

4649 Sunnyside Ave N Room#222 | www.jungseattle.org | 206-547-3956



Co-President Remarks from Randy Morris, Ph.D.

Dear Friends and Members of the C.G. Jung Society, Seattle,

Fresh off of a successful Silent Auction and a robust summer seminar with the distinguished Jungian Analyst, Dr. Russell Lockhart, the Seattle Jung Society is ready to enter into its fall program season with our Fourth Annual Jungian Wisdom School of the Heart. It's useful to remember that Wisdom Schools tend to arise spontaneously in times of global crisis, or on the edge of quantum leaps in human consciousness, as a way to provide the guidance needed to navigate the dark storms of change. At the Seattle Jung Society, we believe that Jungian Depth Psychology provides a body of wisdom that can help us to prepare for an unknowable future teeming with transformational possibilities. It's a Wisdom School "Of The Heart" because the knowledge we are generating is imagistic, imaginal, symbolic, mythic. In short, it is knowledge that comes from, and is best received by, the Heart. Our previous fall Wisdom School gatherings -- on esoteric learning communities, technology and soul, and navigating planetary initiation -- have all explored the relationships between Psyche and World, striving to find Heart and Meaning in the midst of a tumultuous time. This year, our Jungian Wisdom School of the Heart will explore the topic of **Body and Soul: The Mythopoetics of Matter.** Jung said that we cannot live a soulful life or transform without a strong connection to our body. As he pointed out in his Zarathustra Seminars, "The body is merely the visibility of the soul, the psyche; and the soul is the psychological experience of the body. So, it is really one and the same thing". The body has a torturous history in Western thought, vilified by both church and state. Our series on Body and Soul: The Mythopoetics of Matter is designed to redeem the body as a source of wisdom and guidance for our troubled times, beginning with the story of Jung's re-imagination of the body and an in-person workshop using Authentic Movement as A Somatic Approach to Dreams,

Speaker Series:

September 19 & 20 Erica Lorentz, M.Ed.

Body as Shadow: Jung on Re-membering the Body // A Somatic Approach to Dreams

October 17 & 18
Eugenio Ordonez, Ph.D.

Body as Ancestral Community // Somatic Explorations of the Ancestral Body

November 14 & 15 Rebecca Wildbear, M.S.

Eco-Somatic Imagination and the Soul of the World //
Earth as Dreamer:
A Journey of Eco-Somatic
Listening and Rooted Reverie

Seminar Series:

September 24, October 8, October 22, November 5, November 19, December 3, 2025

Russell Lockhart, Ph.D.

The Dream's Desire, Agency and Intention

VISIT OUR WEBSITE FOR INFO ON OUR UPCOMING LECTURES & WORKSHOPS



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Co-President Remarks from Randy Morris, Ph.D. (Con't)

led by Jungian analyst Erica Lorentz. Then we are honored to host Dr. Eugenio Ordonez from Mexico City who will present a lecture and workshop on The Body as an Ancestral Community, drawing on his experience with family systems, archetypal thought, and African shamanism. We will round out our meditations on Body and Soul with a lecture and workshop by wilderness guide, author and psychotherapist Rebecca Wildbear on Eco-Somatic Imagination and the Soul of the World. All three of these distinguished visiting faculty members in our Jungian Wisdom School of the Heart will provide us with fresh perspectives that will expand our imaginations, strengthen our bodies and help to, as the Yupik Eskimos say, "be wise in preparing for the unknowable". We hope you will join us!

In addition to these rich offerings, we are pleased to continue our ongoing series -- Fairy Tale Fridays, The Jung Cafe, The Red Book Seminars and The Jung Library Study Group. We are especially happy that Dr. Lockhart has agreed to continue sharing his lifetime of wisdom in a fall seminar series on <u>The Dream's Desire, Agency and Intention</u>. Information on all of these offerings can be found in this newsletter. Come join our robust learning community here at the Seattle Jung Society!

Randy Morris, Ph.D.

Co-President Remarks from Bette Joram, Ph.D.

Welcome to the C. G. Jung Society, Seattle's Fall 2025 Program Season!

We have a wonderful schedule of events in store for you. In the Good Shepherd Center at the library, the Jung Café meets every Saturday; the Dream Seminar Study Group meets on the First Wednesday of the month; the library is open on Saturday afternoons. See this newsletter and the website for more information. Our September lecture and workshop will be held in Room 202, with Jungian Analyst Erica Lorentz. The Jungian Psychotherapists Association is co-sponsoring Dr. Lorentz. The Friday evening lecture is a hybrid event. Our ongoing Zoom presentations include Fairy Tale Fridays with Jungian Analyst Stephanie Gierman and Bette Joram, Ph. D.; the Red Book Seminar, with Bette Joram, Ph. D.; Jungian Analyst Russell Lockhart's seminar series "The Dream's Desire, Agency, and Intention;" and our October and November Wisdom School lectures and workshops with Dr. Eugenio Ordonez on The Body as an Ancestral Community, and Rebecca Wildbear on Eco-Somatic Imagination and the Soul of the World. Purchase tickets on the website.

The Jung Society is very fortunate to have a dedicated corps of volunteers who donate hundreds of hours of time, energy, and love to bring you these programs, keep the library open, balance the books, and see to it that we continue to be able to bring the theory of C. G. Jung to the public through our educational programs and events. Please join me in thanking the Board and Leadership Team—Randy Morris, Co-President and Program Chair, Tamara Walker, Board Member at Large and Librarian, Laura Rivendell, Accountant and Membership, Christina Bachman, Fundraising and library volunteer, Larry Cole, Zoom Host.

FALL 2025

C.G. Jung Society, Seattle



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Co-President Remarks from Bette Joram, Ph.D. (Con't)

Many thanks go to our Program Volunteers, Laura Rivendell and Larry Cole, facilitators of the Jung Café, Lael and Martin Cassidy, hosts of the monthly Dream Seminar, Stephanie Gierman, now starting her tenth year of brining us Fairy Tale Fridays. Thank you to all the library volunteers: Maria Jimenez, Christina Bachman, Charles Morrison, Linda Jenny Sheafer, Elaine Anderson, Laura Miola, Dana Thompson, Renee Jackman, Radika Soysa, Katie Rezaei. Thank you, Quinn Qian for your hospitality service at the Soulful Social and your delicious cakes, and to Margaret Vance for her wonderful cookies.

Thank you to everyone who donated items to the Silent Auction to help with our annual fundraising campaign. It was a wonderful, successful event.

We are also fortunate to have Hali Autumn, our part time Office Manager. Thank you for keeping our events current on the website, for putting the newsletter together, and for all the email announcements of our upcoming programs, and member support. Thank you, Todd Haumann, CoolMo Designs, our web master, for the many things you do to keep the website up to date. Thank you to all of you who donated funds to the Jung Society during our fundraising drive. Your support will carry us into the future. Thank you to all our members. Your dues are the foundation of the organization. We do this because you are interested in seeing that we remain a presence in the Seattle area and in the greater community into which we now extend as we complete our 52nd year as a learning community.

If you have time and energy to volunteer or wish to join our Leadership Team, please contact us through the website.

I look forward to seeing you in person or online soon.

Bette R. Joram, Ph. D., Co-President

BOARD OF DIRECTORS:
Bette Joram, Ph.D. – Co-President
Randy Morris, Ph.D. – Co-President

Tamara Walker - Librarian

ACCOUNTANT: Laura Rivendell

OFFICE MANAGER:

Hali Autumn

IT SUPPORT: Todd Haumann Larry Cole

LEADERSHIP TEAM: Laura Rivendell Christina Bachman Bette Joram Randy Morris Tamara Walker LIBRARY VOLUNTEERS:
Christina Bachman
Maria Jimenez
Charles Morrison
Dana Thompson
Renee Jackman
Elaine Anderson
Laura Miola
Quinn Qian
Radika Soysa
Katie Rezaei
Lina Jenny Sheafer

PROGRAM
VOLUNTEERS:
Larry Cole
Stephanie Gierman
Lael Cassidy
Martin Cassidy
Bette Joram
Laura Rivendale

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Reflections on the Jung Café

By Larry Cole

A recent column in the Seattle Times discussed the difference between sociopolitical action based on hatred vs. ones based on shared beliefs. Although hate-based responses have become all too common, ones based on shared beliefs are more powerful and more effective. Jungians would say that one reason for their power is that actors base their view of shared beliefs on an intimate knowledge of their own individual, differentiated selves. I think the Jung Café, a group sponsored by our C.G. Jung Society, Seattle, encourages introspection, but also encourages the exchange of beliefs and values, through shared stories. We separately read short articles or chapters from larger works, then reflect on our take on the article. Disagreement can be lively, but we have a code of conduct which we review regularly. Ultimately, the power of reading separately, responding deeply, then re-reading in a group, creates a deeper understanding of such works as Jung's <u>Answer to Job</u>, Kalsched's <u>The Inner World of Trauma</u>, Hollis' <u>Archetypal Imaginings</u>, Hillman's <u>Peaks and Vales</u>, and multiple works by local Jungian scholar Russell Lockhart. We've explored fairy tales, the I Ching, astrology, and Tarot.

Join The Jung Cafe learning community on Saturdays from 11am to 12:30, at the Seattle Jung Society library in the Good Shepherd Center.

The Red Book, by C. G. Jung

Hosted by Bette Joram, Ph. D.

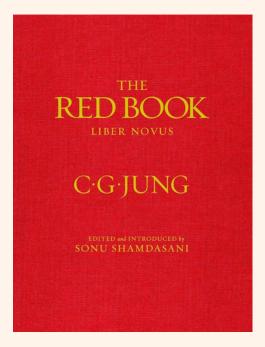
Location: Zoom

2nd and 4th Wednesdays of every month.

Time: 7 – 8:30 PM Pacific Time

Cost: \$ 10/ session

In this seminar, we read and discuss C. G. Jung's magnum opus, The Red Book, which details his encounter with the unconscious from the years 1913-1930. In our time, we have the luxury of hindsight and over 20 volumes of the Collected Works from which to view Jung's original struggle with himself. Together, we bear witness to the enormous containment Jung was forced to create when confronted with the full force of the unconscious. "Taken to the mat" again and again, Jung sweated it out intellectually, physically, morally, and spiritually, within these pages. As we read and discuss The Red Book, we, too, struggle with the implications of this material for our own understanding of ourselves, the times we live in, and the meaning and consequences that our own encounters with the unconscious present to us, and the way the unconscious affects society at large.





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From the desk of Russell Lockhart.



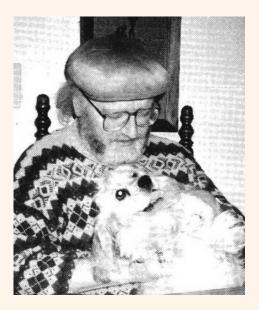
The Dream's Desire, Agency and Intention

A Six-Week On-Line Seminar

• Beginning September 24, October 8, October 22, November 5, November 19, December 3, 2025

Every Two Weeks 10:00-12:00

Modern dream science, in attempting to solve the riddle and mystery of dreams, has advanced a variety of theories ranging from the notion that dreams are nothing but brain noise to claims that dreams are the night's preparation for the next day's activities and evolutionarily significant in preparing consciousness to deal with harm and threat. All of these efforts are focused on the dream's value (or lack thereof) for conscious purposes, intentions, and agendas. This seminar will review these modern developments and offer a critique that focuses attention instead on the dream's desire, agency, and intention. I'm looking for participants to be engaged interactively in activities that will illustrate the importance and value of psyche-centered writing. As an example, I will attempt to reconstruct my spontaneous talk I gave at the 1992 Arts Festival at Dunvegan Castle on the Isle of Skye in Scotland. The title of that talk was "The Cost of Poetry and the Price of Its Loss." I will emphasize the value of poetry as a way of relating to dreams and other phenomena of psyche.



Russell Lockhart, Ph.D. was born and educated in Los Angeles and received his doctorate in human psychophysiology from the University of Southern California. He was trained as a Jungian Analyst at the C.G. Jung Institute Los Angeles where he served as Director of Analyst Training. Since 1982 he has lived and practiced Jungian Analysis in the Pacific Northwest. In addition to such publications as Words as Eggs: Psyche in Language and Clinic, and Psyche Speaks: A Jungian Approach to Self and World, Dr. Lockhart is also a poet, publisher, artist, and novelist.

The Seattle Jung Society is honored to host an archive of his writings available to all members on our website, www.jungseattle.org.

VISIT OUR WEBSITE TO REGISTER



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FAIRY TALE FRIDAYS

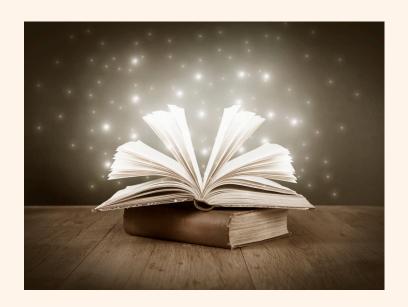
2025-2026

ONLINE

6:30-8:30PM

with Stephanie Gierman, Jungian Analyst, and Bette R. Joram, Ph. D.

September 5th, 2025 October 3rd, 2025 November 7th, 2025 December 5th, 2025 January 2nd, 2026 February 6th, 2026 March 6th, 2026



Jung Library Study Group

(IN THE LIBRARY!) FIRST WEDNESDAY OF THE MONTH

In the library, Lael Cassidy hosts an in-person discussion group based on Jung's <u>Dream Analysis</u>: <u>Notes on the Seminar Given in 1928-1930</u>.

- Noon 2:00pm
- Nancy Alvord Library at Good Shepherd Center, Room 222.
- The group is open to the public with a suggested donation of \$10 per session.

In this study group, we intend to invite the voice of C.G. Jung into the room and to provide a space to reflect with our whole selves. We will attend his seminar and enter into specific dreams with him.

We are reading C.G. Jung's <u>Dream Analysis</u>: <u>Notes on the Seminar Given in 1928-1930</u>, one lecture per month. New participants are welcome at any time. We send a PDF version of the upcoming lecture a few days before each meeting (typically about 15 pages). If you want to receive this email, please reach out to Lael Cassidy, <u>laelcassidy@gmail.com</u>

(If you want your own copy of the book, Part 1 of the lecture series is readily available in paperback and on kindle where books are sold. The full volume is only available in hardback, and quite expensive, but at the current rate we won't reach part 2 until mid-2025)

For more information, contact Lael at <u>laelcassidy@gmail.com</u>



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COMMUNITY BULLETIN



Retell: Joel Crichton's New Jungian App

Retell is a new app for learning about Jungian psychology, and yourself, through stories. Created by Jungian Analyst Joel Crichton (who presented for the Seattle Jung Society in early 2024), Retell helps you explore the deep layers of emotions, psychology, and personality through timeless fairytales, myths, and therapeutic reflection. It is designed to introduce Jungian psychology with general accessibility as a priority, created from the conviction that psychological matters can be best explored, taught, and understood through stories. It will be good for those who are accessing Jung for the first time, or who want to deepen their relationship with Jungian ideas and their own psyche. We're happy to provide a free subscription to anyone for whom this would be helpful.

For subscription requests, contact <u>caleb@zenoapps.com</u>

From the founder of the Seattle Jung Society's Jung Café comes

Generations of Hope Creative Village & Mother of Waters Sanctuary



logo by Osiris(Si) Briggs

A Place for All Ages to Connect, Renew and Dream a New World into being. Be active in culture-making, creating a handmade life and revillaging for the future! **Woodlawn Hall, 7400 Woodlawn Ave in East Greenlake.** Discover a space of multigenerational care intended to facilitate organic circles of learning and collaboration. The Makers Space is teeming with art and craft materials and is open for drop-in hours every Saturday from 12:30-3:30. Come for coffee, connection and conversation, or bring your own projects/handiwork/anything worthy of upcycling/donating. The adjoining Temple room will soon be the home of a Jungian-led process group for women called,

Breaking Through the Old Stories, an 8-week series meeting every other Wednesday evening from 7:00pm-8:30pm beginning on September 17th and continuing on Oct. 1 & 15, Nov. 5 & 19, Dec. 3 & 17.

\$140 for 8 sessions, including an Incubation workshop (ancient practice of lying in stillness and silence) on Sunday September 28th from 2:00-5:00 pm (donation of \$35-\$50 suggested) led by Drs. Akesha Baron and Megan Swan.



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SOULFUL SOCIAL AND SILENT AUCTION JUNE 28, 2025

It takes a village to keep an organization like the C.G. Jung Society, Seattle alive and thriving. Big gratitude to all the donors, volunteers and participants who helped make our June 28th Soulful Social and Silent Auction a success!



Thanks to donations from the following people we were able to raise \$1900 for the CG Jung Society's operations for the 2024-2025 fiscal year! Laurie Lambert (<u>laurielambert.com</u>), Maria Jimenez, Steve Smith, Lucía Enrique (<u>lucidartstudio.com</u>), Tamara Walker, Reid Stell, Mark Jaroslaw, Judith Gold, Nancy Newman, Renee Jackman, Jennifer Lind, Randy Morris, Bryce & Linda Anson, Rebecca Wells (<u>rebeccawellsbooks.com</u>), Margaret Vance (SewWing Studio- Etsy), Dia Calhoun (Diacalhoun.com), Sarah Dimrock & Renie Hope (<u>enneagramseattle.com</u>). We were lucky to have so much talent and generosity donated to support the important work of the Jung Society. Please check out the websites of the businesses of our donors if you would like to learn more about their work.

We could not have done this event without help from the following people on the day of the event: Tamara Walker, Bette Joram, Laura Rivendell, Randy Morris, Maria Jimenez, Quinn Qian (quinnqian.com), Dana Thompson, Madeline Danaher, Neil Weber, Elaine Beaude. Thank you!

Last, but certainly not least, our community events don't work unless our community shows up to participate in them. Thank you to those of you who came to enjoy the party, bid on items and donate to sustain the Jung society. We literally could not have done it without you!

If you missed the party, but would like to help support the Jung society and library costs please make a donation on our website.



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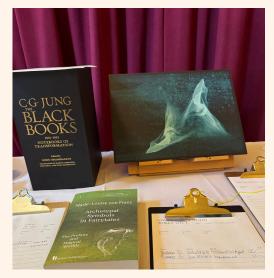






"It was great to be back in the Good Shepherd Center in our long-time classroom, Room 202! It was such a pleasure to meet and mingle with new and long-time members and friends. Christina gathered a treasure trove of beautiful items for our silent auction, which raised nearly \$2000! Tamara curated several shelves of donated books for sale. Quinn and Margaret donated delicious cake, pie, and cookies for a bake sale, and we debuted merchandise with the Jung Society logo on canvas bags and ceramic cups as gifts to those who make monetary donations in the amount of \$50 or \$75 to the Jung Society. Thank you to everyone who organized, attended, and donated time, energy, art, and food to make this a

wonderful day!"













C.G. JUNG SOCIETY, SEATTLE & JPA PRESENTS:

ERICA

LORENTZ,



M.ED. Friday, September 19th

HYBRID (=()(8)

at the Good Shepherd Center, Room 202 & Online

Saturday, September 20th

IN- PERSON ONLY (Climit 20)

at the Good Shepherd Center, Room 202



A SOMATIC APPROACH TO DREAMS

<u>September 19th 7:00 - 9:00 pm</u>

In 1913, Jung followed his Soul into the unconscious. This journey was the Rosetta Stone for the rest of his research and work. His destiny was to redeem the embodied soul from vilification and exile for modern psychology. We will trace through neuroscience and history how and why our healthy instinct, emotion, intuition, energy, imagination, somatic unconscious, and the feminine was pushed into the cultural unconscious. This is the story of how our embodied soul was forced into the shadow.

Jung states that we cannot have a soulful life or transform without connection to our body. Body and Soul are inextricably linked. We will demonstrate how his favorite method of working, embodied active imagination, offers us the ability to engage with our embodied soul and the inter-active field, thus retrieving it from the shadow. This is his legacy to us.

In-Person & Online

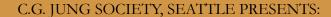
<u>September 20th 10:00 am - 4:00 pm</u>

Dreams are teaching stories that bridge the inner and outer life. They are personal and sacred, and help us understand how to respond to stress. Each dream is perfect and only needs our honest devotion to decipher its message. Using principles of Authentic Movement, the facilitator will support participants to enter their dreams through movement, art, and writing to engage with the dreamscape. Meaning emerges as we allow ourselves to experience the symbolic language of the dream. As a group, we will respectfully support each person's story, without projection or interpretation. No prior experience is necessary.

In-Person Only (Limit 20)

LECTURE \$20 MEMBERS \$25 NON MEMBERS

To Register: www.jungseattle.org <u>WORKSHOP</u> \$125 MEMBERS \$150 NON MEMBERS





EUGENIO ORDÓNEZ, PH.D.





Friday, October 17th Saturday, October 18th Online Only (

BODY AS ANCESTRAL

SOMATIC EXPLORATIONS OF THE ANCESTRAL BODY **COMMUNITY**

October 17th 7:00 - 9:00 pm

The body is a strange experience. We all live it, but for the most part we live it as an individual reality, as something that is personal and only affected by personal experiences. However, when explored with epistemologies that allow what Jung called the Objective Psyche to manifest and express itself, the body can clearly be experienced as a reality that is beyond the personal and affected by events that reach deep into the past -- experiences that the ancestors and the community of destiny had to endure and go through in order to continue living and pass life onwards. The experience of the body can be profoundly transformed if, first and foremost, we transform the ways in which we conceive it and attend it, going from the personal into the important and immediate ancestral events that hold the individual body within a community of souls.

October 18th 1:00 - 4:00 pm

The narratives within which we experience the notion of the body are neither final, nor complete. The ways in which we experience the body can be deeply transformed if we know how to delve into the past of our lineages. In order to do that we need three things: first, the proper knowledge for looking for the right and crucial information; second, a respectful and honoring attitude that knows how to integrate the pain, the suffering and the darkness of those who lived before us; and third, enough awareness of one's bodily experience in order to ground and deepen an embodied consciousness of events from the past that keep resonating in the present in the form of illness, symptoms, disease, accidents, or even everyday ways of living the individual physical body.

LECTURE \$20 MEMBERS \$25 NON MEMBERS

To Register: www.jungseattle.org **WORKSHOP** \$30 MEMBERS \$40 NON MEMBERS



C.G. JUNG SOCIETY, SEATTLE PRESENTS:

REBECCA





Saturday, November 15th

Online Only ()





EARTH AS DREAMER: A JOURNEY OF ECO-SOMATIC LISTENING AND ROOTED REVERIE

November 14th 7:00 - 9:00 pm

This lecture explores eco-somatic imagination as a doorway into the Anima Mundi—the Soul of the World. Drawing on Jung's view of the psyche as alive, we'll reimagine the body as part of the Earth: an organ of perception and participation that both listens and expresses. What if the Earth is a living, dreaming being, inviting us into relationship? We'll consider dreams, images, and sensations as portals into the Earth's psyche, revealing the natural world not as metaphor but as an animate participant in the unfolding of soul. Grounded in the Wild YogaTM Way, this talk proposes that embodied imagination can restore our capacity for reverence and reciprocity. Eco-somatic imagination invites us to listen, respond, and participate with the Soul of the World in ways that rekindle intimacy with the more-than-human realm and catalyze personal and planetary transformation.

November 15th 1:00 - 4:00 pm

What if the Earth is calling us? Sink into the imaginal terrain in this experiential workshop, where body, breath, and wild nature meet. Through somatic practices, imaginal journeys, and body-based listening, participants will engage their bodies and dreams as listening places where the Earth speaks. Drawing from dreamwork rooted in active imagination and nature-based ritual, we'll explore how the Earth communicates through symbol, synchronicity, and sensation that arise when our bodies are in ongoing conversation with the psyche of the land. Participants will be guided into a mythopoetic descent, learning to listen with the whole self and respond from a place of embodied reverence. This workshop invites Rooted Reverie: a contemplative, body-based way of dwelling with the world that restores intimacy and belonging. It becomes an experiential deepening—grounding eco-somatic theory in breath, body, and image, and offering a sacred return to poetic presence, soulful devotion, and embodied attunement to Earth.

LECTURE \$20 MEMBERS \$25 NON MEMBERS

To Register: www.jungseattle.org **WORKSHOP** \$30 MEMBERS \$40 NON MEMBERS

Meet Our Fall 2025 Wisdom School Faculty



Erica Lorentz, MED, LPC, Diplomate Jungian Analyst (IAAP) is a training analyst at the C. G. Jung Institute of New England where she has served on the Training Board. Her book Body as Shadow: Jung's Embodied Individuation Process will be published by Karnac London this fall. She has been an adjunct faculty at Antioch New England Graduate School of Professional Psychology, and a training analyst with the Inter-regional Society of Jungian Analysts. Pacifica Radio and the Jung Platform have featured her work, and her lectures can be found on YouTube. Since 1986 she has given lectures and workshops in the US, Canada, and the UK, and had the honor of teaching in India last year. Her area of expertise is working with the embodied mythopoetic process in analysis and the inter-active field. Her initiation into Jung's embodied active imagination started in 1975 when she began studying Authentic Movement (the Jungian form of movement work) with her mentor Janet Adler.

Fall 2025

A Jungian

Wisdom School

of the

Heart

Eugenio Ordóñez, Ph.D., is a therapist, teacher, lecturer, and ritual specialist. As a therapist he has facilitated Family Constellations workshops for the past 15 years, integrating the trauma-informed practice of Somatic Experiencing and the Jungian view of the soul together with Hellinger's phenomenological practices for attending to the present, the body, and all relations. For the past 14 years he has also been involved with the spiritual wisdom of Kabbalah, and teaches an ongoing course on *Wellness for the Body and Soul*. He also guides retreats immersed in nature following Malidoma Some's teachings on ancestry and indigenous African spiritual technologies from which he and his working partner developed Medicine-Community©, a methodology for attending to the body, family systems and soul's purpose. He holds a Ph.D. in Depth Psychology from Pacifica Graduate Institute and has a published book called Ancestry: The Deep Field of Reality.

Body and Soul:
The
Mythopoetics
of Matter

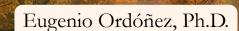


Rebecca Wildbear, M.S., is a soul guide, psychotherapist, wilderness guide, and author of Wild Yoga: A Practice of Initiation, Veneration, and Advocacy for the Earth. She helps people listen deeply to the mysteries that live within and around them—through dreams, the body, and the living world. With a background in Depth Psychology, Hakomi, and nature-based soul work, Rebecca developed the Wild YogaTM Way, an eco-somatic approach to remembering one's purpose and participating in the dreaming of the Earth. She guides individuals and groups through initiatory journeys that blend somatic practice, deep imagination, and intimate conversation with the *Anima Mundi*. Her work weaves the mythopoetic, the ecological, and the embodied, inviting a descent into the soul that entwines inner longing with the Earth's unfolding story. Based in Colorado, she teaches internationally and is a longtime guide with the Animas Valley Institute.

Seattle Jung Society Presents: A Jungian Wisdom School of the Heart Fall 2025

Body and Soul - The Mythopoetics of Matter







Rebecca Wildbear, M.S.

FRIDAY LECTURES 7-9 pm

September 19th

Body as Shadow: Jung on Re-membering the Body with Erica Lorentz, Ph.D.

October 17th

Body as Ancestral Community with Eugenio Ordóñez, Ph.D.

November 14th

Eco-Somatic Imagination and the Soul of the World with Rebecca Wildbear, M.S.

TICKETS & MORE at

SATURDAY WORKSHOPS 1-4 pm

September 20th

A Somatic Approach to Dreams with Erica Lorentz, Ph.D. (In-Person Only) (10am -4pm)

October 18th

Somatic Explorations of the Ancestral Body with Eugenio Ordóñez, Ph.D.

November 15th

Earth as Dreamer:

A Journey of Eco-Somatic Listening and Rooted Reverie with Rebecca Wildbear, M.S.



4649 Sunnyside Ave. N., Rm. 222 Seattle, WA 98103

Liberating Soul In Service to the Great Turning

As a thoughtful learning community, we strive to make Jungian and depth psychological thought available to the general public through workshops, seminars and other resources that help liberate the soul and transform culture.