Viet Nam, Russia, Ukraine, and elsewhere, on holistic and spiritually based healing, the restoration of ancient practices, and soul-healing after war and violent trauma. He has guided 23 healing pilgrimages to Greece and 19 to Viet Nam. Author of eight previous books translated into several languages, Ed uses Greek and other ancient traditions extensively in healing, writing, and teaching.



Marilyn C. Strong has a B.A. in Religion and Adult Education through Antioch University West and an M.A. in Spirituality and Culture from Matthew Fox's Institute for Culture and Creation Spirituality. Marilyn has worked in the areas of educational design and development and in group facilitation, ritual, music, and celebration. As a Jungian-oriented spiritual counselor, an ordained minister, a ceremonialist, a singer, and a trained Death Midwife, Marilyn leads workshops, facilitates weddings, memorial services, and home and family funerals. After years of exploration and teaching on the Divine Feminine, she currently offers on-line courses and leads small groups of women on pilgrimage to Black Madonna/Mary Magdalene sites in France.

Jerry Wennstrom was born in New York 1950 and lived-out the first half of his art career there. In 1979, realizing his limits as a studio painter, he destroyed his large body of art, gave away his possessions, and trusted the spirit of creation to carry his life. He threw himself out into the new life, penniless and homeless, for fifteen years. He "returned to the world" on Whidbey Island, met his now-wife, Marilyn Strong, and began doing art again. Jerry's unusual life story, was made into the Parabola documentary film, *In the Hands of Alchemy*, 2000 and Sentient Publications books, *The Inspired Heart: An Artist's Journey of Transformation*, 2002 and Wennstrom's magnum opus, *A Second Wind: Art Resurrected*, 2024, The latter picks up the story and shows the work that emerged in the last twenty-five years. Celebratory in nature, this work integrates joyful embodiment and reveals the golden thread of a long and magical journey.
www.handsofalchemy.com



Brian Thomas Swimme, Ph.D., is Professor Emeritus of Cosmology at the California Institute of Integral Studies, in San Francisco. The department he co-founded, "Philosophy, Cosmology, and Consciousness" (PCC), is the only graduate program in the Western world that places equal emphasis on contemporary science, indigenous spirituality, classical philosophy, and feminist thought for its Masters and Doctoral programs.

He and his colleagues at CIIS created this program in order to re-imagine the human species as a mutually enhancing member of the Earth community. The author of many books, Dr. Swimme's work, both as a writer and a teacher, is committed to shaping the leadership necessary for profound, progressive transformation of social institutions and individual consciousness in service to a thriving planet.

C.G. JUNG SOCIETY

• SEATTLE •

2025 SPEAKERS

LECTURE

\$20 MEMBERS

\$25 NON MEMBERS

WORKSHOP

\$30 MEMBERS

\$40 NON MEMBERS



Susan
Schwartz
Ph.D.



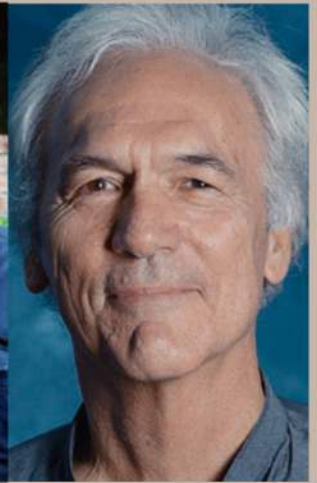
Ann Ulanov
Ph.D.



Ed Tick
Ph.D.



Jerry Wennstrom
and Marilyn Strong



Brian
Swimme
Ph.D.

We offer Continuing Education Credit through NASW

FRIDAY LECTURES

January 17

The Imposter Syndrome and the 'As If' Personality
with Dr. Suzanne Schwartz

February 22

Uncertainty: Is it A Gift? with Dr. Ann Ulanov

March 21

The Soul in Apocalypse with Ed Tick, Ph.D.

April 18

Creativity As An Initiatory Path with
Jerry Wennstrom & Marilyn Strong

May 16

Facilitated by Randy Morris, Ph.D.
The Journey of the Universe:
A Dialogue

SATURDAY WORKSHOPS

January 18

Illusions in the Mirror with Dr. Suzanne
Schwartz

March 22

Restoring the Roots of Healing
with Ed Tick, Ph.D.

April 19

Mysteries Revealed: Meaning and Magic. A
Field Trip to Jerry Wennstrom's Whidbey
Island Gallery

May 17

Cosmogenesis: A Dialogue with
Brian Swimme, Ph.D.

TICKETS & MORE at
www.jungseattle.org



Wisdom School Seminars 2025

Title: Writing From Inside the Inside

Instructor: Russell Lockhart, Ph.D.

Dates: Saturdays, 10am to noon

January 25, February 1, 8, 15, March 1

Seminar Fee: \$20

From the desk of

Russell Lockhart.



Russell Lockhart, Ph.D. was born and educated in Los Angeles and received his doctorate in human psychophysiology from the University of Southern California. He was trained as a Jungian Analyst at the C.G. Jung Institute Los Angeles where he served as Director of Analyst Training. Since 1982 he has lived and practiced Jungian Analysis in the Pacific Northwest. In addition to such publications as *Words as Eggs: Psyche in Language and Clinic*, and *Psyche Speaks: A Jungian Approach to Self and World*, Dr. Lockhart is also a poet, publisher, artist, and novelist. The Seattle Jung Society is honored to host an archive of his writings available to all members on our website, www.jungseattle.org.

Russell Lockhart's 'Third Wednesday Seminar' will continue, beginning on January 18th, from 10am to noon.

Please visit our website for more info.

One of my favorite things I did when teaching was to give seminars on writing. In the late 70s, 80s and into the 90s, I did several of these with analysts, candidates, lay groups, and others. My basic approach was to illustrate various ways to "write from the inside out." My intent was to get people to write from where dream and word, like twins, are born, that is, from the depths of psyche and not from the ego. Almost all writing books are useless in this regard. One major exception is Robert Olen Butler's book, *From Where You Dream: The Process of Writing Fiction*. This is the one book on writing I recommend without reservation. The year 1992 was the high point for me in what I was trying to do. I organized a large public event sponsored by Pacifica Graduate Institute which was entitled, "Writing Inside Out." The speakers were Annie Dillard, Allen Ginsberg, Natalie Goldberg and me. Later that year, I represented the United States at the 12th Arts Festival at Dunvegan Castle, Isle of Skye, Scotland. I gave two talks: "Writing from the Inside of the Inside," and "The Cost of Poetry and the Price of Its Loss." What I did at each of these venues was spontaneous and improvisational. There are no recordings and no texts. Part of my desire to do a writing seminar again is to recapture the spirit of these presentations and make them available once again. If you have any interest in writing or deepening your writing in relation to in-depth psychological work, I invite you to participate in this seminar.



4649 SUNNYSIDE AVE N ROOM#222 | WWW.JUNGSEATTLE.ORG | 206-547-3956

Jung Café

by Laura Rivendell, Co-Facilitator

"The difference between a good life and a bad life is how well you walk through the fire." ~ Carl Jung

The Jung Café is a weekly in-person discussion group that meets in our library (Good Shepherd Center, room 222) every Saturday (with a few exceptions on holiday weekends). Our hours are from 11 am to 12:30 pm from mid-May through late January, then from 4:00 pm to 5:30 pm from late January through mid-May. Check the website for exact dates during the transition months.

One of our members selects a chapter from one of the many books in the Jungian universe and this is emailed to group members the week before we meet. We read the chapter during the meeting, a couple of paragraphs at a time, so there is no expectation to come prepared. Participants decide how long we will linger over a specific text - sometimes once, sometimes over multiple gatherings. We have such interesting discussions and get to know each other as we share our reflections on the reading and how it weaves into our lives (or not!)

Some of our recent discussions have been based on chapters from: *Working the Soul* by Charles Poncé, *Romancing the Shadow* by Connie Zweig and Steve Wolf, *Life's Daughter/Death's Bride* by Kathie Carlson, *Living an Examined Life* by James Hollis. Many more to come!

Our discussion group is a great place to share this special kind of wisdom with others who appreciate its unique gifts. Drop-ins are encouraged! We hope you will check us out soon.



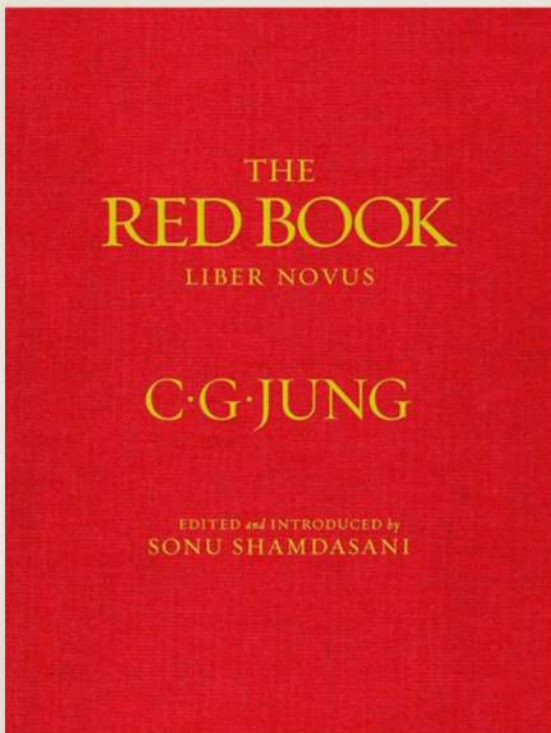
C.G. Jung

For questions, or to be added to our mailing list, contact Laura at:
arweninrivendell@gmail.com

The Red Book, by C. G. Jung Hosted by Bette Joram, Ph. D.

Location: Zoom
2nd and 4th Wednesdays of every month.
Time: 7 – 8:30 PM Pacific Time
Cost: \$ 10/ session

In this seminar, we read and discuss C. G. Jung's magnum opus, *The Red Book*, which details his encounter with the unconscious from the years 1913-1930. In 2024, we have the luxury of hindsight and over 20 volumes of the Collected Works from which to view Jung's original struggle with himself. In this unique way—daily recording of his inner events transformed into a calligraphic manuscript in three voices, rich with illuminations, and a fountain of images set down with ink and paint, we bear witness to the enormous containment Jung was forced to create when confronted with the full force of the unconscious. "Taken to the mat" again and again, Jung sweated it out intellectually, physically, morally, and spiritually, within these pages. As we read and discuss *The Red Book*, we, too, struggle with the implications of this material for our own understanding of ourselves, the times we live in, and the meaning and consequences that our own encounters with the unconscious present to us, and the way the unconscious affects society at large.





FAIRY TALE FRIDAYS ONLINE
6:30-8:30PM

with Stephanie Gierman, Jungian Analyst,
and Bette R. Joram, Ph. D.

December 6, 2024

January 3, 2025

February 7, 2025

March 7, 2025

April 4, 2025

May 2, 2025

June 6, 2025

Jung Library Study Group

EVERY FIRST WEDNESDAY OF THE MONTH

Wednesday, Dec 4, Jan 8, Feb 5, March 5, April 2, May 7

Time: 12 noon-2 pm.

Location: Good Shepherd Center Room 222--Our Library.

In the library, an on going, in-person discussion group based on Jung's **Dream Analysis: Notes on the Seminar Given in 1928-1930.**

The group is open to the public with a suggested donation of \$10 per session.

In this study group, we intend to invite the voice of C.G. Jung into the room and to provide a space to reflect with our whole selves. We will attend his seminar and enter into specific dreams with him.

We are reading C.G. Jung's *Dream Analysis: Notes on the Seminar Given in 1928-1930*, one lecture per month. New participants are welcome at any time. We send a PDF version of the upcoming lecture a few days before each meeting (typically about 15 pages).

Print-outs can be provided in the meeting if needed. (If you want your own copy of the book, Part 1 of the lecture series is readily available in paperback and on Kindle where books are sold. The full volume is only available in hardback, and quite expensive, but at the current rate we won't reach part 2 until mid-2025.)

To invite the unconscious to participate, art supplies will be available for those who wish. There will also be time to discuss/share art and other feeling/thinking responses to the work.

For more information, contact Lael at laelcassidy@gmail.com

Accountant's Report
by Laura Rivendell



Over the past year, we were blessed by the generosity of a few significant donations from the leadership team and several other members, an increase in membership as well as proceeds from our recent silent auction. We were able to end our fiscal year in the black, after two years of deficits. This is good news, indeed. We would love to have the financial support of more members to ensure a sustainable future for the organization.

Here are the revenues by source for the last two fiscal years:

| Category | 2022-2023 | 2023-2024 |
|-------------|-----------|-----------|
| Grants | 22% | 0% |
| Donations | 7% | 31% |
| Member Dues | 17% | 28% |
| Programs | 54% | 41% |

Our monthly fixed expenses are approximately \$2,000 per month, in support of our programs and library. Speaker fees and room rentals last year were \$7,500 – about \$625 per month.

Membership dues and donations comprise a very large part of our revenue stream. We appreciate all of you who have become members or renewed your membership, and especially those of you who have made donations. Thanks for all your support in keeping our beloved organization humming along!