



(Bollingen Tower, built by C. G. Jung)

Co-President Remarks from Randy Morris, Ph.D.

Welcome to the Fall 2026 offerings from the Seattle Jung Society! In this time of political extremity and cultural unravelling, it is important that we gather as a learning community in circles that mirror healing mandalas. That said, as Jung has taught us, the project of transforming a wounded world begins within our own psyches. How can we use the convening authority of the Seattle Jung Society to create the community mandalas we need to help us better navigate our inner lives in service to healing our communities and nourishing our planet? For the past five years, we have dedicated our fall programming to convening a Jungian Wisdom School of the Heart around a single topic. Past titles have included *Imagining a Jungian Wisdom School; Technology and Soul; Earth, Cosmos and Psyche; and Body and Soul: The Mytho-Poetics of Matter*.

When considering our Wisdom School topic for 2026, we realized that tensions would be high in the midst of the upcoming fall midterm elections. In the spirit of Asklepan healing, the Seattle Jung Society intends to meet this historical moment with the healing medicine of *Spiritual Democracy*, a term that emerges from early American poets such as Walt Whitman, Herman Melville and Emily Dickinson. We are very pleased to welcome back to the Seattle Jung Society Jungian Analyst Dr. Steven Herrmann, who has done so much to restore the imagination of Spiritual Democracy as a healing medicine for our ailing republic. Dr. Herrmann will begin with an overview of the idea of Spiritual Democracy as a 'medicine' before diving deeply into the topic of his book on Emily Dickinson, a visionary 19th century healer whose poetry offered medicine for a nation experiencing a profound blow of fate similar to what we are currently facing. Then in October, author and archetypal therapist Dr. Ed Tick will go deeply into his well of wisdom about ancient Greece to address the origins of Democracy and Soul in ancient Athens.

A Jungian Wisdom School of the Heart:

September 18 & 19

Steven Herrmann, Ph.D., MFT

The Medicine of Spiritual Democracy // Emily Dickinson: A Medicine Woman for Our Times

October 23 & 24

Edward Tick, Ph.D.

The Origins of Democracy and Awakening of the Soul // Democracy and Soul in Light and Shadow

November 20

Renee Cunningham, MFT

The Archetype of Nonviolence

November 21

Randy Morris, Ph.D. & Edward Tick, Ph.D.

The Practice of Spiritual Democracy: A Seminar

Seminar Series:

September 23, October 7, 21, November 4, 18

Russell Lockhart, Ph.D.

The Intentionality of Other Worlds

2nd and 4th Wednesdays of the month

Bette Joram, Ph.D.

The Red Book



Co-President Remarks from Randy Morris, Ph.D. (Con't)

Why did the idea of Democracy and the concept of Soul co-arise at this time? What did the inventors of democracy see as the benefits and pitfalls of their radical new form of political organization that is relevant to us now? And finally, just weeks after the November election concludes, Jungian Analyst Renee Cunningham will present a lecture on the archetype of non-violence as it unfolded in the work of Mahatma Gandhi, Martin Luther King, Jr. and C. G. Jung. Walking the eight-fold path of non-violence has the potential to transform personal and collective violence as well as illuminate the national shadow of racism and expand the nation's conscience. Non-violence is an essential element of spiritual democracy. To further engage our learning as a community, Dr. Tick and I will facilitate a concluding Saturday workshop in November, *Spiritual Democracy: A Seminar*, using the key ideas presented by our speakers, some of whom will join us, to engage in consolidation of insights and application of spiritual democracy to the individuation process.

It's a rich program! But there's more!! Dr. Russell Lockhart will continue his spellbinding seminars with a new series on *Intentionality of Other Worlds*, drawing on his own dreams, visions and synchronicities. We are so grateful to Dr. Lockhart for choosing the Seattle Jung Society as a venue for these amazing seminars. Remember: as members, we have access to previous recordings of his seminars on the website, under "Russell Lockhart Archives". Dr. Bette Joram continues her amazing Red Book Seminar and, with Jungian Analyst Suzan Wilson, the Stephanie Gierman Fairytale Friday series. Details on all of these offerings can be found on our website and in this newsletter.

And finally, deep gratitude to co-president Bette Joram for her faithful stewardship of the Seattle Jung Society for all these years. She is the anchor of the organization and without her not much would get done. In the litany of thanks that she addresses in her co-president remarks below, please add her to the list. Bette and I hope you will enjoy what we have to offer and that you will support the Seattle Jung Society during our 2026 Annual Fund Campaign so that we can continue our mission of "Liberating Soul in Service to the Great Turning". Many Fall Blessings!

Randy Morris, Ph.D., Co-President

Co-President Remarks from Bette Joram, Ph.D.

Welcome, Everyone, to our Fall 2026 Program Season.

I would like to take this opportunity to welcome two new members to our Board, to thank all the volunteers and staff, and thank our members who make up this organization. The time and energy invested by you creates this community, dedicated to the love of learning, love of soul-making, love of consciousness, love of transformation, forming a *temenos* greater than the sum of its parts. To all of you not-yet-members who attend our programs, we offer you our thanks as well. Your interests, your participation, your curiosity, your learning are at the heart of what we do.

Welcome to our Board, Elizabeth and Aldon! We thank you for adding your energy and enthusiasm to our team. Thank you, Aldon, for becoming our secretary, keeping track of our motions and minutes.

Thank you, Randy, for your leadership as our Co-President, for seeing the big picture, shepherding our board meetings, and for bringing such excellent presenters to us. Thank you, Laura, for your co-leadership of the Jung Café and for your accounting expertise and care. Thank you, Larry, for your co-leadership of the Jung Café and for being our Zoom host and editor. Thank you, Tamara, for your love of the library, for keeping your hand and heart in, and for your years of service on our board. Thank you, Christina, for organizing our Annual Fund Drives, for your uplifting embrace of the Jung Society. Thank you, Renee, for initiating Archetypes, Symbols, and Images, a lively movie discussion group. It is wonderful to have a new, in-person gathering for our members.



Co-President Remarks from Bette Joram, Ph.D. (Con't)

Thank you, Hali, for all you do running the office, sending out announcements, assembling the newsletter, updating the website, and fielding enquiries. Thank you, Todd, for rebuilding the website and keeping the many moving parts of tech on track. Thank you, Maria, Renee, Laura M., Margaret, Chriatianne, and Charles, for volunteering at the library. I love learning about visitors who find out about us just because they are in the Good Shepherd Center and the door to the library is open with a warm welcome from one of you. And if you happen to scroll through our library listings on the website, we thank the amazing Linda (Jenny) S. for her attention to all the details! Thank you, Suzan Wilson, Jungian Analyst, for returning to co-host *The Stephanie Gierman Fairy Tale Fridays*. Renamed in memory of our long-time member, Stephanie Gierman, Jungian Analyst, who passed away in April, we honor her memory in our monthly gathering. Stephanie's love of the numinous, the characters, the magical animals, the meaning of enchantment still comes to life on the first Fridays of the month. ❤️

We have a rich program season ahead of us—Fall Wisdom School programs, curated by Randy, dedicated to Spiritual Democracy, are online offerings, hosted on Zoom. On Saturdays you can find the *Jung Café* and the Library, in person, at the Good Shepherd Center. *The Stephanie Gierman Fairy Tale Fridays*, the twice-monthly *Red Book* Seminar and seminars offered by Russell Lockhart, Ph.D., JA meet online. The Movie Discussion Group meets in person, quarterly—Fall location yet to be selected. Please check the website for details.

If you love what you find here, but do not have time to volunteer, please consider making a financial donation or becoming a Sustaining Member. Our operating expenses are around \$25,000 per year. We pay our presenters an honorarium. Our fixed costs—rent, website software and maintenance, and other overhead—go up every year. We keep our ticket prices and membership fees low and affordable and offer scholarships for those unable to pay. Your contributions help us remain solvent and ensure our future. Thank you for your generous support.

I look forward to seeing you in person or online very soon!

Bette Joram, Ph.D., Co-President

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The Jung Café

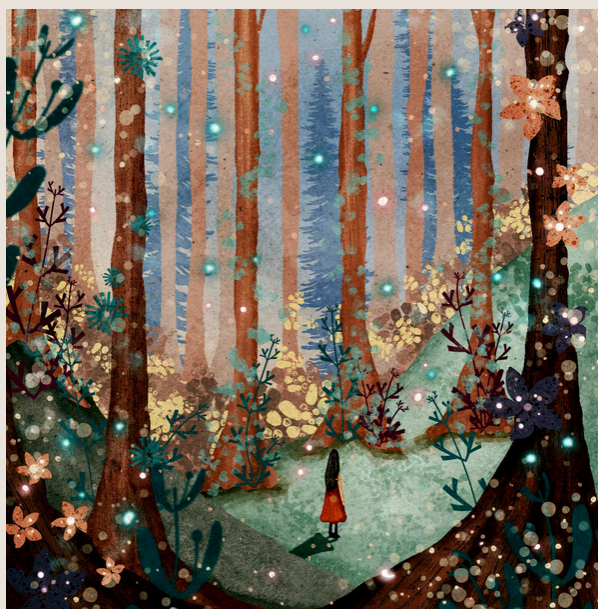
By Laura Rivendell, Co-facilitator

Our Saturday morning in-person discussion group is in its 5th year! Some of our recent topics have been: Entering the inner world, the Neptune-Saturn conjunction, psychological type functions, dreams as portals, the Enneagram, and finding meaning in the second half of life. We meet every non-holiday Saturday in the Jung library from 11 am to 12:30 pm.

We have a cadre of regular members, some occasional attendees and some drop-ins. Each week we email the article for discussion, which we read during our time together. We often explore the same topic three weeks in a row. Our facilitators are all attendees who volunteer a reading and facilitate the discussion.

If you are interested in lively and interesting sharing with some fellow Jungians (and getting to know our community better) please join us - once, for a while, or regularly. We'd love to have you!

For questions, or to be added to the email list, please contact Laura at arweninrivendell@gmail.com.



THE STEPHANIE GIERMAN FAIRY TALE FRIDAYS

ONLINE

Every 1st Friday of the month

6:30-8:30PM PT

\$20 Members / \$25 Non-Members

with Bette Joram, Ph.D. & Suzan Wilson, Jungian Analyst

Once a month, we gather with members and anyone who loves the power of storytelling and the Jungian approach to understanding and developing ourselves. In each story we find shadow, complexes, anima, animus, soul, ego, alchemy, and the numinous, all guiding us on a journey toward selfhood.

The Red Book Seminar

Hosted by Bette Joram, Ph. D.

ONLINE

- 2nd and 4th Wednesdays of every month.
- 7:00 - 8:30 PM PST
- \$ 10/ session (All are welcome to join, including newcomers!)

Our text is *The Red Book: Liber Novus A Reader's Edition*, by C.G. Jung. Edited and with an Introduction by Sonu Shamdasani. No advance reading is required. We will be reading and discussing the work in small, consecutive sections week by week, until we have completed the book. Our instructor Bette Joram will be the Zoom Host as well as record each session. All sessions will be recorded. The Jung Society has made this class simple and affordable in a way that supports the operations of the Jung Society. This is an ongoing class that folks can pay for per session. No one will be excluded due to inability to pay.



The Red Book (Liber Novus) by C. G. Jung, resting on Jung office desk.



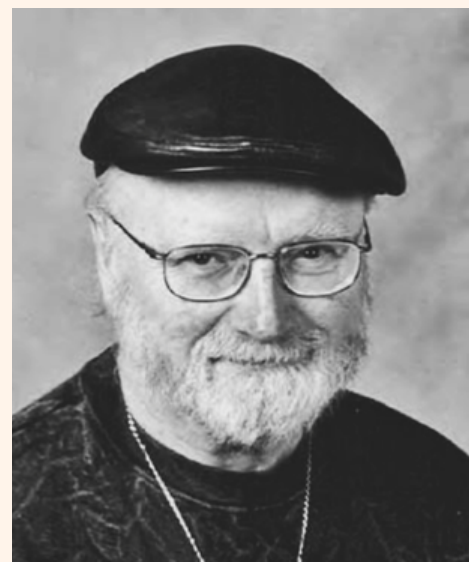
From the desk of Russell Lockhart, Ph. D.

The Intentionality of Other Worlds

An Online Seminar

- September 23, October 7, 21, November 4, 18
- 10:00 am - Noon

When we speak of the intentionality of the other, we are usually referring to the intentionality of other people. We navigate others' intentionality in relation to the intentionality of our ego consciousness. This is all typical and understandable. This fall seminar will focus on the intentionality of other worlds: dreams, visions, synchronicities, and a host of other things. Dr. Lockhart will present the "Entity Theory of Dreams," illustrated by his dreams, visions, and synchronicities. Participants will be encouraged to share their own experiences of the intentionality of other worlds. The seminar will begin on Wednesday, September 23, at 10:00. The following sessions will take place every two weeks. **There will be five sessions, and the seminar will be recorded.**



Russell Lockhart, Ph.D., was born and educated in Los Angeles and received his doctorate in human psychophysiology from the University of Southern California. He was trained as a Jungian Analyst at the C.G. Jung Institute Los Angeles where he served as Director of Analyst Training. Since 1982 he has lived and practiced Jungian Analysis in the Pacific Northwest. In addition to such publications as Words as Eggs: Psyche in Language and Clinic, and Psyche Speaks: A Jungian Approach to Self and World, Dr. Lockhart is also a poet, publisher, artist, and novelist.

The Seattle Jung Society is honored to host an archive of his writings available to all members on our website, www.jungseattle.org.

VISIT OUR WEBSITE TO REGISTER



Your Annual Gift Makes This Work Possible!

A very heartfelt thank you to all who donated to the Jung Society, Seattle 2025 Annual Fund Drive! We count on our members to support the mission of our small and almost entirely volunteer driven organization, and last year you came through for us in a big way raising, \$11,491! This enabled us to make major front and back end improvements to our website, in addition to meeting our usual operating expenses.

We are excited to announce that the **2026 Jung Society, Seattle Annual Fund Drive is coming up September 14th through October 4th** with a goal to raise \$8,000. This amount allows us to pay the rent for the Nancy Alvord Library in the Good Shepherd Center, pay one part time staff member to help with member services, and bring an interesting lineup of speakers and workshops, while keeping our prices low on our offerings so all can attend. Your support is critical to this mission to make Jungian and depth psychological thought available to the general public in order to liberate soul and transform culture.

If our volunteers are the beating heart of this organization, the members are surely its soul. You bring life to the Jung Society through your donations and participation in our many offerings. Thank you in advance for supporting this meaningful work!

Please watch for an email announcing the start of the annual fund or visit our website, www.jungseattle.org/donate which will take you to the donation page. To thank you for donations \$100 or over we have a gift of a choice of a Jung Society Alchemical tote bag or mug.



These items will be available for pick up while supplies last in the Nancy Alvord Library in the Good Shepherd Center room 222 during the Annual Fund Drive (**Saturdays 1:00-3:30 on 9/19, 9/26, 10/3, 10/10**).



COMMUNITY BULLETIN

WHEN CHESS PIECES COME ALIVE

is a new play by Elizabeth Clark-Stern, and the Shrinkrapt Theater Company, featuring Ann Blake, Gabriel Delgado, Juliana Herreira, Aeron Jarvis, Tim Nelson, Diane Tatum, and the playwright. It is a comedy about war, peace, love, and the magic of life.

The pieces of Ms. Anna Rose's chess set are disgruntled, sad, more than a little pissed off, and they let each other know it. They don't just squabble, they sing and dance and fall in love. When Anna Rose was a little girl, she could see that her chess pieces were alive! She taught the Black Knight to recite Shakespeare! She showed the Kings how to duel with paper clips as rifles, and spun the tiny Pawns around like ballet dancers in a jewelry box. But Anna Rose grew up! She found other loves, and came to see her chessmen and women as only inanimate knotty pine stumps. When tragedy strikes the magical pieces, they take matters into their own hands. (Yikes, they don't have hands!) The Pawns foment Rebellion, the Black Queen wants to change the rules, and the White King vows to make War Great Again.

Will the pieces remain forever in the dark, plotting and planning with no power to change the world? Or can they show Ms. Anna Rose that she doesn't have to be a little girl to see them alive again as long as her child spirit opens to their love?

Sunday, August 23, 2026, 2pm

In Ballard: at the Stoup Brewery and Taproom in the upstairs events room.

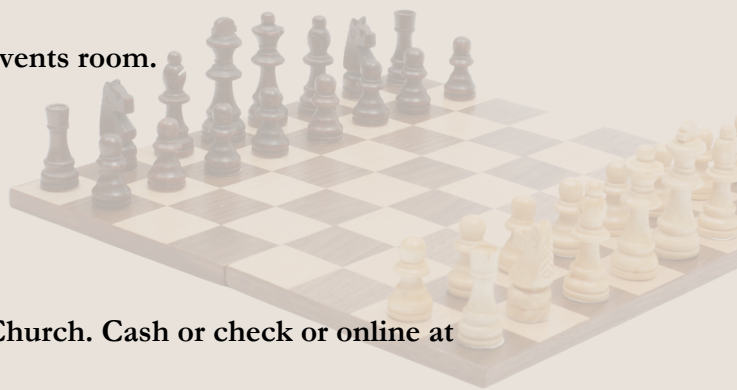
1108 NW 52nd St Seattle WA 98107

Saturday, November 14, 2026, 2pm

Saint Stephen's Episcopal Church Parish Hall

4805 NE 45 th Street Seattle WA 98105

Suggested donation \$25 or more to Saint Stephen's Episcopal Church. Cash or check or online at <https://ststephens-seattle.org>



Questions, or if you would like us to bring this play to your community, call the playwright, (206)375-6881

A Jungian Journey through 'The Five Elements

With Laura J. Lewis Thayer, Jungian Analyst

The Five Elements of Ancient Chinese Philosophy -- Water, Wood, Fire, Earth and Metal -- represent five archetypal life streams that together make up all of nature, including human nature. Chinese knowledge developed out of profound perception, a deep seeing into the way of things. They understood the archetypal nature of life and that Spirit, Matter and Soul are fully interrelated. Working with the lenses of Jungian psychology, ancient Chinese philosophy, and 'Embodied Awareness,' we will engage in inner psycho-spiritual research in a supportive group learning process. This program is for anyone enthusiastic about a Jungian approach. 15 CE's per module are available for psychotherapists licensed in WA.

For pricing and a full description, please contact Laura at info@laura-lewisthayer.com or +1 360 774-3488.

Laura holds Masters degrees in Chinese Medicine and Depth Psychology, and is an accredited, Zurich trained Jungian analyst. She has taught for 35+ years, and has lectured, taught, and presented nationally and internationally. Member of IAAP, AGAP and the CG Jung Institute of Seattle. Recently retired from medical practice, she continues working analytically, while focusing on teaching and writing.



On Spiritual Democracy

By Steven Herrmann, Ph.D.

On the Occasion of the 250th Anniversary of the United States

As the United States marks its 250th anniversary, we are invited to look beneath the fireworks and political noise toward the deeper experiment that has always animated the American soul. My book *Spiritual Democracy*—first published in 2014 and now entering its twelfth year—returns to the visionary roots of this experiment. Long before the Declaration of Independence was signed in Philadelphia, the Iroquois Great Law of Peace articulated a model of relational freedom that shaped the early imagination of the Republic. In the nineteenth century, Walt Whitman, Herman Melville, Emily Dickinson, and the naturalist Alexander von Humboldt expanded this vision into a cosmic vision, seeing democracy not merely as a political and economic system but as a spiritual vocation grounded in the dignity of every soul.

Whitman called for a “spiritual democracy” that would match the scale of the continent and the depth of the human soul. Melville probed the shadow of the American project, insisting that any true democracy must confront the darkness within. Dickinson revealed the interior dimensions of freedom, where the soul meets its own infinite horizons in Awe. Humboldt offered the scientific and ecological framework—a living Cosmos in which all beings participate. Together, these poet-shamans and scientists articulated a vision of equality rooted not in law alone but in ontology: each person as a microcosm of meaning within a vast, evolving Universe.

At its heart, *Spiritual Democracy* proposes that democracy begins in the individual’s encounter with the Self—the inner source of vocation, imagination, and ethical responsibility. This is a democracy of being, not merely of voting; a democracy in which every person has direct access to the sacred without mediation by hierarchy or dogma. It is a dispensation of the Divine Feminine, or Nature’s God, transcending patriarchal structures and affirming the presence of the numinous in all genders, cultures, and paths. *Spiritual Democracy* is a path of nonviolence, shadow integration, ecological consciousness, and sacred action. It is both ancient and urgently contemporary, or post-modern.

As we enter the Semiquincentennial, the question is not only how we commemorate the past but how we re-imagine the next 250 years. *Spiritual Democracy* offers a medicine for this moment: a way to restore dignity, deepen dialogue, and awaken the inner authority that makes genuine freedom possible. The transformation of culture begins one soul at a time, through the courage to listen to one’s vocation and to act from the depths of the psyche in service of the earth and the community of life. I invite you to revisit this vision with me—an American vision, a cosmic vision, a vision whose time has come again.

Steven Herrmann, PhD, MFT, is a poet, teacher, and Jungian analyst at the C.G. Jung Institute of San Francisco. A widely respected voice in American visionary studies, he is the author of eleven books, including the two works that anchor this keynote weekend—*Spiritual Democracy: The Wisdom of Early American Visionaries for the Journey Forward* and *Emily Dickinson: A Medicine Woman for Our Times*. Dr. Herrmann is responsible for reintroducing the idea of spiritual democracy as a psychological, visionary and cultural paradigm grounded in Jungian thought. He maintains a psychotherapy and analytic practice in Oakland, California.

The Seattle Jung Society Presents, A Jungian School of the Heart:

SPIRITUAL DEMOCRACY: A MEDICINE FOR OUR TIME

ONLINE 

Discover the healing power of Spiritual Democracy and Emily Dickinson's poetic vision as pathways to inner freedom, creative renewal, and the restoration of our shared democratic life.

SEPTEMBER 18 & 19, 2026

Friday Evening (7-9pm PT)

The Medicine of Spiritual Democracy
(Lecture)

Saturday Afternoon (1-4pm PT)

Emily Dickinson:
A Medicine Woman for Our Times
(Workshop)

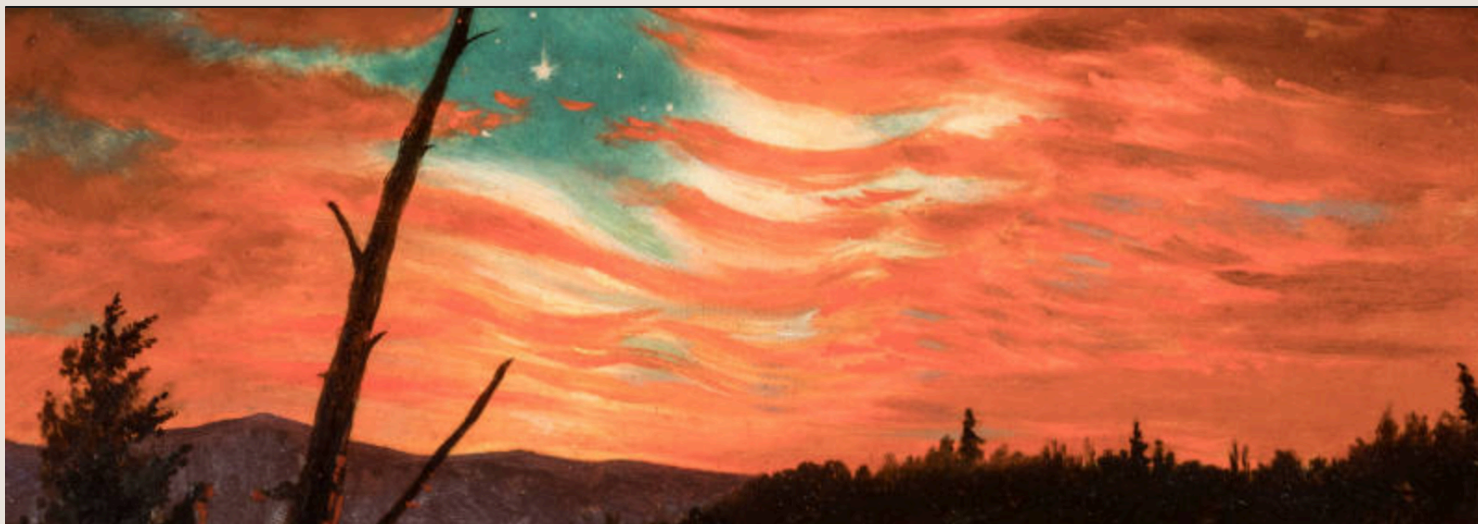


Speaker

**STEVEN
HERRMANN**
PH.D., MFT, JUNGIAN
ANALYST

To Register:

www.jungseattle.org



SEPTEMBER 18

Friday Evening Lecture (7-9pm PT) The Medicine of Spiritual Democracy

This lecture explores Spiritual Democracy as an archetypal force that renews both the individual psyche and the democratic experiment. Drawing from Humboldt's Cosmos, Whitman's "Democratic Vistas," Melville's Moby Dick, Dickinson's visionary poetics, William James's warning that "democracy is on trial," and Jung's 1948 epistle to UNESCO, we will trace a lineage of thinkers who saw inner freedom as the ground of outer liberty.

At the center is the First Amendment's promise of religious freedom, the Iroquois Great Law of Peace, and the Four Freedoms—each expressing an instinct toward equality rooted in the World Soul. Spiritual Democracy names the medicine that arises when the Self awakens: a shamanic, imaginative, and peacemaking energy that moves through individuals as vocation, creativity, and ethical action.

In a time of national strain, this archetype offers a way to restore dignity, deepen dialogue, and remember the sacred work of living together.

SEPTEMBER 19

Saturday Afternoon Workshop (1-4pm PT) Emily Dickinson: A Medicine Woman for Our Times

In this threehour workshop, we will explore Emily Dickinson as a visionary healer whose poetry offers medicine for a nation experiencing a profound blow of fate. Through the lens of C.G. Jung's writings on Fate and Destiny, we will consider how Dickinson's fierce interiority, spiritual independence, and devotion to the "sovereign self" illuminate practices that help us become superior to our fate and responsive to our deeper destiny as Americans.

At a time when democratic life feels strained, Dickinson's poems act as psychic antibodies—restoring imagination, courage, and inner freedom. Together we will engage her work as a dispenser of liberty: a guide to journaling, poetic reverie, and dreamwork that strengthens the voice of the Self.

Participants will learn practical methods for cultivating creative fluency and listening to the objective psyche, discovering how Dickinson's medicine can renew our ethical life, our democracy, and our sense of vocation.

Members (\$20) and NonMembers (\$25)



Members (\$30) and NonMembers (\$40)

www.jungseattle.org

Steven Herrmann, PhD, MFT, is a poet, teacher, and Jungian analyst at the C.G. Jung Institute of San Francisco. A widely respected voice in American visionary studies, he is the author of eleven books, including the two works that anchor this keynote weekend—Spiritual Democracy: The Wisdom of Early American Visionaries for the Journey Forward and Emily Dickinson: A Medicine Woman for Our Times. Dr. Herrmann is responsible for reintroducing the idea of spiritual democracy as a psychological, visionary and cultural paradigm grounded in Jungian thought. He maintains a psychotherapy and analytic practice in Oakland, California.

The Seattle Jung Society Presents, A Jungian School of the Heart:

SPIRITUAL DEMOCRACY: A MEDICINE FOR OUR TIME

ONLINE 



Speaker

**EDWARD
TICK**
PH.D.

**DEMOCRACY AND THE SOUL IN
ANCIENT ATHENS**

OCTOBER 23 & 24, 2026

Friday Evening (7-9pm PT)
**The Origins of Democracy and
Awakening of the Soul**
(Lecture)

Saturday Afternoon (1-4pm PT)
Democracy and Soul in Light and Shadow
(Workshop)

To Register:

www.jungseattle.org



OCTOBER 23

Friday Evening Lecture (7-9pm PT) The Origins of Democracy and Awakening of the Soul

The political organization called *democracy* and the concept of *soul* were both born in ancient Athens. We will trace the growth of democracy through successive generations and rulers, and the discovery and development of soul through the philosophers. The radical new form of inclusive political organization called democracy could not have been grown without significant spiritual advances – political work and soul work corresponded.

What were the birth pangs of democracy? How did the spiritual and political interact, support, challenge each other? How are these issues being replicated today?

Together we will explore both the origins of democracy and the awakening of soul to trace its early evolution and development in both its promise and shadow. We will consider the steps ancient Athens took to develop democracy in parallel with human spiritual and social evolution. By tending our roots, we work toward the renewal of democracy in our times.

OCTOBER 24

Saturday Afternoon Workshop (1-4pm PT) Democracy and Soul in Light and Shadow

Would you fund a tragedy or warship, speak in an assembly of thousands, fight or resist an imperialist war, try Socrates? Through its radical new form of political organization, ancient Athens sought to be fair and inclusive, share power and wealth, and guarantee freedom and rights to citizens and in turn receive service and support. Laws and practices were instituted to ensure fairness, justice, and that rule and support arose from an educated collective.

This system became a foundation of many Western world's powers, including our American system. It provides great blessings and benefits. Yet Socrates, Plato and Aristotle feared and critiqued it. It birthed tyranny in ancient times and today.

Through lecture, discussion, meditation, guided imagery, and the arts we will immerse in these issues of ancient times and our origins, and strengthen our own commitments, deepen our souls, and nurture the Good, the True, and the Beautiful today.

Members (\$20) and NonMembers (\$25)



Members (\$30) and NonMembers (\$40)

www.jungseattle.org

Edward Tick, Ph.D. is an archetypal psychotherapist, author, educator, international pilgrimage guide, and peace activist. He is on the board of the Western Massachusetts Jung Association. An expert on ancient Greece, the origins of medicine and psychotherapy, and healing the invisible wounds of war, his books The Practice of Dream Healing and War and the Soul are modern classics. His latest book is Soul Medicine: Healing Through Dream Incubation, Oracles, Visions, and Pilgrimage. Ed has pioneered archetypal and culturally based healing for over forty years. In addition to his private practice, Ed works in Greece, Viet Nam, Russia, Ukraine, and elsewhere, on holistic and spiritually based healing, the restoration of ancient practices, and soul-healing after war and violent trauma. He has guided 23 healing pilgrimages to Greece and 19 to Viet Nam. Author of eight previous books translated into several languages, Ed uses Greek and other ancient traditions extensively in healing, writing, and teaching.

The Seattle Jung Society Presents, A Jungian School of the Heart:

SPIRITUAL DEMOCRACY: A MEDICINE FOR OUR TIME

ONLINE 

NOVEMBER 20, 2026

Friday Evening (7-9pm PT)

The Archetype of Nonviolence

(Lecture with Renee Cunningham, MFT)

NOVEMBER 21, 2026

Saturday Afternoon (1-4pm PT)

**The Practice of Spiritual Democracy:
A Seminar**

(Workshop with Randy Morris, Ph.D.
and Ed Tick, Ph.D.)



Speaker (Friday Only)

**RENEE
CUNNINGHAM**
MFT, JUNGIAN ANALYST

To Register:

www.jungseattle.org



NOVEMBER 20

Friday Evening Lecture (7-9pm PT) The Archetype of Nonviolence

In this lecture we will explore the Eightfold Path of Nonviolence as articulated in the book Archetypal Nonviolence: King, Jung and Culture Through the Eyes of Selma. The archetypal experience of nonviolence, when constellated, has the potential to transform violence both within the individual and the culture at large. Integrating the works of Mahatma Gandhi, Martin Luther King, Jr. and C. G. Jung with the history of the Civil Rights Movement from 1955-1965, Renée Cunningham will walk the audience through how non-violent principles were implemented in the Civil Rights movement. We will see how Martin Luther King, Jr. utilized Gandhi's concepts of *Satyagraha* and *Ahimsa*, combined with his own tenets of faith, to confront and illuminate the national shadow of racism, thus expanding the nation's conscience.

NOVEMBER 21

Saturday Afternoon Workshop (1-4pm PT) The Practice of Spiritual Democracy: A Seminar

This seminar on *The Practice of Spiritual Democracy* is an opportunity to consolidate the teachings we have received over the previous two months of lectures and workshops. Facilitated by Seattle Jung Society Co-President Dr. Randy Morris and series speaker Dr. Ed Tick (and possibly other contributors), we will review the key ideas from the series and then begin the work of integrating them into our personal individuation process.

Some questions we might engage include: *What does Spiritual Democracy mean to me? What forms of Spiritual Democracy practices are useful to me? How can these ideas and this learning community help me better understand my vocation and lead me to a life of personal meaning and ethical action in a distressed world? How is the practice of nonviolence an essential element of Spiritual Democracy? Can we understand how Spiritual Democracy "names the medicine that the Self awakens"?*

Through discussion and small group work, we will explore the practice of Spiritual Democracy.

Members (\$20) and NonMembers (\$25)



Members and NonMembers (\$20) All are Welcome!

www.jungseattle.org

Renée Cunningham, MFT, Jungian Analyst, has been a practicing therapist for over 35 years serving children, adolescents, individuals, couples and families. She is also a published author, international public speaker, and senior training analyst with the Inter-Regional Society of Jungian Analysts, serving as President of the Texas Chapter.

Randy Morris, Ph.D., CSL, is Professor Emeritus at Antioch University Seattle, President Emeritus of the board of Rite of Passage Journeys, Co-President of the Seattle Jung Society and has served on the executive and ritual committees of Sage-ing International where he is a Certified Sage-ing Leader. Randy is co-editor of the forthcoming *Spiritual Eldering for the 21st Century: The Sage-ing Way*. More of his work can be found on his website: www.randy-morris-phd.net. He can be reached at rmorris@antioch.edu.

The Seattle Jung Society Presents, A Jungian School of the Heart:

SPIRITUAL DEMOCRACY: A MEDICINE FOR OUR TIME



Steven Herrmann,
Ph.D., MFT, Jungian Analyst



Edward Tick,
Ph.D.



Renee Cunningham
MFT, Jungian Analyst

Friday Evening

Lectures (7-9 pm PT).

September 18

*The Medicine of Spiritual
Democracy*

with Steven Herrmann, Ph.D.

October 23

*The Origins of Democracy
and Awakening of the Soul*

with Edward Tick, Ph.D.

November 20

The Archetype of Nonviolence

with Renee Cunningham, MFT,
Jungian Analyst

Saturday Afternoon

Workshops (1-4 pm PT).

September 19

*Emily Dickinson: A Medicine
Woman for Our Times*

with Steven Herrmann, Ph.D.

October 24

*Democracy and Soul in Light
and Shadow*

with Edward Tick, Ph.D.

November 21

*The Practice of Spiritual
Democracy: A Seminar*

with Randy Morris, Ph.D. & Edward
Tick, Ph.D.



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Liberating Soul In Service to the Great Turning

As a thoughtful learning community, we strive to make Jungian and depth psychological thought available to the general public through workshops, seminars and other resources that help liberate the soul and transform culture.